

JCPS Athletics Proposal

**Jefferson County Board of Education Meeting
August 24, 2020**

Options

Option 1: Follow KHSAA dates and begin all sports

Option 2: Phased in approach to start fall athletics based on contact level of the sport

Option 3: Cancel all fall sports

**Proposal
Option 2:**

Phased-In Approach

Proposal:

A phased-in approach will allow us to start with low-contact sports and then move to higher-contact sports after carefully monitoring progress over the next several weeks.

Cross Country, Field Hockey, and Golf (Low Contact)

| | Cross Country | Field Hockey | Golf |
|----------------------|---|--------------|---------|
| First Practice | August 25 | August 25 | July 15 |
| First Contest | September 8 | September 8 | July 31 |
| # of Contests | 9 | 16 | 20 |
| # of Contests Weekly | 2 | 4 | 3 |
| # of Scrimmages | 0 | 0 | 0 |
| Notes | No more than 8 teams involved in meets. | | |

Cheer/Dance and Band (Low Contact)

| | Cheer/Dance | Band |
|----------------------|--|--|
| First Practice | August 25 | August 25 |
| First Contest | December 1 | n/a |
| # of Contests | 6 | n/a |
| # of Contests Weekly | n/a | n/a |
| # of Scrimmages | n/a | n/a |
| Notes | No mounts. Perform at all varsity football games. KHSAA competitions will be held in January 2021. | Bands may practice using social distancing and attend varsity football games. A space will be available for them to sit and social distance. Members that can remain masked safely should do so. Band directors must be masked at all times. |

Soccer and Volleyball (High Contact)

| | Soccer | Volleyball |
|----------------------|--------------|--|
| First Practice | September 7 | September 7 |
| First Contest | September 14 | September 14 |
| # of Contests | 12 | 22 |
| # of Contests Weekly | 3 | 4 |
| # of Scrimmages | 0 | 0 |
| Notes | | Matches are limited to best 2 of 3 until the district tournament |

Football

(High Contact)

| Football | Fall 2020 |
|--|-------------------------|
| Helmet only conditioning-no contact | August 25 - 28 |
| Conditioning: Helmet and shoulder pad only -no contact | August 31 - September 3 |
| Full gear practice | September 7 - 17 |
| 2-team scrimmage between 2 JCPS teams | September 12 |
| First Contest | September 18 |
| # of contests | 8 |
| # of contests weekly | 1 per level |
| # of scrimmages | 1 |
| KHSAA state playoffs | Begin November 13 |

Additional Safety Measures

- JCPS reserves the right to suspend practices or contests for any JCPS school or sport for a COVID-19 outbreak.
- At this time, middle and elementary fall sports are postponed until in-person instruction begins; we will work to construct seasons in all sports so that students have opportunities at some point during the school year to participate.

Additional Safety Measures

- Follow CDC guidelines and KHSAA Healthy at Sports document
- An additional permission form for athletics during COVID-19
- Athletic trainers will help with disinfecting, sanitizing, etc.
- JCPS coaches will take the NFHS Covid-19 course
- Practices & contests must be held outside the NTL school day
- Limit each sport to 2 levels (Varsity and Freshman/Sophomore)
- Masks will be worn by spectators/non-players and players
when safe to do so
- A hand sanitizer station will be available at all entries

- COVID-19 screening process for participants & spectators
- Limit spectators based on Healthy at Sports document
- Coach of visiting team must be present and verify that each team member has been screened
- Athletes should bring their own water bottles
- Follow health department requirements for concessions
- KDE Guidelines for buses will be followed
- Suspend handshakes before and after contests

Additional Safety Measures

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- **Balls and equipment should be sanitized as much as possible**
- **No locker room access for visiting teams other than restrooms**
- **Limit locker room access for home teams, when possible**
- **Include school plan for inclement weather**
- **No changing of benches between matches**
- **Limit pre-game conferences to one coach and one player**
- **No borrowing of equipment among players**
- **Admissions gates will have markers six feet apart to ensure**

Questions and Feedback