



May 1, 2020

Faith Stroud
Richard Ward
Stuart Academy / Frost Sixth-Grade Academy
4601 Valley Station Road
Louisville, KY. 40272

Dear Principal Stroud & Mr. Ward,

Congratulations! I am very pleased to inform you that the National Foundation for Governors' Fitness Councils (NFGFC) and the Commonwealth of Kentucky have selected Stuart Academy / Frost Sixth-Grade Academy to become a DON'T QUIT! Champion School. We would like to recognize and support your commitment to physical education by awarding your school a brand new DON'T QUIT! Fitness Center.

Studies show that regular physical activity decreases the risk of chronic diseases associated with obesity, such as diabetes, cardiovascular disease, and cancer. Physical activity can reduce a student's anxiety and depression, and improve academic performance and self-esteem. The NFGFC is committed to breaking the cycle of childhood obesity by providing schools with new resources to help get students fit. By installing fitness centers in schools, we are making positive systemic changes within entire school communities and improving the long-term well-being of students.

We recognize Stuart Academy / Frost Sixth-Grade Academy as a leader in physical education and wellness. Regardless of the hurdles faced, your school strives to improve its fitness offerings and goals. We want to help you achieve these goals by awarding your school a state-of-the-art fitness center. The fitness center features premium strength training and cardio fitness equipment. The award includes the design, delivery and installation of the equipment. Please note that insurance, maintenance and operating costs will be the responsibility of your school.

First, please sign and return the acceptance form by the date given. Second, a representative from TuffStuff Fitness will contact you soon to schedule a site visit. The intent of this visit will be to verify that your designated room can safely and adequately house a fitness center. The award is contingent upon these two things. Lastly, we will host a ribbon-cutting event at your school in early October (pending COVID-19 status) that will require your cooperation and assistance in organizing.

On behalf of the National Foundation for Governors' Fitness Councils, thank you for your commitment to student fitness! I look forward to working with you and your team.

Respectfully,

A handwritten signature in black ink, appearing to read "Kelly Olin", with a long, sweeping horizontal line extending to the right.

Kelly Olin
NFGFC Director



Insurance and Liability

- The equipment comes with the Tuffstuff Fitness International standard commercial factory warranty and product liability insurance. The school or school district must have additional insurance to cover any theft or damage not covered by warranty.
- Title to the fitness equipment will be vested to the school upon installation.

The National Foundation of Governors' Fitness Councils (NFGFC), its sponsors, employees, agents, contractors and suppliers shall be indemnified and held harmless by your school and/or district against all claims, suits, demands, actions and proceedings, judgments, penalties, damages, costs and expenses (including reasonable legal fees and costs), losses or liabilities ("damages") arising out of the use, operation and functionality of the fitness equipment and any liability claim or other claim for injury or damage done to any person arising out of the use or operation of the fitness equipment.

By signing below, I commit to working with the staff of the National Foundation for Governors' Fitness Councils and Tuffstuff Fitness International to satisfy the terms and conditions of the award set forth above.

School Name:

Stuart Academy / Robert Frost
Sixth-Grade Academy

Signature of Principal:

[Signature] Faith Stow

Date:

5.5.2020

Signature of Superintendent:

Date:



**NATIONAL FOUNDATION FOR GOVERNORS' FITNESS COUNCILS
DON'T QUIT! ® FITNESS CENTER AWARD
AGREEMENT FORM**

Please review this form carefully. To accept the award, please sign, scan and email the form to kelly@natgovfit.org by Friday, May 8, 2020 at 5:00pm Pacific. By signing and submitting this form, your school is agreeing to the terms & conditions set below.

Designated Room

- The room designated for the fitness center must be the same exact room listed on the nomination form and it must fit the description listed on that form.
- The room must be fully secured and pass current public building codes and safety standards.
- The ventilation system must be adequate for students to be using equipment continuously without concern for health issues or overheating.

Room Preparation

- Prior to the installation of your fitness equipment, the school is responsible for preparing the room. This includes: clearing the room of all items (i.e. desks, chairs, wall hangings) and painting the walls.
- Tuffstuff Fitness International will provide 1-3 large wall logos for the fitness center. The school is responsible for affixing the logos to the wall and topping them with a permanent plastic or glass covering.
- After installation, the school must keep the fitness center closed to all students until *after* the ribbon-cutting event.

Delivery and Installation

- The school must coordinate with Tuffstuff Fitness International to schedule site visits, equipment delivery, equipment installation, and staff and student training.
- The school must provide Tuffstuff Fitness International access to park a 40- to 52-foot commercial truck within 50-100 feet of the receiving door. The installation may take up to 6-8 hours during which time the truck must be secured.

Ribbon-Cutting Event

- The NFGFC will host a ribbon-cutting event at the school. The school must be flexible and coordinate with the NFGFC to schedule this event.
- The school must commit to having the *entire* student body in attendance. The school is responsible for acquiring permission for the NFGFC to use the names, pictures, and video images of all attendees.
- The school agrees to put together a small task force to assist the NFGFC in event preparation. The task force should include the principal, physical education teachers, a facility lead, and a PR lead.
- Responsibilities of the school task force include: participating in teleconference calls, managing event invitations (e.g. creating an invitee list, emailing invitations, collecting RSVPs), and implementing the event preparation and setup as agreed upon. *The task force must meet all deadlines set forth by the NFGFC.*