FLOYD COUNTY BOARD OF EDUCATION
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Date: 6.8.2020

Consent Agenda Item (Action Item): Approve the MOA between Prestonsburg High School and Mountain Comprehensive Care Center/Healing Program for upcoming school year 2020-2021.

Applicable Statute or Regulations: Board policy states that only the board of education/superintendent can enter into contract or agreement.

Budget/Financial Issues: No cost to PHS or Floyd County Board of Education.

History/Background: As part of the school-wide culture improvement, a partnership with for the Green Dot Curricula would allow us to continue with student individual growth in the areas of education of power-based personal violence. The Green Dot program is a program aimed at reducing dating violence, bullying, stalking, and sexual assault. High school students would receive guidance from trained individuals on how to react to threats that they see. The strategy is based on the belief that bystanders can work to actively prevent violence. The CDC funded a five-year study of the Green Dot program in KY high schools and found that the rates of sexual abuse, dating violence, stalking and other interpersonal violence was reduced by 30%. These results were published in the American Journal of Preventative Medicine. This program incorporates into its training a teaching tool that includes group and individual activities, team competitions, workbook activities, group discussions, and game playing. Students also watch a series of video vignettes produced with other high schoolers. I believe that the women who would work with our students can quickly build rapport and relationships with our students. They are life-long educators and passionate about what they do. Both also happen to be Floyd County retired teachers with a lot teaching left to do.

Recommended Action: Approve the MOA.

Contact Persons: Lori Bricken, principal
Kim Reynolds, Tina Petry (Green Dot Facilitators)

Principal **Director** **Superintendent**

The Floyd County Board of Education does not discriminate on the basis of race, color, national origin, age, religion, marital status, sex, or disability in employment, educational programs, or activities as set forth in Title IX & VI, and in Section 504.

MEMORANDUM OF AGREEMENT

BY and BETWEEN

PRESTONSBURG HIGH SCHOOL

Prestonsburg, Ky

And

Mountain Comprehensive Care Center/Healing Program

Prestonsburg, KY

A. This is a Memorandum of Agreement on the part of the Mountain Comprehensive Care Center/Healing Program designated crisis center for the Big Sandy Region, and Prestonsburg High School. The Mountain Comprehensive Care Center/Healing Program and the school shall jointly be referred hereinafter as the "parties."

PURPOSE:

1. The purpose of this Memorandum of Agreement is to guide and direct the parties regarding their working relationship and the joint provision of the Green Dot for High Schools, a primary prevention education program to reduce the incidence of power-based personal violence and thereby create gradual social and cultural change.
2. Nothing in this Memorandum alters in any way the respective legal rights of the parties or their legal obligations to one another, to their constituents or to any third party.

B. GENERAL UNDERSTANDING:

1. The Mountain Comprehensive Care Center/Healing Program is the regional crisis center designated to provide regional rape crisis services and are required, in part, pursuant to KRS 211.600 and 920KAR 2:070 to provide services to any victim of sexual assault or abuse requesting such service. These services shall include, but not be limited to crisis counseling, mental health and related support services, advocacy, consultation, public education, and provision of training of professionals.
2. Prestonsburg High School is the high school located at Prestonsburg, KY and has chosen to receive prevention education provided by Mountain Comprehensive Care Center/Healing Program beginning in the Season Semester of 2020-2021.

3. The name of the specific prevention education curricula that will be used in the high school for the purposes of reducing power-based personal violence is the Green Dot for High Schools program, which is designed, authored, and adapted for high school use by Dr.

Dorothy Edwards of Green Dot, ETC. The Green Dot for High Schools program has proven to be effective in reducing the perpetration of interpersonal forms of violence through a CDC funded research study name Green Dot across the Bluegrass conducted by the University of Kentucky.

4. For the purposes of implementing the provisions of this Memorandum of Agreement, there shall be no discrimination on the basis of race, national origin, religion, creed, sex, gender identity, special orientation, age, disability, or residence status in the provision of prevention education services to any student.

5. This Memorandum of Agreement shall be in effect from August [redacted] through the end of the school year.

Mountain Comprehensive Care Center Shall:

a. Implement the Green Dot program facilitated by a trained educator designated by the Center.
b. Keep the school officials at Name of High School informed of scheduling, curricula, surveying, data, program outcomes and and\y other activities conducted at the school related to Green Dot for High Schools.
c. Keep confidential the evaluation data specific to [redacted] gathered throughout the school year.
d. Allow the school all discretion regarding who is told about the school's participation in the project and how such information is shared.

Name of High School Shall:

a. Allow staff from Mountain Comprehensive Care Center/Healing Program access to the students enrolled in the school for the provision of the Green Dot for High School's primary prevention and evaluation of that program through the use of survey instruments for the entire school year.
b. Name a single point of contact person from the school to receive ongoing communication regarding the activities to be conducted in this project.
c. Inform Mountain Comprehensive Care Center/Healing Program of any other prevention programming implemented at [redacted] throughout the project period.
d. Participate in the program as it was designed so that the results, as proven through research, will be achieved.

MUTUAL RESPONSIBILITIES:

a. The parties will work together to maintain a consistent and continuous level of equality, respect and non-violence in the school. At the request of either party, a meeting or conference will be held between Mountain Comprehensive Care Center/Healing Program and [redacted].
b. This relationship is intended solely for the mutual benefit of the parties and their clients hereto, and there is no intention, expressed or otherwise, to create any rights or

interests for any party or person other than the parties without limiting the generality of the foregoing.

c. Neither party is an agent, employer or servant of the other.
d. This Memorandum of Agreement shall be governed by, construed and applies in accordance with the laws of the Commonwealth of Kentucky.
e. The parties will a Business Agreement in accordance with federal HIPPA regulations.

AGREED TO BY:

Mountain Comprehensive Care Center

Kimberly Reynolds, GDE, Education Outreach Coordinator

Kimberly Reynolds 6/3/20 (date)

Prestonsburg High School/Principal/YSC Coordinator

_____ _____(date)

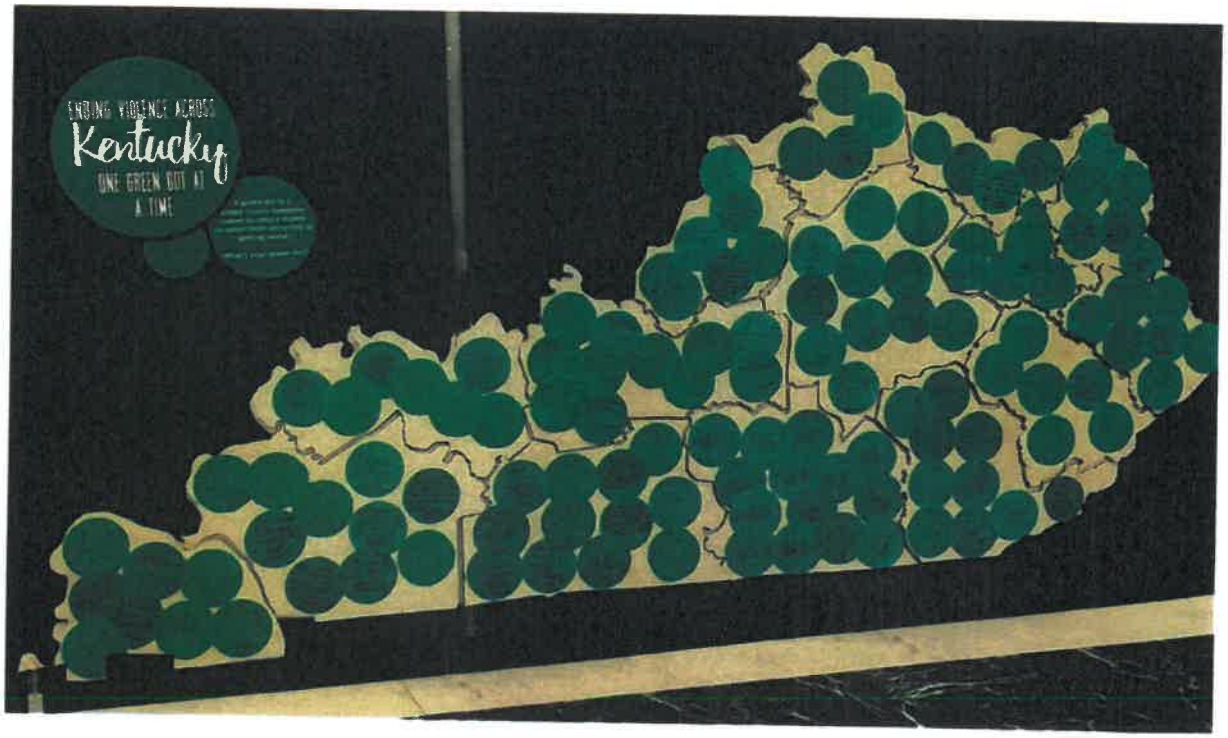
_____ _____(date)

15 Minute Spill of Green Dot High School To Staff, Teachers, Board Members, Community Leaders, and Interested Friends.....

Green Dot is a **Nationally** recognized strategy program focused on preventing **Power-Based Personal Violence (Sexual Assault, Dating Violence, Partner Violence, Bullying, and Stalking).** This Program was created in our home state at the *University of Kentucky* back in ***2006*** when crime rose on campus. A sexual assault, domestic violence, and stalking prevention program called Green Dot launched at University of Kentucky by *Dr. Dorothy J. Edwards.* ***By 2010,*** an impact of the Green Dot Program began to spread across the nation*, established by Dr. Dorothy Edwards & Marigail Sexton* setup the nonprofit **Green Dot** initiative and ever since its popularity has been spreading all over the USA. **The Green Dot Strategy** is based around the belief that each one of us holds power as Bystanders to actively prevent violence and shape our community norms. We could all do something to be a part of changing our culture in our community.

>>>>>>>RESEARCH SUPPORTED>>>>>>>

The **Centers for Disease Control** and **Prevention** funded a five-year study to evaluate Green Dot in High School across Kentucky. The study examined bystander intervention in **26** high schools over **five years** and confirms that Green Dot for High Schools reduces rates of sexual abuse, dating violence, stalking, and other interpersonal violence by statistically significant **30%** percentages. The study results were published in 2017 in the ***American Journal of Preventive Medicine.***



Why would any high school want an active **Green Dot High School?** Well, hearing that statistic of Teenage Violence is just the eye opener for any school staff needing to reduce the number of teens being affected. Teenagers are experiencing dating and sexual violence, stalking, and bullying at alarming rates in our high schools. This program incorporates into its training a teaching tool that includes group and individual activities, team competitions, workbook activities, group discussions, and game playing. It speaks to the students with a series of video vignettes produced with other high schoolers. Instructors learn about working with school systems and incorporating parents, teachers, coaches, and other important influential figures in the high school setting

What is a **Green Dot**? The **Green Dot Strategy** draws its name from the image of a map covered in **Red Dots** representing a terrible epidemic. In this image, a **Red Dot** represents any act of **Power-Based Personal Violence that focuses on Bullying, Dating Violence, and Sexual Assault**. Now Imagine Green Dots are just small, individual,

manageable actions people can make to make it less likely that **Red Dots** show up on our map. A **Green Dot** could be intervening to stop a high-risk situation (What we call a **Red Dot**) or influencing our school or community norms through simple words and actions to hurt someone. Recent research has shown us that high schools implementing **Green Dot** experienced a lower reduced number of **Power Based Personal Violence**. The ultimate goal is to outnumber and displace all the **Red Dots** in our school or community so that we eventually have more **Green** than **Red** on our **school map**.

Green Dot Programs are spreading **Green Dots** throughout **Kentucky**. I am very proud to be leading and implementing this Green Dot Strategy in the Eastern Kentucky Regional Areas through the *"Healing Program"* of Prestonsburg. **Mountain Comprehensive Care Center** provides this comprehensive violence prevention training for high school students, community groups, businesses, organizations, and middle school students (Shifting Boundaries).

It is our belief and mission to instill that prevention is the key to **Power Based Personal Violence**, we need to get as many people on board as possible. No matter who you are, you can be a part of the solution. Put a **Green Dot** on the **map** Today! It's easy to implement and teenagers in my experience love being a part of something life changing and when using some of these realistic prevention tools teens feels more empowering to stop a potential high-risk situation that brings harm to another one of their teen friends. By taking a lifespan approach, the **Green Dot program** provides a comprehensive strategy with the power to set new norms, reduce violence, and create a culture of mutual respect and collective responsibility in their school community.

"Here are some simple ways you can add green dots to our School Map or Community Work Map." Great Examples

*Hang a Green Dot poster on your school room or office door.

* Write a paper or do a class assignment on violence prevention and share in the school's speech club or on the school news

* You can wear a green shirt or tee in support of Prevention month

* Wear a Green Dot button or Lapel Pin and give one to a friend.

* Bring a Green Dot Bystander Training to your organization, group, or school.

* Talk to a friend, family member or colleague about violence prevention.

*Share a message of support for Green Dot on social media or on your email signature.

* If you suspect someone you care about is a victim of violence, gently ask if you can help or give them some important cell numbers if they are in a crisis.

* Make a donation to Women's Crisis Center to support local intervention & prevention services.

(These are just a few of great examples of spreading Green Dots!)

What will be Your Green Dot?

Imagine, your local high school map of all the classrooms, common area, gym, library, and administration offices. Just imagine a **Red Dot** that is a single moment of time it takes to hurt someone by words or actions. This single **Red Dot** can spread quickly if a **Green Dot** doesn't appear. Spreading **Green Dots** can be the simplest choice of words or action that can diffuse a bad situation and slowly change the climate in our schools. After high school students/staff are trained in making themselves aware of a High-Risk situation the better he/she can handle the behavior. You can use the **3 D's (Direct, Delegate, and Distract)** to give yourself options to a risky situation. Knowing your own **barriers** and be able to do something can change the Environment. As your school population grows others will want to spread **Proactive Green Dots**. If we are all using both Green Dots **"Reactive"** and **"Proactive Green Dots"** then we will see the numbers of **Personal Violence** Go

Down. So, doing Green Dots **wherever we go can Change the Culture.... One Green Dot at time! No One Person can do Everything, But everybody can do something!**

The Green Dot High School Strategy is a comprehensive approach to violence prevention that capitalizes on empowering peers, changing the culture and its influence across all levels of our society. Spreading the knowledge setup by the Green Dot Program by using green dots to transform school community members as potential bystanders, and seeking to engage others in targeted areas, through awareness, education, and skills-practice, in proactive manner that creates intolerance of violence as the norm, as well as practical interventions in high-risk situations – resulting in the ultimate reduction of violence in our school community.

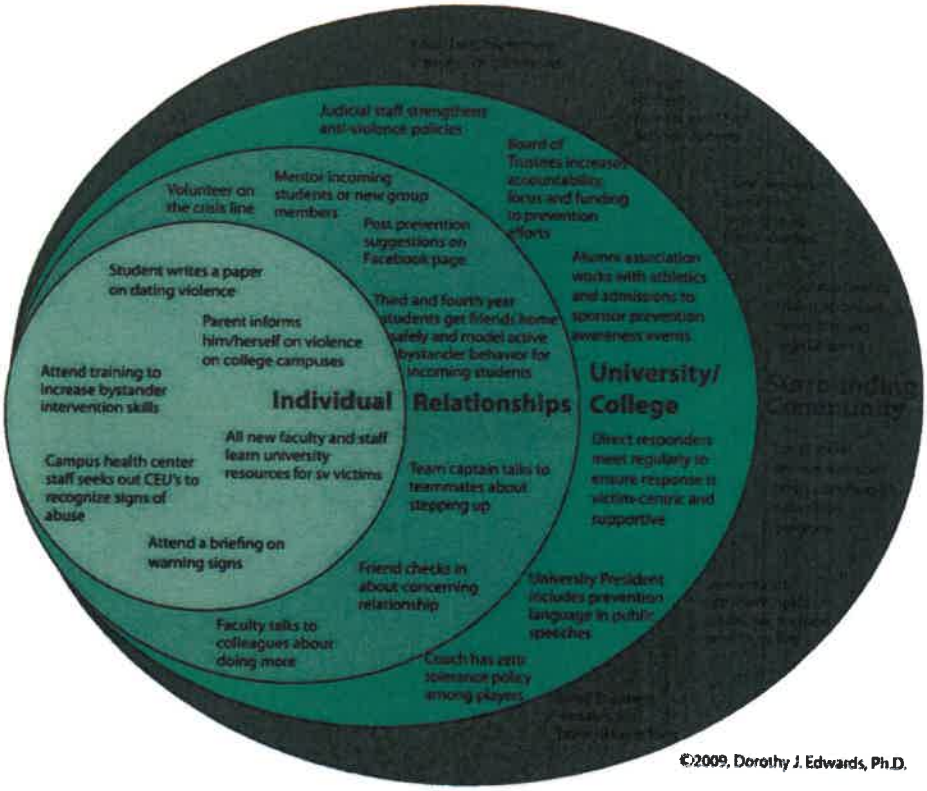
As a **Green Dot High School**, the program initially targets influential individuals from across community subgroups (Teachers, Staff, Administrators, and Students). The **goal** is for

these groups to engage the participants to equip them to integrate moments of prevention within existing relationships and daily activities – both personal and professional. By doing so, new norms will be introduced and those within their sphere of influence will be significantly influenced to move from passive agreement that violence is wrong, to active intervention. In recognition of the necessity of a multi-faceted approach to violence prevention, **Green Dot** expands the traditional approach to bystander intervention beyond reactively addressing imminently high-risk situation on an individual basis, to proactively engaging bystanders with access to all levels of the social ecology.

The reality is, even if an individual never personally witnesses a high-risk situation, we are all bystanders to the reality that too many women, men and children are victims of **power based personal violence** in our communities. Therefore, **Green Dot** is designed as a community mobilization strategy that provides a framework and common language to engage the broader

bystander community in making changes across the social ecology – including not only intervention in high risk situations, but also improving response systems, shifting norms of inaction and strengthening policy and enforcement.

INTERSECTION OF GREEN DOT AND THE SOCIO-ECOLOGICAL MODEL



We need to change the Culture of **Power Based Personal Violence** that is evidently an ongoing problem here in Eastern Kentucky but it's

also a huge problem across the big USA in many of our High Schools. I am going to share with you on how we can reduce the numbers of teens being hurt by the **Power Based Personal Violence**. There has to be Change in our Future. So, focusing on **Bullying, Dating Violence, and Sexual Assault** that shouldn't be tolerated in any High School Community but research supports that numbers are too high so the **Green Dot Program Strategy** is designed to empower our Youth to make a difference in their small social groups. Teaching/Equipping our youth with the Bystander Training Strategy they can make small choices that have an everlasting effect in the lives and the people they are involved with in their daily lives.

Though the Green Dot emphasizes the importance of change at a broader level of influences in our community and society the reality is that even at those levels, the ultimate carrier of change is the individual. With that said, individual actions carry influence and create change across all levels of the Green Dot Model. When an individual

takes a specific action to influence a situation and change the outcome for the person being harmed in some way. For example, Sandra, a 10th grader, decides to write a paper on dating violence, increasing her knowledge; a single choice making an impact at the individual level. Sam, a 12th grade football player, has a conversation with his three best friends on the team about the importance of standing up for kids getting bullied; a single choice making an impact at the relational level. Ms. Phillips, the school principal, establishes a **zero-tolerance policy** for violence in any form, strengthening policies and holding teachers accountable for enforcement; a single choice making an impact at the school-wide level. Jamie, director of a local social service agency, establishes a partnership with school officials and local small business owners to expand the access of supervised after school programming; one choice making an impact at the community level.

Imagine, your local high school map of all the classrooms, common area, gym, library, and administration offices. Just imagine a

Red Dot that is a single moment of time it takes to hurt someone by words or actions. This single **Red Dot** can spread quickly if a **Green Dot** doesn't appear. It can be the simplest choice of words or action that can diffuse a bad situation. After high schools are equipped in making themselves aware of a High Risk the better, he/she can handle the behavior. You can use the **3 D's** (Direct, Delegate, and Distract) to give yourself options to a risky situation. Knowing your barriers (those are things that stop us from intervening) and be able to do something can change the Environment. As your school population grows, others will want to spread **Pro Active Green Dots**. Using both **Green Dots "Reactive"** and **Proactive Green Dots.** Doing Green Dots Wherever We Go can change the Culture..... *L*astly, in ***2017*** the evaluation of **Green Dot for High Schools** was published in multiple forms of interpersonal violence. So, when can we start this **Green Dot Strategy** campaign at your school? What are You Waiting ON?.....

One Green Dot at a Time! ***No One Person can't Do Everything, but Everybody can do Something!***

Contact me, Kimberly Reynolds: Region #11 Green Dot Educator at (606) 226-1964. If you're interested in learning more about Green Dot? Want to bring a Green Dot training to your organization or workplace? Interested in implementing in your High School or Middle School? Or maybe you just want to share an awesome Green Dot Story? Send me a message by email Kimberly.reynolds@mtcomp.org and I'll get back to you as soon as possible.