

### PHASE 4 – September 28, 2020 - End of Season (unless further altered by the Governor or the KHSAA)

# **General Guidance for ALL Sports/Activities Practices and Contests**

- Winter sports may continue to proceed with athletics in this phase. This includes basketball, swim/dive, competitive cheer, and dance.
- o Facilities must be completely cleaned and sanitized prior to any use. Those involved shall wash their hands according to the CDC Guidelines, and hand sanitizer shall be available.
- o Strategies should be in place to prevent groups from gathering at entrances/exits to facilities.
- o Any areas contacted by individuals shall be wiped down and sanitized after use.
- It is recommended that activities remain in groups not exceed fifty (50).
- Social distancing shall be maintained whenever possible and all references to Social Distancing shall include the CDC guidance as well as the Governor's guidance and any locally supplemented requirements.
- All students and staff shall be screened for symptoms of COVID-19 including temperature taking and documenting before participation. Any person with a temperature of 100.4 or higher is considered to have symptoms of COVID-19. See screening page later in this document.
- Any person experiencing symptoms of COVID-19 shall be sent home immediately and should contact their health care professional. Such situations will be documented by the head coach or advisor, and a record shall be submitted to the school athletic director or administrator.
- o Only essential personnel are permitted at practices (no parents, boosters, etc.).
- Masks are required of all persons not competing at the time.
- To the extent possible, participants should avoid unnecessary physical contact such as high fives, hugs, or other close contact activities.
- Water, food, and snacks shall not be furnished. If desired, students must bring their own water bottle, and sharing is prohibited.
- o Appropriate clothing shall be worn at all times.
- Locker rooms, if used, shall be limited to ten (10) minutes in socially distanced groups.
- All areas of interaction must be supervised by a school board employee at all times to ensure all guidelines are followed.
- o School-level administration is responsible for monitoring compliance with these guidelines.
- Weight Room Guidance for All Sport/Activity Categories remains the same as in Phase 3
- Schools may only play against schools located in Kentucky or located in a county that directly borders Kentucky.
- o Contests shall not be played in or against communities where the incidence of COVID-19 exceeds 25 average daily cases per 100,000 population each Monday morning as detailed on the KDPH COVID-19 Dashboard map (listed in Red) at <a href="https://bit.ly/2D0K526">https://bit.ly/2D0K526</a>. If Hopkins County is a "red" county, no district contests shall be played until further notice from the district office.

#### **SPECIFIC ARCHERY GUIDANCE:**

### GENERAL GUIDANCE from the KHSAA

Archery is considered to be classified as spring sport-activity by the Kentucky High School Athletic Association.

For Archery, practice and workouts are at the discretion of each member school.

For KHSAA sport-activities, catastrophic insurance coverage only applies to the postseason (regional and state championships). Participation in all other competitions is at the discretion of each member school without the benefit of catastrophic insurance provided by the Association.

Note that the limitation of seasons (Bylaw 23) does not impact participation in the in-school program with NASP.

All administrators should insist on compliance with the NASP standards for mitigating COVID-19, detailed at <a href="https://bit.ly/3kzhfpH">https://bit.ly/3kzhfpH</a>.

#### PRACTICE GUIDANCE

Anticipated Start Date for Practice:

November 9

REGARDING COVID-19 PROTOCOL FOR PRACTICES, HOPKINS COUNTY SCHOOLS ARCHERY PROGRAMS ARE SUBJECT TO THE ABOVE PROCEDURES BUT ALSO THOSE OUTLINED BY THE HOPKINS COUNTY FISCAL COURT AND THE WEST KENTUCKY ARCHERY COMPLEX. IN THE EVENT OF CONFLICTING GUIDANCE, THE MOST RESTRICTIVE INFORMATION SHALL BE FOLLOWED.

## CONTEST GUIDANCE

Anticipated Start Date for Contests:

To Be Determined