



#### **PHASE 4 – September 22, 2020 - End of Winter Sports Seasons (unless further altered by the Governor or the KHSAA)**

##### **General Guidance for ALL Winter Sports/Activities Practices and Contests**

- Winter sports may continue to proceed with athletics in this phase. This includes basketball, swim/dive, competitive cheer, and dance.
- Facilities must be completely cleaned and sanitized prior to any use. Those involved shall wash their hands according to the [CDC Guidelines](#), and hand sanitizer shall be available.
- Strategies should be in place to prevent groups from gathering at entrances/exits to facilities.
- Any areas contacted by individuals shall be wiped down and sanitized after use.
- It is recommended that activities remain in groups not exceed fifty (50).
- Social distancing shall be maintained whenever possible and all references to Social Distancing shall include the CDC guidance as well as the Governor's guidance and any locally supplemented requirements.
- All students and staff shall be screened for [symptoms of COVID-19](#) including temperature taking and documenting before participation. Any person with a temperature of 100.4 or higher is considered to have [symptoms of COVID-19](#). See screening page later in this document.
- Any person experiencing [symptoms of COVID-19](#) shall be sent home immediately and should contact their health care professional. Such situations will be documented by the head coach or advisor, and a record shall be submitted to the school athletic director or administrator.
- Only essential personnel are permitted at practices (no parents, boosters, etc.).
- Masks are required of all persons not competing/officiating at the time.
- To the extent possible, participants should avoid unnecessary physical contact such as high fives, hugs, or other close contact activities.
- Water, food, and snacks shall not be furnished. If desired, students must bring their own water bottle, and sharing is prohibited.
- Appropriate clothing shall be worn at all times.
- Locker rooms, if used, shall be limited to ten (10) minutes in socially distanced groups.
- All areas of interaction must be supervised by a school board employee at all times to ensure all guidelines are followed.
- School-level administration is responsible for monitoring compliance with these guidelines.
- Weight Room Guidance for All Sport/Activity Categories remains the same as in Phase 3
- Schools may only play against schools located in Kentucky or located in a county that directly borders Kentucky.
- Contests shall not be played in or against communities where the incidence of COVID-19 exceeds 25 average daily cases per 100,000 population each Monday morning as detailed on the KDPH COVID-19 Dashboard map (listed in Red) at <https://bit.ly/2D0K526>. If Hopkins County is a "red" county, no district contests shall be played until further notice from the district office.
- All KHSAA districts that have voted to seed are reduced to a one-game seed plan. If teams play multiple times, the first game played shall be counted as the seeded game.

### SCREENING OF ALL ENTERING THE FACILITY

Ø Local schools and school systems have developed a protocol, approved by local health officials, for checking the temperature and health of all individuals. Names and contact numbers of all attendees will be documented for contact tracing.

Ø Any person attending or participating in a KHSAA sport or activity will review his/her symptoms before arriving in anticipation of being screened.

Ø Coaches/sponsors/gate attendees will check the temperature of any individual prior to entry.

Ø To gain entry, individuals must have a temperature of 100.3 or less.

Ø Should the temperature be elevated above 100.3, and the environment may have contributed to the reading, the individual may be isolated and rechecked after 5 minutes of sitting in a cooler environment.

Ø In the event a person does not meet the temperature threshold, that individual will not be admitted to the facility.

Ø A standard COVID-19 symptom checklist will be reviewed with all who enter, and name and contact information recorded. Symptoms may include:

- o Fever or chills
- o Cough
- o Shortness of breath or difficulty breathing
- o Fatigue
- o Muscle or body aches
- o Headache
- o New loss of taste or smell
- o Sore throat
- o Congestion or runny nose
- o Nausea or vomiting
- o Diarrhea

Ø Spectators, participants, or personnel displaying COVID-19 symptoms above or with temperatures of greater than 100.3F shall not be admitted to the facility.

## **SPECIFIC BASKETBALL GUIDANCE:**

- First Practice/Tryout: October 26, 2020
- No scrimmages permitted
- First Contest/Competition: November 23, 2020
- Maximum Number of Contests: 30
- Maximum contests per Week: 3 on average
- Maximum Players in Uniform: 15
- Last Regular Season Contest: February 13, 2021
- First Postseason Date: February 15, 2021

## **ADMINISTRATIVE AND FIELD/COURT/COURSE SETUP**

- Suspend pregame protocol of shaking hands during introductions.
- Suspend postgame protocol of shaking hands.
- Before, during, and after the contest, players, coaches, game officials, team personnel and game administration officials should wash and sanitize their hands as often as possible.
- Maintain social distancing of 6 feet at all times while on the sidelines and on the court when possible.
- Everyone should have their own drink container that is not shared.
- Cloth face coverings are permissible for all coaches and team staff and all game administration officials.
- Gloves are permissible for all coaches and team staff and all game administration officials.
- Try and limit the number of non-essential personnel who are on the bench throughout the contest.
- If available, dressing facilities for game officials and teams should be large enough for them to use social-distancing protocols and shall be properly cleaned and sanitized before their arrival.
- All non-uniformed team members who are not essential to game management shall be seated in the bleachers or general seating and able to socially distance from other groups. Do not allow non-essential personnel to be on the bench.
- Team Benches-Social distancing should be practiced when possible.
- Eliminate several rows of seats behind team benches to allow for social distancing and separation between the team bench and the spectator seating behind the bench.
- Additional chairs or rows may be added to allow bench personnel to observe social distancing of 6 feet or greater.
- Limit contact between players when substituting.
- Personnel not in the game shall adhere to any required local/state face-covering requirements.
- Score table personnel should adhere to any required local/state face-covering requirements.
- Limit seats at the score table to essential personnel which includes home team scorer and timer with a minimum distance of 6 feet or greater between individuals.
- Other personnel (visiting scorer, statisticians, media, etc.) may not be deemed essential personnel for the score table and shall consider an alternate location for them.
- Place score table sufficiently away from the sideline to allow for additional space for substitutes to ensure social distancing.
- The host should sanitize the official's table before the game and at half time.
- Hand sanitizer should be provided by the host team at the officials' table.
- Cloth face coverings are permissible for players at any time.
- Pre-Game- Suspend the pregame handshakes, fist bumps, bro hugs, etc.
- Post-Game- Suspend post-game protocol of handshakes, fist bumps, bro hugs, etc.

## **BASKETBALLS AND BASKETBALL CLEANING**

- The host school shall ensure that the ball is sanitized during time-outs and between quarters.
- Separate racks of balls shall be used for warm-ups (one basket/rack used by the home team and one basket/rack used by the visiting team).
- The game ball may be switched as often as can efficiently allow for sanitization and return, up to and including changing balls each play.

- There should be an attempt to keep at least three good game balls always available: one in play, one being cleaned, and one ready for the next play.
- Spalding Sport Ball cleaning recommendations follow CDC, state, and local guidelines for health and safety.
- The following link provides common definitions for Sterilization, Disinfection, and Cleaning in Healthcare Facilities, but may be useful for one attempting to clean a ball (including; basketball, softball, football, soccer, volleyball, and baseball) with cover material made of leather, composite, or PU leather - <https://bit.ly/31gomK9>
- To ensure applicable health and safety protocols, the user is responsible for determining the best method based on ball covering material, playing environment, and cleaning intervals.
- Soap and Water Method
  - o Dirt and debris can be removed by using a damp cloth with soap and water, using moderate pressure.
  - o Be careful not to oversaturate the ball.
  - o Allow to air dry.
- Disinfecting Wipe Method
  - o Limited disinfecting may be achieved by using a disinfecting wipe and moderate pressure to wipe the entire surface of the ball.
  - o Be careful not to oversaturate the ball.
  - o Allow to air dry.
- Spalding does not recommend using bleach and alcohol-based cleaning products, or excessively frequent cleanings, as those may degrade ball covering material and ball markings, and impact overall ball performance.
- Spalding will continue to review all available information and will update recommendations as new developments occur.

#### PLAYER EQUIPMENT TOOTH AND MOUTH PROTECTORS [RULE 1-5-1D(5)] (FROM AUGUST 2020 NFHS SMAC POSITION STATEMENT)

- The best evidence to date shows us that the COVID-19 is spread through respiratory droplets.
- Saliva from mouthguards is unlikely to be a significant source of infection transmission.
- However, we recognize that parents and others may find the prospect of athletes frequently placing and removing a mouthguard concerning.
- Given this reality, the NFHS SMAC suggests that state associations develop statements instructing athletes to refrain from the removal of mouthguards while on the playing field, court, rink, or mat.
- If mouthguards are removed on the sidelines or bench area, the athlete should use hand sanitizer each time after touching the mouthguard.
- A properly fitted mouthguard is not required by rule in Basketball.

#### OFFICIATING (RULES) (ADOPTED FOR 2020-21)

- Eliminate the jump ball and award the choice of first possession of the ball to the team winning a coin toss, called by the home team.
- The alternating possession arrow will then reset by rule when the initial throw-in is complete.
- To start an overtime period, use a coin toss, called by the visiting team, to determine which team is awarded the ball.
- Subsequent overtime periods will be started with possession by the team based on the alternating possession arrow.
- To start an overtime period, use a coin toss to determine which team is awarded the ball.
- Limit attendees in the pre-game conference to the referee and the head coach from each team with each coach standing on the center circle on each side of the division line with all individuals maintaining a social distance of 6 feet or greater at the center circle.
- Suspend handshakes before and following the Pregame Conference.
- The ball should be provided to officials in the locker room, where it is sanitized as recommended by the ball manufacturer and not used for warm-ups.
- Officials should not be required to wear jackets during pre-game court/player observation.
- The official may stand 6 feet or greater away from the player making the throw-in and bounce the ball to that player on a front court throw-in.
- The lead official shall stand on the end line and bounce the ball to the free thrower.

### RETURN TO PLAY AFTER COVID-19 POSITIVE TEST

- Student-athletes who have previously been diagnosed with a positive case of COVID-19 should follow these guidelines for return to participation: [KMA Return After COVID-19 Positive Test](#)

### ATTENDANCE

All those who wish to attend games must pass an initial COVID-19 screening including a temperature-check and answering health-related questions. Masks/face coverings are required for all attendees, and social distancing will be observed at all times.

➤ Segment 1: November 23-December 31

➤ Segment 2: January 1-January 31

➤ Segment 3: February 1-Begin of Districts

Maximum Venue Capacity for All Segments: 40%

HCCHS:	40% of 3000 = 1200
MNHHS:	40% of 3800 = 1520
BSMS:	40% of 625 = 250
JMMS:	40% of 630 = 252
SHMS:	40% of 780 = 312
WHS:	40% of 1500 = 600

- HS/MS Sideline Cheerleaders
  - Home team is permitted a maximum of 25 participants for each segment.
  - Visiting team is permitted a maximum of 20 participants for each segment.
  - All cheer personnel shall remain in their designated area during the competition.
  - Cheerleading squads count toward the total capacity of the venue.
  - Please see additional separate sideline cheer documents for other guidance
- HS Pep Band (No bands will be permitted at MS contests)
  - Home team band is allowed a maximum of 50 participants for each segment.
  - Visiting team bands are not permitted.
  - Pep bands count toward the total capacity of the venue.
  - All band personnel are required to wear masks when not performing and follow social distancing.
  - All band personnel will be designated a specific location per the school athletic director. The band shall remain in this area during the game.

### TICKETING

- High School Ticketing Plan
  - Guidance to Come
- Middle School Ticketing Plans
  - Guidance to Come

### CONCESSIONS

Concession stand products will consist of only pre-packaged items. Please see your athletic director for details.