



Kenton County School District | *It's about ALL kids.*

**THE KENTON COUNTY BOARD OF  
EDUCATION**

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Dr. Henry Webb, Superintendent of Schools

***KCSD ISSUE PAPER***

**DATE:** October 23, 2020

**AGENDA ITEM (ACTION ITEM):**

Receive Annual Student Nutrition and Physical Activity Report

**APPLICABLE BOARD POLICY:** Support Services 07.111 and 07.12; Students 09.2

**HISTORY/BACKGROUND:** The attachment is an overview of the district physical education, wellness, and nutrition plan seeking public input for improvement.

**FISCAL/BUDGETARY IMPACT:** None

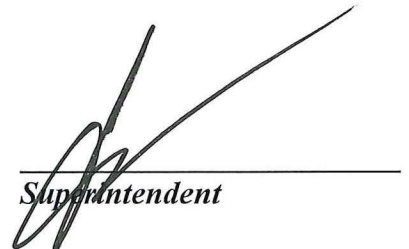
**RECOMMENDATION:**

None

**CONTACT PERSON:** Elizabeth Hord, Student Nutrition Director

  
Principal/Administrator

  
District Administrator

  
Superintendent

Use this form to submit your request to the Superintendent for items to be added to the Board Meeting Agenda.

Principal—complete, print, sign and send to your District Administrator. District Administrator—if approved, sign and put in the Superintendent's mailbox.

**Kenton County Board of Education**

Board Members: Carl Wicklund, Chairperson Karen L. Collins, Vice Chairperson Carla Egan Shannon Herold Jessica Jehn  
"The Kenton County Board of Education provides *Equal Education & Employment Opportunities.*"



## Annual Student Nutrition and Physical Activity Report

COVID-19 has changed the way Student Nutrition operates but the department remains committed to serving well-balanced, nutritious meals, creating healthy habits for life, and encouraging physical activity.

August 15, 2019 through March 13, 2020, the district served 1,463,499 meals. March 16, 2020 through August 14, 2020, the district served 218,137 meals.

### All meals served meet and exceed Kenton County School District Standards:

- ✓ Food served is consistent with all state and federal regulations
- ✓ All nutrition information is maintained by the Student Nutrition Director and available for the public to view (<https://kenton.nutrislice.com/>) or by request
- ✓ Meals are accessible to all students
- ✓ Religious, ethnic, and cultural diversity is considered when planning menus
- ✓ Meals are served in a clean, safe, and pleasant setting

### Physical Activity at the Elementary Schools:

- ✓ Wellness committees have met this school year
- ✓ Adequate indoor and outdoor facilities are available to promote active play
- ✓ Physical activity is integrated into the traditional classroom setting
- ✓ Elementary students receive moderate to vigorous physical activity, physical education and classroom activities documented in lesson plans

### Goals for the 2020-2021 School Year:

- Promote staff training at schools to integrate physical activity in the classroom
- Promote school wellness
- Promote nutrition education in the cafeteria
- Increase lunch and breakfast participation