

JCPS Athletics Update

**Jefferson County Board of Education
September 3, 2020**

Healthy in Sports Guidance

Kentucky Department of Education
August 2020

*This presentation shares required components from the document

**SCREENING OF ALL
ENTERING FACILITY
FOR PRACTICE OR
COMPETITION**

- School systems shall develop a protocol, approved by local health officials, for checking the temperature and health of all individuals.
- Spectators, participants, or personnel displaying COVID-19 symptoms shall not be admitted.
- Any individual who fails a screening, shall wear a mask/face covering and be sent immediately to a designated area for isolation.
- Any individual, student-athlete, coach, athletic trainer, support staff, or official exhibiting signs of COVID-19 shall be tested before returning.

PROTOCOL FOR POSITIVE CASES OF COVID-19

- All efforts shall be made to avoid contact with infected student-athletes except by designated healthcare professionals wearing appropriate personal protective equipment (PPE).
- The local health department (via JCPS Health Services) shall be contacted by the school for further direction.
- The individual with COVID-19 shall not be identified by name to non-family or non-health department officials.

- Conduct workouts in “pods” of the same students always training and rotating together in practice to ensure more limited exposure if someone develops an infection.
- Limit non-game day workouts to no more than one hour.
- Keep accurate records of those athletes and staff who attend each practice in case contact tracing is needed.
- Coaches must model requirements for masks/face coverings at all times

**SPECIAL EMPHASIS
FOR COACHES**

TIME BETWEEN CONTESTS

- **Scheduling consideration needs to be given when scheduling to minimize exposure and allow for sanitation between contests.**
- **Events hosted by KHSAA member schools in Baseball, Basketball, Field Hockey, Soccer, Softball, and Volleyball are limited to a total of eight (8) teams in each facility with no cross-play between facilities.**

- The game/contest manager designated by the home team principal shall have complete authority to order a contest delayed or stopped, and such shall be expected, if COVID-19 health and safety standards are not properly adhered to by all participants including coaches, players, team support members, fans and all in attendance.
- The home game manager will make sure that all fans remain at least ten yards from the playing area. In the event a natural barrier, such as a fence, is in place, this will be sufficient so long as it is not prohibited by the playing rules of that sport.
- Unruly or disruptive fans will be escorted from the facility by the home game manager when necessary.

GAME/CONTEST MANAGER

Transportation And Attendance Determination

- Provisions, including any limitations related to transportation, shall be managed through the Kentucky Department of Education Document - COVID-19 Considerations for Reopening Schools: Pupil Transportation.
- Attendance at any event is at the collaborative discretion of the host school and the local health officials. JCPS has decided to have venues at no more than 20% capacity to start.
- Until current orders related to venues and event spaces are rescinded and absent specific approval from the Department of Public Health, no event may be approved

- All individuals entering a venue before, during, and after a contest shall wear a mask/face covering.
- All coaches, non-competitors (substitutions) and cheerleaders shall wear a mask/face covering.
- Anyone who is not engaged in strenuous physical activity is to be wearing a mask/face covering.

Masks Face Coverings

FINAL CONTEST PLANNING

- **Communicate in advance with incoming schools as well as officials regarding procedures and guidelines, including equipment to be provided and equipment opponent is expected to supply.**
- **The location for teams to evacuate to in the event of inclement weather shall be re-considered to determine whether social distancing is feasible.**
- **Ensure the home team has an on-site administrator and collect contact information (cell number and email addresses) for each team.**
- **Clean and disinfect high-touch surfaces and equipment including**

- Limit the Officials/Scorer's Table and team benches including field/court to essential personnel.
- Social distancing of at least 6 feet shall be maintained at all times. For example, no hugging, shaking hands, or fist bumps for support/encouragement.
- Make sure facilities have been properly sanitized and have hand sanitizer and disposable mask/face coverings available. Clean and disinfect frequently touched surfaces and equipment including balls.
- The pre-game protocol should be developed in advance (i.e. anthem, introductions, etc.) and that will send players to their respective positions for introductions.

**PRE-CONTEST GUIDANCE &
EVENT SETUP FOR ALL
SPORTS AND ACTIVITIES**

WATER HYDRATION AND HYGIENE DURING COMPETITION

- Everyone (including officials) must have their own drink container that is not shared.
- Food should not be shared.
- Hydration stations (water cows, water trough, water fountains, etc.) must not be utilized.
- The KHSAA will recommend the extension of time-outs to ensure that athletes have time to be given a personal water bottle if that is the desired method selected by a school, and officials associations will be instructed to be permissive with this time.

MEDIA RESTRICTIONS AND CONSIDERATIONS

- The press box will be limited to essential personnel only, with all individuals respecting social distancing.
- The media is restricted to areas outside the team areas.
- Staff shall disinfect press box and working media areas before and after each game.
- Meals and concessions offered to the media shall follow established guidelines including pre-packaging with no buffets or open lines.
- Establish operational hours for press box and media work areas, and display with proper signage.
- Interviews shall only be conducted if social distancing protocols can be followed.

Cross Country, Field Hockey, and Golf (Low Contact)

	Cross Country	Field Hockey	Golf
First Practice	August 25	August 25	July 15
First Contest	September 8	September 8	July 31
# of Contests	9	16	20
# of Contests Weekly	2	4	3
# of Scrimmages	0	0	0
Notes	No more than 8 teams involved in meets.		

Golf

- A player may reposition the flagstick without removing it from the hole by touching it with a towel or club.
- All bunker rakes will be removed for the entire competition. Please smooth footprints following play from the bunker.
- Food will not be provided as part of the event.
- Players should not touch another player's equipment.
- Spectators are limited to two individuals per participant.
- All practice facilities are closed the remainder of the day to tournament participants following the conclusion of their round

CARTS AND CADDIES

- Caddies are not permitted.
- If shuttle carts are utilized, it should be one cart per golfer with both driver and golfer wearing masks/face coverings and sanitation after each use.
- The driver shall not touch any of the golfer's equipment.

TEE TIMES

- Groups of 3 players: minimum of 12 minutes between tee times.
- Groups of 4 players: minimum of 15 minutes between tee times.



Golf

Cross Country

- Team entry is not to exceed 10 runners. Additional runners may be allowed depending upon the decisions of meet management and within overall meet limits during the current segment.
- Schools shall widen the starting line and each starting box.
- Each starting box shall be a minimum of 6 feet apart.
- Each starting box shall have no more than one (1) school per box.
- Numbers written on athletes are not permitted.
- No items (water bottles, clothing, etc.) are to be left at the starting line.

Cross Country

- There must be a restricted area at the finish that allows the "quick exit" of athletes.
- Athletes shall wear masks/face coverings in the team staging area, corral, and until the start of the race.
- The pre-contest meeting is limited to one coach from each team.
- Distribute awards in envelopes and have the coaches pick them up, one at a time, after the contest.
- Mass awards ceremonies shall be eliminated.
- Meet results shall not be posted at a venue. All results to be posted online, sent by email, and/or mail.

Cross Country

MEET ENTRY AND COMPETITOR LIMITATIONS (ADOPTED FOR 2020-21)

Segment 1:

*September 7 - 26:

- Limit overall race to 100 runners with no more than 40 per wave/staggered start.
- Recommend races to not exceed 2500m.
- No more than two (2) races per division (recommend one of each gender).

Segment 2:

*September 28 - October 9.

- Limit overall race limitations to 180 runners with no more than 45 per wave/staggered start.
- Recommend races to not exceed 3500m.
- No more than two (2) races per division (recommend one of each gender).

Segment 3:

*October 10 - October 30:

- Limit overall race limitations to 250 runners with no more than 50 per wave/staggered start.
- Recommend races to not exceed 5000m.

Soccer and Volleyball (High Contact)

	Soccer	Volleyball
First Practice	September 7	September 7
First Contest	September 14	September 14
# of Contests	12	22
# of Contests Weekly	3	4
# of Scrimmages	0	0
Notes		Matches are limited to best 2 of 3 until the district tournament

- Rosters are restricted to a limit of 24 players in uniform, participating in warm-ups and being in the team box during competition.
- All non-uniformed team members who are not essential to game management shall be seated in the bleachers or general seating and able to socially distance from other groups.

Soccer

Volleyball

- Coordinate with contest officials to limit to essential personnel which includes the home team scorer, libero tracker, and timer with a recommended distance of 6 feet between individuals.
- Visiting team personnel (scorer, statistician, etc.) are not deemed essential personnel and will need to find an alternative location.
- Rosters are restricted to a limit of 15 players in uniform and participating in warm-ups and competition.
- All non-uniformed team members who are not essential to game management shall be seated in the bleachers or general seating and able to socially distance from other groups.
- Only team members playing in the current match can shag balls

Volleyball

- Move the location of the pre-match conference to center court with one coach and one referee positioned on each side of the net.
- Maintain social distancing of 6 feet between the second referee and the player and substitute by encouraging substitutions to occur within the substitution zone closer to the attack line.
- COIN TOSS called by the home team will decide to serve/receive; suspend protocol of teams switching benches before a deciding set.
- In the event there is a clear and distinct disadvantage as determined by the officials, teams may switch sides, observing

Football

(High Contact)

Football	Fall 2020
Helmet only conditioning-no contact	August 25 - 28
Conditioning: Helmet and shoulder pad only -no contact	August 31 - September 3
Full gear practice	September 7 - 17
2-team scrimmage between 2 JCPS teams	September 12
First Contest	September 18
# of contests	8
# of contests weekly	1 per level
# of scrimmages	1
KHSAA state playoffs	Begin November 13

- Rosters are restricted to a limit of 60 players in uniform and participating in warm-ups and competition.
- All non-uniformed team members who are not essential to game management shall be seated in the bleachers or general seating area and able to socially distance from other groups.
- A single charged time-out may be extended to a maximum of two minutes in length as needed to ensure water distribution.
- The intermission may be extended to a maximum of two minutes between the first and second and the third and fourth periods and following a try, successful field goal or safety, and before the succeeding free-kick.

Football

- All tooth and mouth protectors shall be attached to the helmet.
- Cloth masks/face coverings (that tie to the head or loop around the ears under the helmet) are permissible to be worn under the face mask.
- The NFHS SMAC does not recommend anything - mask/face covering or shield on the outside of any face mask for any sport but it should be worn on the inside of the face mask for risk minimization issues as they want the face mask in front of it.

Football

- During the pre-game field inspection, perform the coin toss, limit attendees to the referee, umpire and head coach from each team.
- The team box is extended on both sides of the field to the 10-yard lines (for both teams) for more social-distancing space.
- The coaches' area (sideline to two yards off the field) is eliminated for 2020 and is a restricted area at all times except for a charged time-out to allow for freedom of movement and social distancing by officials, chain crews and ball runners.
- Do not share uniforms, towels, and other apparel and equipment.

Football

Officials

- Bring your own water bottle, towel, hand sanitizer, flags, equipment, etc.
- On GAME DAY, take your temperature in the morning and then again before leaving home/work for a contest.
- If over 100.4, notify your assigner and the school administrator immediately that you will not be able to fulfill the assignment.
- Identify the host school administrator and local association for assistance in dealing with any issues.
- Officials are not the "mask" police for fans and spectators; host school administrator shall manage adherence

Officials

- Face coverings shall be worn by officials during pre-contest responsibilities.
- The officials/scorer's table is limited to home team essential personnel exclusively, and is to be socially distanced.
- Limit length and attendees during Pre-Game/Match Conference
- Execute social distancing in substitution procedures during

Additional Safety Measures

- JCPS reserves the right to suspend practices or contests for any JCPS school or sport for a COVID-19 outbreak.
- At this time, middle and elementary fall sports are postponed until in-person instruction begins; we will work to construct seasons in all sports so that students have opportunities at some point during the school year to participate.

Kentucky Board of Education Letter

- On August 31, KSB sent a letter to Board of Control
- The letter charged the Board of Control to immediately convene to clarify seven issues
- Board of Control is scheduled to meet September 16

Questions and Feedback