

Henderson County Schools

To: Mrs. Marganna Stanley

Dr. Bob Lawson

Henderson County Board of Education

From: Andrews, Mark - HCH, Science

CC: Recipient names

Date: 8/7/2020

Re: Athletic Guidebook COVID Addendum

I am requesting the following information to be added to the HCHS Athletic Guidebook for the 2020-21 school year.

COVID-19 expectations for the 2020-21 school year.

All athletes, coaches and spectators are expected to adhere to social distancing and masking expectations.

Check-In Procedures

When athletes arrive at practice or events, they will have their temperature taken. Athletes with a temperature of 100.4°F or greater will not be allowed to participate. Athletes will scan a QR Code and answer screening questions. When check-in is complete, athletes will be directed to a predetermined location to wait for the event to begin.

Alternate Transportation

Athletes may be allowed to be transported to and from contests by the athlete's parents and/or two (2) parents of teammates (designees). A permission form signed by the athlete's parents and designees must be on file. The parent will take full responsibility during transport. Before transport, the athlete will check-in at a designated location following protocol that the district has established. Upon arrival, the athlete will report to the coach and become the coach's responsibility at the event. Before departure, the parent, or designee, will sign the athlete out to relieve the coach of his or her supervision duties. All are expected to adhere to social distancing and mask expectations.

*COVID-19 EXPECTATIONS AND DOCUMENTS FOR THE 2020-2021 SCHOOL YEAR ARE SUBJECT FOR REVISION

Extra or Co-Curricular Reporting Expectations (COVID-19) (as of 7/27/2020)



CDC COVID- 19 Symptoms: Fever (greater than 100.4), New Cough, Shortness of Breath, Chills, Muscle pain (not due to physical activity), Sore throat, GI Symptoms, Rash, New loss of taste and or smell

Pau	
Participation Restrictions	1 Participant Status
Notify Coach or Sponsor Unable to participate until symptom free for at least 24 hours and/or documentation/attest of an alternative diagnosis.	Any ONE of the COVID-19 Symptoms listed above
Notify Coach or Sponsor Unable to participate until free of fever (using an oral thermometer). No fewer or any other symptoms for at least 24 hours, without the use of fever-reducing or other symptom-altering medicines (e.g. cough suppressants) AND at least 10 days hipve passed since your symptoms first appeared OR provide documentation of an alternative diagnosis.	3 FEVER plus ANY of the other COVID-19 Symptoms listed above
No Participation Restrictions Practice Social Distancing Self-monitor** for symptoms (see above list)	Close Contact*** with Someone with any ONE of the COVID-19 Symptoms listed above
Notify Coach or Sponsor Practice Social Distancing Self-monitor** for symptoms (see above list) May return participation after that person no longer has fever for 24 hours OR is confirmed negative for COVID-19	Close Contact*** with Someone with FEVER and ANY of the other COVID-19 Symptoms listed above
ASYMPTOMATIC Notify Coach or Sponsor Self-monitor for symptoms (see above list) Unable to participate for 14 days after known exposure OR 14 days after positive patient's symptoms end if exposure is ongoing	6 7 Close Contact with CONFIRMED COVID-19 Patient
SYMPTOMATIC Greater than 100.4° F using an oral thermometer OR respiratory symptoms, (cough, shortness of breath, sore throat, Gl Symptoms, Rash, New loss of taste and Local Health Department or Your Physician Self-Isolation Unable to participate for 14 days after known exposure AND no fever for at least 24 hours without the use of fever reducing or other symptom-altering medicines (e.g. cough suppressants) AND at least 10 days have passed since symptoms first appeared.	7 h CONFIRMED COVID-19 Patient
Notify Coach or Sponsor and Local Health Department or Your Physician Self-Isolation Unable to participate for 14 days after known exposure AND no fever for at least 24 hours without the use of fever-reducing or other symptomaltering medicines (e.g. cough suppressants) AND at least 10 days have passed since symptoms first appeared.	8 IF YOU ARE DIAGNOSED WITH COVID-19
	Notify Coach or Sponsor Notify Coach or Sponsor Notify Coach or Sponsor Notify Coach or Sponsor Unable to participate until symptom free for at least 24 hours and/or documentation/latteat of an alternative diagnosis. Lineable to participate until symptom free for at least 24 hours, without the use of fever (using an oral thermometer). No fever or documentation/latteat of an alternative diagnosis. Self-monitor** for under symptoms (see above list) Self-monitor** for symptoms (see above for 24 hours OR) is confirmed documentation of an alternative diagnosis. Notify Coach or Sponsor Self-monitor** for symptoms (see above list) Self-monitor** for symptoms (see above list) May return participate until free of fever (using an oral thermometer OR) and fever for 24 hours OR) is confirmed documentation of an alternative diagnosis. Notify Coach or Sponsor Mority Coach or Sponsor and Local Health Department or Your Physician Self-monitor** for under the symptoms (see above list) Self-monitor** for symptoms (see above list) Self-nonitor** for symptoms (see above list) Self-monitor** for symptoms (see abov

This document will be updated as necessary, or as laws necessitate, to maintain employee and student safety.

REMEMBER: MAINTAIN 6 FEET BETWEEN YOU AND OTHER PARTICIPANTS AT ALL TIMES.

WEAR REQUIRED PERSONAL PROTECTIVE EQUIPMENT WHEN NOT ACTIVELY TRAINING.

^{**} Self-monitor: Take temperature twice a day and remain alert for COVID-19 symptoms and notify appropriate healthcare provider if COVID-19 symptoms develop.

^{***} Close Contact: (Living in same home is assumed close contact)

a. Someone who has been within 6 feet of an infected person for at least 15 minutes starting from 48 hours before illness onset until the time the patient is isolated or
 b. Having direct contact with infectious secretions of a COVID-19 case (e.g., being coughed on)