sionals have a wealth of experience and come from a variety behavioral and mental health concerns. Our team of profeswith intellectual and developmental disabilities and/or other ty group serving the Northern Kentucky and Eastern Kentucky of specializations. communities. We provide an array of services to individuals Bluegrass Behavioral Health Group is a growing multi-special-

What We Do

ety of therapeutic environments including the school, home, Bluegrass, we focus on person-centered care guided by our achieve meaningful and socially significant outcomes. At community, and outpatient settings whole-person philosophy. Our services are available in a vari Our team uses evidence-based practices to help our clients

Why Bluegrass

of professionals will work directly with you every step of the practices may not fully understand. Whether in the clinic, approach to behavior analysis or counseling. We take into has their own needs and goals. There is no one-size-fits-all community, or house-hold and regardless of need, our team consideration variables and environmental factors that other whole-person philosophy. Each individual client and family At Bluegrass, our service model was developed using a



Service Mode

in unison. Our service model is a 3-pronged approach: where behavior analysis and psychological services worked pitfalls firsthand, it was our goal to create an environment with a narrow scope of practice. Having observed these Therapeutic programs are oftentimes rigid and inflexible,

environment in ways that produce positive changes in Applied Behavior Analysis (ABA) – The science of ABA data to measure outcomes. behavior. ABA programs involve the use of quantifiable involves structuring behavioral contingencies and the

of therapeutic methods to help a person change behavpy is also commonly called therapy and counseling. ior, overcome problems, and achieve goals. Psychothera-Mental Health/Psychotherapy – Psychotherapy is the use

stumbling blocks. our program is designed to identify and address these lems can keep individuals from reaching their personal goals and achieving meaningful outcomes. At Bluegrass, Skill Acquisition - Skill deficits and performance prob-

Dur Services

Assessment Services

- Behavioral Health Assessment
- Functional Assessment
- Autism Diagnostic Observation Schedule (ADOS)
- Assessment of Functional Living Skills (AFLS)
- Assessment of Basic Language and Learning Skills (ABLLS)
- Verbal Behavior Milestones Assessment and Placement Program (VB-MAPP)

Waiver Services

- Michelle P. Waiver (MPW)
- Behavior Supports
- Community Living Supports

Supports for Community Living (SCL) Waiver

- Consultative, Clinical, and Therapeutic (CCT) Services
- Functional Assessment
- Positive Behavior Support
- Person-Centered Coach
- Positive Behavior Support Plan

School-based Services

- Individual Supports
- Counseling and Behavior Support Agreements
- Individual Case Consultations
- Group Supports
- Social Skills Groups
- Behavioral Health Groups
- School-wide Trainings
- Positive Behavior Intervention and Supports (PBIS)
- Functional Assessment and Behavior Intervention Plan-

Clinic-based Services

- Autism Learning Center for Early-Intervention
- Other Developmental Disorders
- Social Skills Groups
- Communication Skills
- Friendship Making Skills
- Psychotherapy (can also be performed in the home setting)
- Anxiety
- Depression
- PTSD
- Behavioral Excess (addiction, eating, etc.)
- Trauma
- Reactive-Attachment Disorder (RAD)

Payment Options

Traditional Medicaid

Waiver Programs

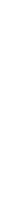
- Michelle P. Waiver (MPW)
- Supports for Community Living (SCL)

Managed-care Organizations

- Wellcare of Kentucky
- Passport Health Plan
- Humana/Caresource
- Aetna Better Health of Kentucky
 - Anthem

TriCare

Private Pay Plans



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