	a the tales and the fact of	walled and the terror and to the	a settlement to me to the settlement of		
School Pikeville	Hily School				10.
Activity Account Varsity	Foothall				
External Support/Booster Organizati		,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	.,		
Name of Fundraiser Face N	lask sales		<del></del>	man mineto	
Sponsor heis	Wance	4 fe e antige a de miljonel en ligge de miljojek de miljojek en ligge pro	المصادرة والمساورة	pie iganogijani	
	20			~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~	
Drawn and a P. Com Annial and Atlanta				**************************************	
Purpose of fundraising activity:					
Expenses for footbell	egu poment				the contract of the
Items to be sold:					the state of the s
Face Coverings					
9					
Day 25.4				**************************************	
Beneficiary of fundraising activity:			2		
			, co (2)	· · · · · · · · · · · · · · · · · · ·	manten and a second of the sec
Date(s) scheduled:					
5/14 - 6/14					
				10 1) Configuration	<del></del>
Yames of adult supervisors of activity (c	haperones, custo	dians, etc.):			
3					
					tork of the State
Áhletic Fundraiser		1111		Yes C	No I
Tyes, sport involved:	Froth	'all		,	The state of the s
Corresponding sport participating in fu			<del></del>	Yes	No []
lunch		, , , , , , , , , , , , , , , , , , , ,	And the second s	5/1	2/20
Coach's signature	(corresponding s	port)		D	ate
Arcle One: Approved	Disapproved	Date:			
A. P. A. A.	Trivilly acce	Dato		the state of the s	
e system and the					
Principal	and the state of t	traped abreliant being migrate and particular	ر. [	Pate	
SBDM Council (If council policy)	عر بالمعادمة والمعادمة وال		~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~		ما الماد
			,	Date	
		50.00 CO.000 CO.000 CO.000		•	
Superintendent as directed by Board			I	late	
(If School-Wide fundraiser)					

	SIDA ALLIKO VAD
School PIKEVILLE HIGH SCHOOL	
Activity Account Golf Boosters	
External Support Aposter Organization Give	TEMM
Name of Fundralser PANTHER: MECK C	ATERS
Sponsor COACH MIKE ROBERTS	
Date Submitted . 5-19-20	Table . Programme and the state of the state
Forpose of fundralsing activity:	
RAISE FUNDS FOR INDOOR G	OUT FACILITY
- WHEE 18402 - OK 11000K CA	NOT PROJECTLY
Items to be sold:	
PERSONAUZED PANTHER NEC	K GATORS
08/ = -	The state of the s
Benediciary of fundralsing activity:	
thevillE. GOLFTERM -	MENSELLOOMEN'S TRAINING EACILITY EQUIPMENT
Date(s) scheduled:	of the state of th
JUNE 1 UNTIL FL	IRTHER NOTICE
Names of adult annervisors of activity (chaperones, custo	dians, etc.)1
PEGGY RACHICK-JUSTICE BOOSTE	
PEGGY TIRDICK - DUSINE, EDISIE	R FRESIDENT
· · · · · · · · · · · · · · · · · · ·	
Athletic Fundralser	Yes No
Eyes, sportinvolved: GOLF	
Corresponding sport participating in fundraiser?	Yes I No IN
· Michael Roberto proof	
. Coach's signature (topresponding sp	ore) Date 5-19-20
Arole One: Approved Disapproved	Dates
V-LE: 41.4	solo med framewood of the solo
マルプロ 製造	TOTAL TAY COMMENT OF THE PARTY
Principal .	Nate
	General August Plant Lancel, Ac.
EBOM Consell (Heometh policy)	American production of the second
. conder continue to confirm botton	Date
Superintendent as directed by Board	Date
(li School-Wilde Kondraiser)	The second secon

School Pikeville	High School			
Activity Account National	Honor Socie	Ay		
External Support/Booster Organization		, , , , , , , , , , , , , , , , , , , ,		
Name of Fundraiser Alumn	Tec Shirts			
Sponsor tom Ash		aligh, ka abgus a saligh di mahiya ka ang paka dh. 1 di miliya di dh. hak a mar e di miliy di ƙasar ya da il	Service Simulation of	
Date Submitted 5-26-202		to the second se	man de la companya de	
Purpose of fundraising activity:			market and and	
	when Have	Takin Si		Ml. Sas
To cover cost of Se amal to increase bac	1: 0 1	1 racking ser	Vice -	Masice se
amed to Increase bac	Kyp Find 1	or Students	mn	eed
Items to be sold:	45			
Coston Tees to N.	IK Olimas			
Con on 100 10 10	72/7/WMIN		<del>, , , , , , , , , , , , , , , , , , , </del>	
	·	Andrews and Andrew	<del></del>	· · · · · · · · · · · · · · · · · · ·
Beneficiary of fundraising activity:				
OHE-1/45 MI L.	CAI to A	4		011
PHS-NHS All active Date(s) scheduled: Paying for	Jules 5	hose was	may ne	ell help
Date(s) scheduled: Pagins for	of production S	to les		6.7
/				
July 2020 - June	2021		- 11 - Care 4 - 112	many many many many many many many many
Names of adult supervisors of activity (ch	merones, custodians, a	etc.):		
- 11	the are a second construction of			
Tom Hobbury		-	· · · · · · · · · · · · · · · · · · ·	
-				and the second
Athletic Fundraiser			Yes T	No X
	* 11. 11. 11. 11. 11. 11. 11. 11. 11. 11	· · · · · · · · · · · · · · · · · · ·	- And Inches	A
If yes, sportinvolved:		<del></del>	- Andrews	- Allender
Corresponding sport participating in fund	raiser?		Yes	No X
man and a second and	olicing or the state of the sta			يستري يستدم و يريونوا يتبسون يسيون يا يوان المناز ويستون يسترون مد
. Coach's signature (c	orresponding sport)			ate
Circle Oue: Approved	Disapproved Dat	B)		
t" of 1 t				The same on Assault B. C.
Principal	and the second section of the section of t	D	ate	and the state of t
				1000
SBDM Council (If council policy)	and the state of t	Tt.	ate	
		л;		
Superintendent as directed by Board		D	ate	and the same of th

School PIKEVILLE HIGH	School		111_6_•
Activity Account Gal BOO			
External Support/Agoster Organiza	.,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		
	The state of the s		
Sponsor CCACH MIKE	RASK	- Water and the same and the sa	
Date Submitted . 5-14-2	0	ليبهنس	
Parpose of fundralsing activity:			4
RAISE FUNDS FOR 1	NDOOR GOLF FACILITY		
Items to be sold:			
PROSANALIZED PANTA	IER FACE MASKS (NON	1-MEDCA	CRADE
	100	min-picite	- 400
····	· · · · · · · · · · · · · · · · · · ·	·····	•
Beneficiary of fundralsing activity:			
PREMIE GOLF	FAM - MENS & WOINEU	le.	
•	ERM TOOL COME	<u> </u>	
Date(s) scheduled:		•	
JUNE !-	UNTIL FURTHER NOTICE		
Names of adult enpervisors of activity (			
LEGGY KASNICK-DUSTI	CE BOSTER PRESIDENT	•	
		tra ili	
		1 week	majoran page
Athletic Fundraiser		Yes	No
If yes, sport involved: GOLF			
Corresponding sport participating in fi		X63	No I
· Michael Roberts	2 brist	7	
. Coach's signatur	e (corresponding sport)	D	ate 5-4-30
Circle One: Approved	Disapproved Dates		The Land
100	22/4	~ <del>~~</del>	
. 100			V. Van Lüdeve
Pr.in cipal		Date	
			grant though he
EHDM Council (If council policy)		Date	
Annual contraction of traction		many and many the	
Superintendent so directed by Board		Dafe	
(If School-Wide Londraiser)			



### EXTRA DUTY POSITIONS 2019-2020



Academic Coach - High	Collan McCoy
Academic Coach - Jr. High	Laura Cooley
Archery Coach	Scott Hopkins
Assistant Academic Coach - High	Sherry Lane
Assistant Academic Coach - Jr. High	Jordan Johnson
Assistant Athletic Director	Chris McNamee
Assistant Baseball Coach (Level 5)	Matt Walls
Assistant Baseball Coach (Level 5)	Lukas Burchett
Assistant Boys Basketball Coach (Level 2)	Greg Newsome
Assistant Boys Basketball Coach (Level 5)	Jonah Justice
Assistant Boys Basketball Coach (Level 5)	Frosty Davis
Assistant Boys Soccer Coach	OPEN
Assistant Cheerleading	Cassidy Coleman
Assistant Cross Country	Mary Jeanette Belcher
Assistant Football Coach (Level 2)	Brad Allen
Assistant Football Coach (Level 2)	Steven Davis
Assistant Football Coach (Level 2)	Paul Sullivan
Assistant Football Coach (Level 5)	Steve Johnson
Assistant Girls Basketball Coach (Level 2)	Robert Orem
Assistant Girls Basketball Coach (Level 5)	Derek Dotson
Assistant Girls Basketball Coach (Level 5)	Derek Dotson
Assistant Girls Soccer Coach	Abby Johnson
Assistant Softball Coach (Level 5)	Stevin Howard
Assistant Softball Coach (Level 5)	Stephanie Anderson Gallant
Assistant Tennis Coach	John Gallo
Assistant Track Coach - High School	Stephen Davis
Assistant Volleyball	Tauni Justice
Athletic Director	Kristy Orem
Band Director	Scott Bersaglia
Cooking Team	Kelly Scott
Cross Country Coach	Adam Collins
Dance Coach	Chelsea Taylor
Drama Performances	Rebecca King/Susan Kennon/Bambi Johnson
BETA Club	Mary Ann Prater
Golf Coach - Boys	Mike Roberts
Golf Coach - Girls	Mike Roberts
Head Baseball Coach	Shane Simpkins
Head Boys Basketball Coach	Elisha Justice



### EXTRA DUTY POSITIONS 2019-2020



Head Girls Soccer Coach	Amanda Hartsock
Head Boys Soccer Coach	Francisco Gamero
Head Football Coach	Chris McNamee
Head Girls Basketball Coach	Kristy Orem
Head Softball Coach	Brandi Jo Howard
Head Track Coach	Paul Sullivan
Junior Class Sponsor/Prom	Susan Huffman
Junior High Baseball	Robert Wright
Junior High Boys Basketball	Billy Rowe
Junior High Cheerleading Coach	Michelle Scott
Junior High Dance Coach	Brandy Tackett
Junior High Football	Matt Branham
Junior High Girls Basketball	Robert Orem
Junior High Pep Club	Kinsey Ratliff
Junior High Softball	Shane Carr
Junior High Track	Blake and Kelly Keathley
Junior High Volleyball	Jason Clark
National Honors Society	Tom Asbury
Pep Club Sponsor	Susan Huffman
Public Relations	Mary Ann Prater
Speech Coach	OPEN
Student Council Sponsor	Dawn Stewart
Tennis Coach	Jordan Johnson
Varsity Cheerleading	Kandice Branham
Volleyball Coach	Jason Clark
Wrestling Coach	Jody Holland
Yearbook Sponsor	Susan Huffman



### EXTRA DUTY POSITIONS 2020-21



L	Laura Cooley
Academic Coach - Jr. High	OPEN
Archery Coach	Scott Hopkins
Assistant Academic Coach - High	Jordan Johnson
Assistant Academic Coach - Jr. High	<u>OPEN</u>
Assistant Athletic Director	Chris McNamee
Assistant Baseball Coach (Level 5)	Matt Walls
Assistant Baseball Coach (Level 5)	Lukas Burchett
Assistant Boys Basketball Coach (Level 2)	Greg Newsome
Assistant Boys Basketball Coach (Level 5)	Jonah Justice
Assistant Boys Basketball Coach (Level 5)	Frosty Davis
Assistant Boys Soccer Coach	OPEN
Assistant Cheerleading	Cassidy Coleman
Assistant Cross Country	Tony Whited
Assistant Football Coach (Level 2)	Brad Allen
Assistant Football Coach (Level 2)	Steven Davis
Assistant Football Coach (Level 2)	Paul Sullivan
Assistant Football Coach (Level 5)	Steve Johnson
Assistant Girls Basketball Coach (Level 2)	Robert Orem
Assistant Girls Basketball Coach (Level 5)	Derek Dotson
Assistant Girls Basketball Coach (Level 5)	Derek Dotson
Assistant Girls Soccer Coach	Abby Johnson
Assistant Softball Coach (Level 5)	Stevin Howard
Assistant Softball Coach (Level 5)	Stephanie Anderson Gallant
Assistant Tennis Coach	John Gallo
Assistant Track Coach - High School	Stephen Davis
Assistant Volleyball	Tauni Justice
Athletic Director	Kristy Orem
Band Director	Scott Bersaglia
Cooking Team	Kelly Scott
Cross Country Coach	Elisha Justice
Dance Coach	Chelsea Taylor
Drama Performances	Rebecca King/Susan Kennon/Bambi Johnson
BETA Club	Mary Ann Prater
Golf Coach - Boys	Mike Roberts
Golf Coach - Girls	Mike Roberts
Head Baseball Coach	Shane Simpkins
Head Boys Basketball Coach	Elisha Justice



### **EXTRA DUTY POSITIONS 2020-21**



Head Girls Soccer Coach	Amanda Hartsock
Head Boys Soccer Coach	Francisco Gamero
Head Football Coach	Chris McNamee
Head Girls Basketball Coach	Kristy Orem
Head Softball Coach	Brandi Jo Howard
Head Track Coach	Paul Sullivan
Junior Class Sponsor/Prom	Susan Huffman
Junior High Baseball	Robert Wright
Junior High Boys Basketball	Billy Rowe
Junior High Cheerleading Coach	Michelle Scott
Junior High Dance Coach	OPEN
Junior High Football	Matt Branham
Junior High Girls Basketball	Robert Orem
Junior High Pep Club	Kinsey Ratliff
Junior High Softball	Shane Carr
Junior High Track	Blake and Kelly Keathley
Junior High Volleyball	Jason Clark
National Honors Society	Tom Asbury
Pep Club Sponsor	Susan Huffman
Public Relations	Mary Ann Prater
Speech Coach	OPEN
Student Council Sponsor	Dawn Stewart
Tennis Coach	Jordan Johnson
Varsity Cheerleading	Kandice Branham
Volleyball Coach	Jason Clark
Wrestling Coach	Jody Holland
Yearbook Sponsor	Susan Huffman

Dept/Teacher	Budget	Spent	End	cumbered	Available
7th Grade	\$2,000.00	\$ 1,556.70	\$	-	\$ 443.30
8th Grade	\$1,700.00	\$ 1,270.27	\$	-	\$ 429.73
Art	\$ 4,000.00	\$ 3,709.44	\$	-	\$ 290.56
Band	\$ 2,000.00	\$ 2,000.00	\$	-	\$ -
Business	\$ 500.00	\$ 312.99	\$	-	\$ 187.01
Chorus	\$ 1,000.00	\$ 850.86			\$ 149.14
Drama	\$ 1,500.00	\$ 1,217.70	\$	-	\$ 282.30
Fine Arts	\$ 1,000.00	\$ 595.04	\$	-	\$ 404.96
Gifted & Talented	\$ 500.00	\$ 189.33			\$ 310.67
Guidance Counselor	\$ 1,000.00	\$ 1,110.87	\$	-	\$ (110.87)
Health/PE	\$ 500.00	\$ 504.84	\$	·=	\$ (4.84)
Technology	\$ 4,000.00	\$ 2,002.08	\$	457.41	\$ 1,540.51
Language Arts	\$ 1,500.00	\$ 634.58	\$	-	\$ 865.42
Library	\$ 12,000.00	\$ 10,615.46	\$	_	\$ 1,384.54
Math	\$ 2,000.00	\$ 842.46	\$	208.00	\$ 949.54
Science	\$3,000.00	\$ 2,288.03	\$	22.92	\$ 689.05
Social Studies	\$ 1,500.00	\$ 552.55	\$	-	\$ 947.45
Special Education	\$ 1,000.00	\$ 686.32	\$	-	\$ 313.68
STLP	\$ 750.00				\$ 750.00
Office					
Copier	\$ 22,900.00	\$ 17,751.84	\$	5,208.68	\$ (60.52)
Postage	\$2,500.00	\$ 319.25	\$	757.25	\$ 1,423.50
Paper	\$ 5,000.00	\$ 4,894.40	\$	-	\$ 105.60
Supplies	\$ 5,000.00	\$ 4,346.09	\$	2,245.00	\$ (1,591.09)
Technology Equipment	\$ 1,000.00	\$ -	\$	1,579.00	\$ (579.00)
Medical Supplies	\$ 500.00	\$ 224.66	\$	-	\$ 275.34
Other*	\$6,122.00	\$ 5,584.93	\$	-	\$ 537.07
Detention/Sat School	\$2,500.00	\$ 1,654.74			\$ 845.26
Substitutes(Certified)	\$2,234.00	\$ 161.90			\$ 2,072.10
Drivers/Subs (Classified)	\$1,800.00	\$ 283.85			\$ 1,516.15
	\$ 91,006.00	\$ 66,161.18	\$ 1	L0,478.26	\$ 14,366.56

*KASC Membership		\$ 420.00	\$ -
*Emeeting		\$ 500.00	\$ -
*Travel Booher Gov Sch Louisville		\$ 184.80	\$ -
*Street Banners		\$ 1,610.00	\$ -
*Travel Booher KASC		\$ 117.60	\$ -
*Renaissance star reading/math		\$ 1,300.00	\$ -
*Naiviance Subscription		\$ 1,285.00	
*Lodging KASA Meeting		\$ 167.53	\$ -
		\$ 5,584.93	\$ -



### Proposed 6 Period Day For 2020-2021 School Year



### **High School Schedule**

1<sup>st</sup> Period 8:10 - 9:10

2<sup>nd</sup> Period 9:15 - 10:15

3<sup>rd</sup> Period 10:20 - 11:20

4<sup>th</sup> Period 11:25 - 12:50

A Lunch 11:20 - 11:50

B Lunch 12:20 - 12:50

5<sup>th</sup> Period 12:55 - 1:55

 $6^{th}$  Period 2:00 – 3:00

### **Junior High Schedule**

1st Period 8:10 - 9:10

2<sup>nd</sup> Period 9:15 - 10:15

3<sup>rd</sup> Period 1<sup>st</sup> Half of 3<sup>rd</sup> Period 10:20 - 10:45

Lunch 10:45-11:15

 $2^{nd}$  Half of  $3^{rd}$  Period 11:15 - 11:45

4<sup>th</sup> Period 11:50 - 12:50

5<sup>th</sup> Period 12:55 - 1:55

 $6^{th}$  Period 2:00 – 3:00



# Covid-19 Return to Participation in Sports and Sport-Activities Guidance for High Schools and Middle Schools Effective June 1, 2020

## FOUNDATIONAL PRINCIPLES

BACKGROUND.

- activity protocols in accordance with state and county restrictions. It allows for a coordinated reopening following the initial stay at home orders and may also be used if conditions dictate the need for increased restrictions in the future. This document is intended to provide guidance for KHSAA member schools and affiliated member schools to consider with their stakeholders in designing return-to-
- practical, acceptable, and tailored to the needs of each community." From the CDC, (May 19, 2020 in referring to its Consideration for Schools) all schools should remember that, "Implementation should be guided by what is feasible,
- Each sports-specific list of allowances within the four segments defined thus far by the Governor are listed in the table below.
- The entirety of the content of the Governor's original order is listed at the end of this document, and also online at https://go.aws/2XfCZy8.
- This document recognizes that throughout this pandemic, the situation has been extremely fluid, and to say it is ever-changing would be an understatement

AUTHORITY, APPLICATION AND SPECIFIC ACTIONS

- Education. On Friday, May 22, the Governor of the Commonwealth issued guidance for the restart of youth sports, including a timeline for activity for the period The KHSAA, though formed as a private entity, is a state actor within the context of KRS 156.070 and 702 KAR 7:065 as the designee of the Kentucky Board of
- While the KHSAA can autonomously act in some areas, as a state actor, it cannot override an order of the Governor without significant risk. As such, the first action of between June 15 and the end of June.
- the Board was to adopt a position statement complying with the Governor's orders as we attempt a restart of sports and sport-activities in the Commonwealth. The Board of Control affirmed at its meeting on May 28 that for the periods defined within any published order of the Governor during this pandemic, all KHSAA timelines must not contradict and shall be congruent with such order(s).
- schools in most fall sports, and stipulated middle schools in football as well). Monitoring of these guidelines is solely at the local level prior to the beginning on any practice periods for specific seasonal competition (i.e. normally July 15 for high
- Reports of violations will be reported to local school authorities for action as a matter of institutional control, as well as, if appropriate, the KYcovid19 violation reporting hotline for further administration.
- confirmed that there will be no waiver of this requirement and that all students continue to be required have such exam performed and signed by a physician, physician At its meeting on May 28, 2020, the Board of Control confirmed by a unanimous vote that KRS 156.070 gives it no authority to waive the annual physical exam and
- assistant, advanced practice registered nurse, or chiropractor (if performed within the professional's scope) prior to participation including practice. At its meeting on May 28, 2020, the Board of Control confirmed by majority vote to approve the waiver of Bylaw 24, Sec. 3 (Dead period) for 2020 only in order to comply with the Governor's Youth Sports order issued May 22, 2020.

IMPORTANT OF RESTARTING ATHLETIC AND SPORT-ACTIVITIES TO THE WELL BEING OF CHILDREN AND ADULTS

- The KHSAA and all state high school associations believe it is essential to the physical and mental well-being of students to return to physical activity and athletic
- across the state. There will also likely be variation in what sports and activities are allowed over the next few months. The KHSAA and all state high school associations recognize that all Kentucky students may be unable to return to - and sustain - athletic activity at the same time
- While recognizing that district-to-district reopening may lead to perceived inequities, the KHSAA and all state high school associations advocate for returning students
- the athlete and the coach in light of this pandemic. Even more important Is the strong relationship that exists between most players and their coaches, a relationship which likely has never been more important to both
- The coach is integral in monitoring the health and well-being of all participants and school coaches, due to their immense amount of required education and training. In order to serve as a coach, they are in a unique position to help determine if additional guidance or alternative steps are needed to ensure each participant begins the process of recovery from the physical, mental, psychological and other aspects of this pandemic.

## COVID-19 GENERAL CONSIDERATIONS

- Prior to allowing use of facilities, schools and other sports organizations should review facility use agreements, especially in the areas of sanitation requirements and
- guidance and the KHSAA and all state high school associations will disseminate more information as it becomes available. Limited testing availability, lack of resources for contact tracing, and expanding knowledge of COVID-19 transmission could all result in significant changes to this
- viral transmission. "Vulnerable individuals" are defined by the CDC as people age 65 years and older and others with serious underlying health conditions, including Administrators and coaches must emphasize the need for all coaches and participants who have signs or symptoms of illness to stay home when ill to decrease risk of other conditions requiring such therapy. high blood pressure, chronic lung disease, diabetes, obesity, asthma, and those whose immune systems are compromised such as by chemotherapy for cancer and
- in students being deconditioned for several months. The intensity and duration of training should be moderated upon return and thus the reason for a step-wise Current pre-season conditioning and acclimatization models assume that athletes have deconditioned during the stay at home orders. The current pandemic may result
- Parents should be directed to all available research and guidance if they have participation questions about their sons or daughters
- Due to the near certainty of recurrent outbreaks in the coming months, schools and other sports organizations must be prepared for periodic school closures and the possibility of some teams having to isolate for two or more weeks while in-season.

# FURTHER ACTIONS BY THE BOARD OF CONTROL

- season, and parameters for the cancellation or premature ending to post-season events/competitions will be ongoing. Development of additional and future policies regarding practice and/or competition during temporary school closures, the cancellation of contests during the regular
- At a point in time in the summer, additional decisions will be made regarding an official start for specific fall sports practices Stages and segments are in accordance with guidelines published by the Commonwealth of Kentucky and are subject to change

# GENERAL GUIDANCE AREAS OF CONSIDERATION

### NOTE REGARDING GYMNASIUMS

As of this date (May 28, 2020), no openings have been allowed or announced for gymnasiums. Any reference to the opening of gyms at this time refers to fitness centers. This document will be updated when additional directives are issued by the Governor

### FACILITIES CLEANING

- weight room equipment, bathrooms, athletic training room tables, etc.). Prior to an individual or groups of individuals entering a facility, hard surfaces within that facility should be wiped down and sanitized (chairs, furniture in meeting rooms,
- Individuals should wash their hands for a minimum of 20 seconds with warm water and soap or hand sanitizer before touching any surfaces or participating in
- Hand sanitizer should be plentiful and available to individuals as they transfer from place to place
- Appropriate clothing/shoes should be worn at all times to minimize sweat from transmitting onto equipment/surfaces
- Any equipment such as weight benches, athletic pads, etc. having holes with exposed foam should be covered
- Students must be encouraged to shower and wash their workout clothing immediately upon returning to home

### **ENTRANCE/EXIT STRATEGIES**

LIMITATIONS ON GATHERINGS Consider strategies to prevent groups from gathering at entrances/exits to facilities to limit crossover and contact, including staggering starting/ending times

- No gathering of more than 10 people at a time (inside or outside) prior to June 29
- Workouts should be conducted in "pods" of students with the same 5-10 students working out together weekly to limit overall exposures
- Smaller pods can be utilized for weight training.
- There must be a minimum distance of 6 feet between each individual at all times.
- If this is not possible indoors, then the maximum number of individuals in the room must be decreased to obtain a minimum distance of 6 feet between each individual.
- All coaches and students should be screened daily for signs / symptoms of COVID-19 prior to participating, including a temperature check. Anyone with a temperature of 100.4 degrees should not participate and be sent home.
- Responses to screening questions for each person should be recorded and stored
- Any person with positive symptoms reported should not be allowed to participate, should self-isolate, and contact their primary care provider or other health-care

Vulnerable individuals should not supervise or participate in any workouts

- State, local or school district guidelines for cloth face coverings should be strictly followed with no deterrents against those who desire to wear them.
- Cloth face coverings should be considered acceptable.
- There is no need to require or recommend "medical grade" masks for physical activity
- Any student who prefers to wear a cloth face covering should be allowed to do so.
- Plastic shields covering the entire face will not be allowed during participation due to the risk of unintended injury to the person wearing the shield or others
- Coaches, officials and other contest personnel may wear cloth face coverings at all times and are strongly encouraged to wear cloth face coverings especially
- whenever physical distancing is not possible. (Artificial noisemakers such as an air horn or a timer system with an alarm can be used to signal in place of a traditional

### HYGIENE PRACTICES

- Wash your hands with soap and water or use hand sanitizer, especially after touching frequently used items or surfaces
- Sneeze or cough into a tissue, or the inside of your elbow. Avoid touching your face.
- Disinfect frequently used items and surfaces as much as possible.
- Strongly consider using face coverings while in public, and particularly when using mass transit

### HYDRATION/FOOD

fountains, etc.) should not be utilized. All students must bring their own water bottle. Water bottles must not be shared. Food should not be shared. Hydration stations (water cows, water trough, water

# SPECIFIC WEIGHT ROOM GUIDANCE DURING ALL SEGMENTS

- should be followed when conducting voluntary strength and conditioning sessions: Prioritizing the health and safety of all students and staff should remain the focus of each KHSAA member school and affiliated middle school. These requirements
- Schools should be guided by the information contained in state guidance for fitness centers/gyms (not gymnasiums) but gyms that are permitted to reopen on June
- It is the responsibility of each KHSAA member school to comply with the above requirements
- Each person entering the facility should have their temperature checked upon arrival with any individual with a temperature registering 100.4 degrees or above not be permitted to stay
- Hands should be washed or hand sanitizer used prior to entering the facility and touching any equipment
- Restrooms if opened should be sanitized before use and at the conclusion of the workout
- 2 people maximum on any one piece of equipment
- Spotters should wear a mask or cloth face covering
- Maintain social distance by being 6 feet apart
- Follow gathering CDC and state guidelines for groups of 10 or less students
- Groups of 10 or less should be pre-determined
- Once groups determined, students may not switch from one group to another
- Interaction between groups must be avoided
- Sessions can only include weightlifting, running, and exercises designed to promote physical fitness.
- Sport-specific drills are not permitted unless permitted during that time frame by the Governor's order, and sport-specific equipment may not be used
- Implement diligent and effective cleaning and disinfecting of frequently touched objects and surfaces following the guidance of the CDC
- Each piece of equipment should be disinfected between each user of the equipment Hands should be washed or hand sanitizer used every 30 minutes
- Any equipment used should be disinfected every 30 minutes
- Coaches or other supervisory adults should wear a mask or cloth face covering No shared hydrating bottles, towels, gloves, or any other personal equipment is permitted

	governed by the Governor's	conditioning as well as	such activity is conducted and	
	other fishing events) shall be	development and general		
	Participating in Bass Fishing (or	development and general	All published social distancing	
	EXCET ION	Sessions must focus on skill	but no practices are allowed	
		plavers per side.	to-face contact with students.	
	be unlimited.	variations in the number of	representatives can have face-	
	(whether or not coaching) shall	game competition, including	<ul> <li>School coaches and</li> </ul>	
	presence of a school coach	<ul> <li>All activity may not simulate</li> </ul>	meetings may be conducted.	
	participants with or without the	conducted	However, in person, face to face	
	enrolled or formerly rostered	competition cannot be	Governor's order on youth sport.	
	Off campus participation by	<ul> <li>Competition or simulated</li> </ul>	simulated competition) per the	
	inclusion on a future roster	for inclusion on a future roster	practice and competition (or	
	No activity can be a condition for	<ul> <li>No activity can be a condition</li> </ul>	<ul> <li>Restrictions remain in place for</li> </ul>	
	for failure to attend	for failure to attend	guidance.	\$22
	voluntary without repercussion	voluntary without repercussion	compliance with all other	
	All involvement by students is	All involvement by students is "	guidelines developed in	
	of sport.	for this type of sport.	adhere to adopted local	
	Youth Sport Orders for this type	Governor's Youth Sport Orders	school or school system to	
	that complies with the Governor's	that complies with the	and analyzing the ability of the	
	Coaches may conduct activity	<ul> <li>Coaches may conduct activity</li> </ul>	communication as necessary,	
	requirements	supplemented requirements	share plans and a process for	
	ally locally supplemented	Guidelines, and any locally	local Health Department to	
	22 Toutil about Guidelines, and	Ill the May ZZ Touth Sports	guidelines as well as contacting	
	22 Volith Sports Guidelines and	in the May 23 Venth Sports	other cleaning supplies per CDC	
	as well as all Covering of	CDC guidance as well as the	appropriate rrn, signage and	
	as well as the Governor's	CDC gridance as well as the	Silouid de di acquiiiig	***
	shall include the CDC quidance	Distancing shall include the		
	references to Social Distancing	all references to Social	affiliated member schools and	
	such activity is conducted and all	such activity is conducted and	- English of member schools and	2
	guidelines should be required if	auidelines should be required if	the local health department.	Field
	All published social distancing	All published social distancing	Schools and in consultation with	Track and
	health department.	the local health department.	through the Superintendent of	Tennis
,	and in consultation with the local	Schools and in consultation with	the local board of education	Softball
	the Superintendent of Schools	through the Superintendent of	campus must be approved by	Golf
	local board of education through	the local board of education	(or affiliated middle school)	Cross Country
	campus must be approved by the	campus must be approved by	All activity on a member school	Bass Fishing
	(or affiliated middle school)	(or affiliated middle school)	to I ocal School System Control.	Raseball
	All activity on a member school	All activity on a member school	Coronavirus Dead Period Shifts	nutdoor,
TBD	SEGMENT DARAMETERS	SECMENT BABAMETERS	DED WENT DADAMETEDS	
middle schools				
schools and affiliated	schools	middle schools		
KHSAA member high	schools and affiliated middle	schools and affiliated		
Governor)	KHSAA member high	KHSAA member high	middle schools	
altered by the	Governor)	Governor)	schools and affiliated	
(unless further	further altered by the	further altered by the	KHSAA member high	GUIDELINES
July 13 to July 31	June 29 to July 12 (unless	June 15 to June 28 (unless	June 1 to June 14	ADDITIONAL
Segment 4	Segment 3	Segment 2	Segment 1	KHSAA

		Esports Swimming and Diving	Low touch, indoor Archery	
However, in person, face to face meetings may be conducted.  School coaches and representatives can have face-to-face contact with students, but no practices are allowed.	and analyzing the ability of the school or school system to adhere to adopted local guidelines developed in compliance with all other guidance.  Restrictions remain in place for practice and competition (or simulated competition) per the footened to the standard of the	campus must be approved by the local board of education through the Superintendent of Schools and in consultation with the local health department.  Coronavirus Dead Period Shifts to Local School System Control.  Focus should be on acquiring appropriate PPE, signage and other cleaning supplies per CDC guidelines as well as contacting local Health Department to share plans and a process for communication as necessary.	Distancing small include the CDC guidance as well as the Governor's guidance contained in the May 22 Youth Sports Guidelines, and any locally supplemented requirements.  EXCEPTION  Participating in Bass Fishing (or other fishing events) shall be governed by the Governor's guidelines for conducting tournaments that is effective June 1, 2020, listed at <a href="https://go.aws/2ZJ0rW5">https://go.aws/2ZJ0rW5</a> SEGMENT PARAMETERS  All activity on a member school (or affiliated middle school)	all references to Social
<ul> <li>for this type of sport.</li> <li>All involvement by students is voluntary without repercussion for failure to attend</li> <li>No activity can be a condition for inclusion on a future roster</li> </ul>	Distancing shall include the CDC guidance as well as the Governor's guidance contained in the May 22 Youth Sports Guidelines, and any locally supplemented requirements Coaches may conduct activity that complies with the Governor's Youth Sport Orders	segment parkametrers  is forthcoming  SEGMENT PARAMETERS  All activity on a member school (or affiliated middle school) campus must be approved by the local board of education through the Superintendent of Schools and in consultation with the local health department.  All published social distancing guidelines should be required if such activity is conducted and	Sessions may focus on weight training provided the guidance for weight training rooms is compliant.  EXCEPTIONS Participating in Bass Fishing (or other fishing events) shall be governed by the Governor's guidelines for conducting tournaments that is effective June 1, 2020, listed at <a href="https://go.aws/2ZJJ0rW5">https://go.aws/2ZJJ0rW5</a> NOTES Additional guidance and accommodation for competition in all goods and sport activities.	instruction without game
<ul> <li>of sport.</li> <li>All involvement by students is voluntary without repercussion for failure to attend</li> <li>No activity can be a condition for inclusion on a future roster</li> </ul>	shall include the CDC guidance as well as the Governor's guidance contained in the May 22 Youth Sports Guidelines, and any locally supplemented requirements  Coaches may conduct activity that complies with the Governor's Youth Sport Orders for this type	segment and sport-activities is forthcoming  SEGMENT PARAMETERS  All activity on a member school (or affiliated middle school) campus must be approved by the local board of education through the Superintendent of Schools and in consultation with the local health department.  All published social distancing guidelines should be required if such activity is conducted and all sections of the Social Distancing.	https://go.aws/2ZJ0rW5 https://go.aws/2ZJ0rW5  NOTES Additional guidance and accommodation for competition in all sports and sport-activities is	
			TBD	

•	High touch, indoor Basketball Competitive Cheer Dance Volleyball Wrestling	
communication as necessary, and analyzing the ability of the school or school system to adhere to adopted local guidelines developed in compliance with all other guidance.  Restrictions remain in place for practice and competition (or simulated competition) per the Governor's order on youth sport. However, in person, face to face meetings may be conducted. School coaches and representatives can have face-	SEGMENT PARAMETERS  Coronavirus Dead Period Shifts to Local School System Control.  All activity on a member school (or affiliated middle school) campus must be approved by the local board of education through the Superintendent of Schools and in consultation with the local health department.  Focus should be on acquiring appropriate PPE, signage and other cleaning supplies per CDC guidelines as well as contacting local Health Department to	• All published social distancing guidelines should be required if such activity is conducted and all references to Social Distancing shall include the CDC guidance as well as the Governor's guidance contained in the May 22 Youth Sports Guidelines, and any locally supplemented requirements.
all references to Social all references to Social Distancing shall include the CDC guidance as well as the Governor's guidance contained in the May 22 Youth Sports Guidelines, and any locally supplemented requirements. Coaches may conduct activity that complies with the Governor's Youth Sport Orders for this type of sport. All involvement by students is voluntary without repercussion for failure to attend. No activity can be a condition for inclusion on a future roster.	NOTES  Additional guidance and accommodation for competition in all sports and sport-activities is forthcoming.  SEGMENT PARAMETERS  All activity on a member school (or affiliated middle school) campus must be approved by the local board of education through the Superintendent of Schools and in consultation with the local health department.  All published social distancing guidelines should be required if	<ul> <li>Competition or simulated competition cannot be conducted</li> <li>All activity may not simulate game competition, including variations in the number of players per side.</li> <li>Sessions must focus on skill development and general conditioning as well as instruction without game formations</li> <li>Sessions may focus on weight training provided the guidance for weight training rooms is compliant.</li> </ul>
local board of education through the Superintendent of Schools and in consultation with the local health department.  All published social distancing guidelines should be required if such activity is conducted and all references to Social Distancing shall include the CDC guidance as well as the Governor's guidance contained in the May 22 Youth Sports Guidelines, and any locally supplemented requirements.  Coaches may conduct activity that complies with the Governor's	NOTES:  Additional guidance and accommodation for competition in all sports and sport-activities is forthcoming.  For wrestling, allowable activities include conditioning, mirror drills with spacing, no contact.  Wrestlers may skill and drill without touching a teammate (as long as physical distancing is adhered to).  SEGMENT PARAMETERS  All activity on a member school (or affiliated middle school)	<ul> <li>Off campus participation by enrolled or formerly rostered participants with or without the presence of a school coach (whether or not coaching) shall be unlimited.</li> <li>EXCEPTION</li> <li>Esports Competition may use campus facilities in accordance with local Board of Education policies</li> </ul>
	TBD	

High touch, outdoor Field Hockey Football Soccer	
Coronavirus Dead Period Shifts to Local School System Control.     All activity on a member school (or affiliated middle school) campus must be approved by the local board of education through the Superintendent of Schools and in consultation with the local health department.     Focus should be on acquiring appropriate PPE, signage and other cleaning supplies per CDC guidelines as well as contacting local Health Department to share plans and a process for communication as necessary, and analyzing the ability of the school or school system to adhere to adopted local guidelines developed in	to-face contact with students, but no practices are allowed. All published social distancing guidelines should be required if such activity is conducted and all references to Social Distancing shall include the CDC guidance as well as the Governor's guidance contained in the May 22 Youth Sports Guidelines, and any locally supplemented requirements.
NOTES In football, no rules specified protective gear (helmets, shoulder pads, extra required gear) may be provided to student athletes. Additional guidance and accommodation for competition in all sports and sport-activities is forthcoming Additional Guidance for Football practices beginning June 15 will be forthcoming SEGMENT PARAMETERS All activity on a member school (or affiliated middle school) campus must be approved by the local board of education through the Superintendent of	<ul> <li>Competition or simulated competition cannot be conducted</li> <li>All activity may not simulate game competition, including variations in the number of players per side.</li> <li>Sessions must focus on skill development and general conditioning as well as instruction without game formations.</li> <li>Sessions may focus on weight training provided the guidance for weight training rooms is compliant.</li> <li>EXCEPTION</li> <li>Tryouts may be conducted (virtually only with the prospective member only) for future Cheer and Dance squads.</li> </ul>
NOTES  • For football, a player should not participate in drills with a single ball that will be handed off or passed to other teammates. Contact with other players is not allowed, and there should be no use of tackling dummies / donuts / sleds • In football, no rules specified protective gear (helmets, shoulder pads, extra required gear) may be provided to student athletes. • Additional guidance and accommodation for competition in all sports and sport-activities is forthcoming • Additional Guidance for Football practices beginning June 29 will be forthcoming	Youth Sport Orders for this type of sport.  All involvement by students is voluntary without repercussion for failure to attend.  No activity can be a condition for inclusion on a future roster.  Competition cannot be conducted in any form.  All activity may not simulate game competition, including variations in the number of players per side.  Sessions must focus on skill development and general conditioning as well as instruction without game formations.  Sessions may focus on weight training provided the guidance for weight training rooms is compliant.  EXCEPTION  Tryouts may be conducted (virtually only with the prospective member only) for future Cheer and Dance squads.
B	

,											supplemented requirements	Guidelines, and any locally	in the May 22 Youth Sports	Governor's guidance contained	CDC guidance as well as the	Distancing shall include the	all references to Social	guidelines should be required if	All published social distancing	but no practices are allowed.	to-face contact with students,	representatives can have face.	meetings may be conducted.  School coaches and	However, in person, tace to tace	Governor's order on youth sport.	simulated competition) per the	practice and competition (or	<ul> <li>Restrictions remain in place for</li> </ul>	guidance.
									8	22	nts	₹ —	rts	tained	the	he 	aid	Jired IT	ncing	/ed.	ents,	face-	led.	to Tace	h sport.	er the	(or	ce for	
	for weight training rooms is compliant.	<ul> <li>Sessions may focus on weight training provided the guidance</li> </ul>	formations	instruction without game	development and general	<ul> <li>Sessions must focus on skill</li> </ul>	players per side	game competition, including	<ul> <li>All activity may not simulate</li> </ul>	competition cannot be	Competition or simulated	for inclusion on a future roster	<ul> <li>No activity can be a condition</li> </ul>	for failure to attend	voluntary without repercussion	<ul> <li>All involvement by students is</li> </ul>	for this type of sport	that complies with the	<ul> <li>Coaches may conduct activity</li> </ul>	supplemented requirements	Guidelines, and any locally	in the May 22 Youth Sports	Governor's quidance as well as the	Distancing shall include the	all references to Social	such activity is conducted and	guidelines should be required if	<ul> <li>All published social distancing</li> </ul>	the local health department.
<ul> <li>formations</li> <li>Sessions may focus on weight training provided the guidance for weight training rooms is</li> </ul>	conditioning as well as instruction without game	Sessions must focus on skill  development and general	variations in the number of	game competition, including	All activity may not simulate	Competition or simulated	inclusion on a future roster	No activity can be a condition for	voluntary without repercussion	<ul> <li>All involvement by students is</li> </ul>	of sport.	Youth Sport Orders for this type	that complies with the Governor's	• Coaches may conduct activity	any locally supplemented	22 Youth Sports Guidelines, and	guidance contained in the May	as well as the Governor's	shall include the CDC guidance	references to Social Distancing	guidelines snould be required if	All published social distancing	health department.	and in consultation with the local	the Superintendent of Schools	local board of education through	campus must be approved by the	All activity on a member school     (or affiliated middle school)	SEGMENT TAXAMETERS