

Nutrient Analysis

Averaged over the course of a week, lunch menus offered in our schools provide the following:

Nutrient	Target*	Actual
Calories	785	782
Iron (Mg)	4.2 Mg	3.07 Mg
Calcium (Mg)	370 Mg	468.8 Mg
Vitamin A (RE)	285 RE	499 RE
Vitamin C (Mg)	17 Mg	37.11 Mg
Protein (G)	15 G	26.16 G
Total Fat (G)	30% of Calories	21.98%
Saturated Fat (G)	10% of Calories	8.12%

*Grades 4-12



Physical Activity & Achievement

Schools play a crucial role in influencing physical activity behaviors. Sound curriculum, policies, and facilities create an environment encouraging students and staff to engage in a variety of physical activity opportunities. Evidence supports a correlation between SAT scores and the physical well-being of students.

Intense physical activity programs have positive effects on academic achievement, including increased concentration; improved mathematics, reading, and writing test scores; and reduced disruptive behavior.

-- Curricular Physical Activity and Academic Performance, *Pediatric Exercise Science*

"Promoting healthy and safe behaviors among students is an important part of the fundamental mission of schools."

School Health Index-Centers for Disease Control (CDC)

School Physical Activity Environment Assessment			
Program/activity	Elem	Middle	High
Provide daily recess	100%	N/A	N/A
Provide at least 150 minutes of physical education per week	100%	N/A	N/A
Provide at least 225 minutes of physical education	N/A	100%	Fresh -men
Provide classroom physical activity integrated into school day	100%	100%	100%
Provide intramural physical activity opportunities	All	100%	100 %
Offer facilities to families/ community for physical activity opportunities	All	All	All

The data presented above is a summary from the assessment of our physical activity environment.

The food and nutrition department does not deep fry any items. All fries and potato items are baked. We offer whole wheat, lower sodium and low fat items. All of our pizzas contain whole wheat crust. The Gallatin County Nutrition Department's goal is to offer all students healthy and nutritious food to help enable them to better concentrate and excel in their educational goals.



Gallatin County Schools

Nutrition & Physical Activity Report Card

2019



The Gallatin County Schools are dedicated to serving nutritious meals and providing multiple physical activity opportunities as a means of helping our students reach proficiency.

National School Lunch

The National School Lunch Program (NSLP) was conceived in 1946 as a "measure of national security to safeguard the health and well-being of the Nation's children." School districts receive federal reimbursement for each school lunch served that meets the United States Department of Agriculture nutrition guidelines. These guidelines promote meal quality while commodity donations help the farmer and help schools keep down meal prices.

Our lunch meals are planned on a two-week menu cycle. Federal regulations require that we offer minimum portion sizes of meat, fruit and/or vegetable, grains/breads and fluid milk during every lunch meal service. The portion sizes are designed to meet the needs of growing children and, as a rule, we increase the sizes as the children grow older. Whole grains are offered every day and we offer fresh fruits and vegetables every day. Students are allowed to serve themselves all the fresh fruits and vegetables they will eat. The menu cycle provides for variety and allows us to make the most efficient use of the donated commodities, especially seasonal fresh fruits. We offer, 1% and skim milk, as well as 100% fruit and vegetable juices.

An analysis of our lunch menus is found elsewhere in this report card.

The table below provides a synopsis of the lunch program, including participation and financial data.

Federal Reimbursement	\$699,742.83
# Schools Participating	4
Total Lunches Served	209,567
Average Daily Participation	1204
Cost of Food Used	\$453,541.48
# Students Approved for Free Meals	ALL STUDENTS
# Students Approved for Reduced-price Meals	0
# Students approved for Paid Meals	0
Lunch Prices	Adult: 3.50 CEP - ALL STUDENTS EAT AT NO CHARGE

School Breakfast

The School Breakfast Program (SBP) was established in 1966. School districts receive federal reimbursement for each school breakfast served that meets the U.S. Department of Agriculture's nutrition guidelines. Studies show that children who participate in the School Breakfast Program have significantly higher standardized achievement test scores than non-participants. Children with access to school breakfast also had significantly reduced absence and tardiness rates.

Due to the great importance of breakfast, Gallatin County Schools offer a second chance breakfast at the Upper Elementary, Middle and High Schools.

Federal Reimbursement	\$332,683.80
# Schools Participating	4
Total Breakfasts Served	155,969
Average Daily Participation	896
Breakfast Prices	Adult Price \$2.50 CEP - ALL STUDENTS EAT AT NO CHARGE



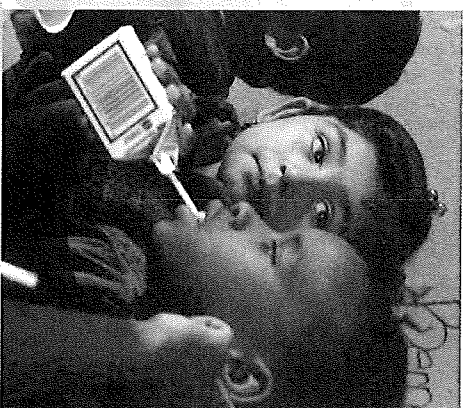
After-School Supper Program

The Supper Program was started in October of 2016. The After-School Supper Program allows students in after-school care programs with regularly scheduled activities to eat supper before departing for home. This program is offered through the Child and Adult Care Food Program.

Federal Reimbursement	\$36,773.62
Total Supper's Served	10,342
Average Daily Participation	101

"Protecting children's health and cognitive development may be the best way to build a strong America."

— Dr. J. Larry Brown, *Tufts University School of Nutrition*



A list of all food and beverage items available to students during the day can be downloaded from our web site at www.ovec.org

Food and beverage items that are sold as extras on the cafeteria lines or through vending machines or school stores all meet the minimum nutritional standards required by the Kentucky Board of Education. These standards are designed to limit access to items with little or no nutrient density. No sales from machines or school stores take place until 30 minutes after the lunch period ends. All other sales of food that does not meet federal regulations does not take place until ½ hour after school.

A USDA study showed students who eat school meals are more likely to consume milk, meats, grain mixtures and vegetables compared to students who did not, including students who brought meals from home. Also, students who eat school meals have higher intakes of some vitamins and minerals, including calcium and Vitamin A – nutrients that tend to be "problem nutrients" for kids.

Cost-wise, schools work very hard to make sure that school meals are a good value. Take a look at the number of items typically offered to students at lunch – an entrée, two servings of fruits and vegetables, a bread or grain item and 8 ounces of milk. It takes a real balancing act to beat that value with a bag lunch.

—National Dairy Council

WellSAT:3.0

Wellness School Assessment Tool

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THE ASSESSMENT TOOL

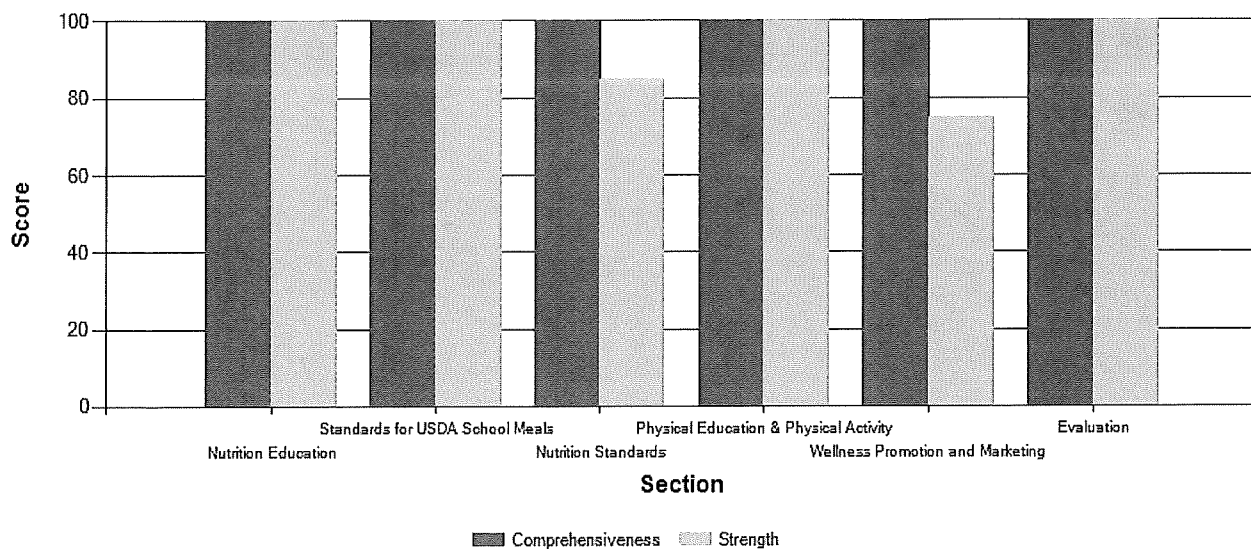
Your District's Scorecard

Congratulations! You have completed the WellSAT. Check out your scorecard below. It contains details of how you scored on each item and section of the assessment. It also provides resources that will help you improve your district's school wellness policy. ♦

Items with a rating of "0" (item not addressed in the policy) or "1" (general or weak statement addressing the item) can be improved by referring to the resource links next to the items. Multiple resources addressing school wellness policy topics are available online. To avoid duplicative information, we have included a small selection, rather than a comprehensive listing.

Version: 3.0


Policy Name: Gallatin County Schools 2019



Section 1. Nutrition Education

Rating






Item ID	Description	Rating
NE1	Includes goals for nutrition education that are designed to promote student wellness.	2
NE2	Nutrition education teaches skills that are behavior focused, interactive, and/or participatory.	2
NE3	All elementary school students receive sequential and comprehensive nutrition education.	2
NE4	All middle school students receive sequential and comprehensive nutrition education.	2
NE5	All high school students receive sequential and comprehensive nutrition education.	2
NE6	Nutrition education is integrated into other subjects beyond health education	2

NE7	Links nutrition education with the school food environment.	2
NE8	 Nutrition education addresses agriculture and the food system.	2
Subtotal for Section 1	Comprehensiveness Score: Count the number of items rated as "1" or "2" and divide this number by 8. Multiply by 100. Do not count an item if the rating is "0."	100
	Strength Score: Count the number of items rated as "2" and divide this number by 8. Multiply by 100.	100

[Click here for Nutrition Education Resources](#)

Section 2. Standards for USDA Child Nutrition Programs and School Meals


Rating






SM1	 Assures compliance with USDA nutrition standards for reimbursable school meals.	2
SM2	Addresses access to the USDA School Breakfast Program.	2
SM3	 District takes steps to protect the privacy of students who qualify for free or reduced priced meals.	2
SM4	Addresses how to handle feeding children with unpaid meal balances without stigmatizing them.	2
SM5	Specifies how families are provided information about determining eligibility for free/reduced priced meals.	2
SM6	Specifies strategies to increase participation in school meal programs.	2
SM7	Addresses the amount of "seat time" students have to eat school meals.	2
SM8	 Free drinking water is available during meals.	2
SM9	 Ensures annual training for food and nutrition services staff in accordance with USDA Professional Standards.	2
SM10	 Addresses purchasing local foods for the school meals program.	2
Subtotal for Section 2	Comprehensiveness Score: Count the number of items rated as "1" or "2" and divide this number by 10. Multiply by 100. Do not count an item if the rating is "0."	100
	Strength Score: Count the number of items rated as "2" and divide this number by 10. Multiply by 100.	100

[Click here for School Food Resources](#)

Section 3. Nutrition Standards for Competitive and Other Foods and Beverages

Rating


NS1	 Addresses compliance with USDA nutrition standards (commonly referred to as Smart Snacks) for all food and beverages sold to students during the school day.	2
NS2	USDA Smart Snack standards are easily accessed in the policy.	2




NS3	 Regulates food and beverages sold in a la carte.	2
NS4	 Regulates food and beverages sold in vending machines.	2
NS5	 Regulates food and beverages sold in school stores.	2
NS6	 Addresses fundraising with food to be consumed during the school day.	2
NS7	Exemptions for infrequent school-sponsored fundraisers.	2
NS8	Addresses foods and beverages containing caffeine at the high school level.	2
NS9	 Regulates food and beverages served at class parties and other school celebrations in elementary schools.	1
NS10	Addresses nutrition standards for all foods and beverages served to students after the school day, including, before/after care on school grounds, clubs, and after school programming.	2
NS11	Addresses nutrition standards for all foods and beverages sold to students after the school day, including before/after care on school grounds, clubs, and after school programming.	1
NS12	Addresses food not being used as a reward.	2
NS13	Addresses availability of free drinking water throughout the school day.	2
Subtotal for Section 3	Comprehensiveness Score: Count the number of items rated as "1" or "2" and divide this number by 13. Multiply by 100. Do not count an item if the rating is "0."	100
	Strength Score: Count the number of items rated as "2" and divide this number by 13. Multiply by 100.	85

[Click here for Nutrition Standards Resources](#)

Section 4. Physical Education and Physical Activity

Rating



PEPA1	 There is a written physical education curriculum for grades K-12.	2
PEPA2	The written physical education curriculum for each grade is aligned with national and/or state physical education standards.	2
PEPA3	Physical education promotes a physically active lifestyle.	2
PEPA4	Addresses time per week of physical education instruction for all elementary school students.	2
PEPA5	Addresses time per week of physical education instruction for all middle school students.	2
PEPA6	Addresses time per week of physical education instruction for all high school students.	2
PEPA7	Addresses qualifications for physical education teachers for grades K-12.	2
PEPA8	Addresses providing physical education training for physical education teachers.	2
PEPA9	Addresses physical education exemption requirements for all students.	2

PEPA10	Addresses physical education substitution for all students.	2
PEPA11	 Addresses family and community engagement in physical activity opportunities at all schools.	2
PEPA12	 Addresses before and after school physical activity for all students including clubs, intramural, interscholastic opportunities.	2
PEPA13	Addresses recess for all elementary school students.	2
PEPA14	 Addresses physical activity breaks during school.	2
PEPA15	Joint or shared-use agreements for physical activity participation at all schools.	2
PEPA16	District addresses active transport (Safe Routes to School) for all K-12 students who live within walkable/bikeable distance.	2
Subtotal for Section 4	Comprehensiveness Score: Count the number of items rated as "1" or "2" and divide this number by 16. Multiply by 100. Do not count an item if the rating is "0."	100
	Strength Score: Count the number of items rated as "2" and divide this number by 16. Multiply by 100.	100

[Click here for Resources on Physical Activity in Schools](#)

Section 5. Wellness Promotion and Marketing

Rating







WPM1	Encourages staff to model healthy eating and physical activity behaviors.	2
WPM2	 Addresses strategies to support employee wellness.	2
WPM3	Addresses using physical activity as a reward.	2
WPM4	Addresses physical activity not being used as a punishment.	2
WPM5	Addresses physical activity not being withheld as a punishment.	2
WPM6	Specifies marketing to promote healthy food and beverage choices.	2
WPM7	 Restricts marketing on the school campus during the school day to only those foods and beverages that meet Smart Snacks standards.	2
WPM8	Specifically addresses marketing on school property and equipment (e.g., signs, scoreboards, sports equipment).	1
WPM9	Specifically addresses marketing on educational materials (e.g., curricula, textbooks, or other printed or electronic educational materials).	2
WPM10	Specifically addresses marketing where food is purchased (e.g., exteriors of vending machines, food and beverage cups and containers, food display racks, coolers, trash and recycling containers).	1
WPM11	Specifically addresses marketing in school publications and media (e.g., advertisements in school publications, school radio stations, in-school television, computer screen savers, school-sponsored Internet sites, and announcements on the public announcement (PA) system).	2
WPM12	Specifically addresses marketing through fundraisers and corporate-incentive programs (e.g., fundraising programs that encourage students and their families to sell, purchase, or consume products and corporate incentive programs that provide funds to schools in exchange for proof of purchases of company products, such as Box Tops for Education).	1
Subtotal for	Comprehensiveness Score:	100

Section 5	Count the number of items rated as "1" or "2" and divide this number by 12. Multiply by 100. Do not count an item if the rating is "0."	
	Strength Score: Count the number of items rated as "2" and divide this number by 12. Multiply by 100.	75

[Click here for Wellness Promotion and Marketing Resources](#)

Section 6. Implementation, Evaluation & Communication

Rating

IEC1	Addresses the establishment of an ongoing district wellness committee.	2
IEC2	 Addresses how all relevant stakeholders (parents, students, representatives of the school food authority, teachers of physical education, school health professionals, the school board, school administrator, and the general public) will participate in the development, implementation, and periodic review and update of the local wellness policy.	2
IEC3	 Identifies the officials responsible for the implementation and compliance of the local wellness policy.	2
IEC4	 Addresses making the wellness policy available to the public.	2
IEC5	 Addresses the assessment of district implementation of the local wellness policy at least once every three years.	2
IEC6	 Triennial assessment results will be made available to the public and will include:	2
IEC7	 Addresses a plan for updating policy based on results of the triennial assessment.	2
IEC8	Addresses the establishment of an ongoing school building level wellness committee.	2
Subtotal for Section 6	Comprehensiveness Score: Count the number of items rated as "1" or "2" and divide this number by 8. Multiply by 100. Do not count an item if the rating is "0."	100
	Strength Score: Count the number of items rated as "2" and divide this number by 8. Multiply by 100.	100

[Click here for Resources for Wellness Policy Development, Implementation and Evaluation](#)

Overall District Policy Score

Total Comprehensiveness Add the comprehensiveness scores for each of the six sections above and divide this number by 6.	District Score 100
Total Strength Add the strength scores for each of the six sections above and divide this number by 6.	District Score 93

Thank you for completing the WellSAT!

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Reporting

Healthy Schools Assessment report for Gallatin Co Elementary School.

Policy & Environment

QUESTION		STATUS	ACTION ITEM	COLUMN
PO-1	Representative school health committee or team	Fully in place	No	-
PO-2	Written school health and safety policies	Fully in place	No	-
PO-3	Local school wellness policy	Partially in place	No	-
PO-5	Health services provided by a full-time school nurse	Fully in place	No	-
PO-6	Counseling, psychological, and social services provided by a full-time counselor, social worker, and psychologist	Partially in place	No	-
PO-7	Parenting strategies	Partially in place	No	-
PO-8	Family engagement in school decision making	Partially in place	No	-
PO-9	Community involvement in school health initiatives	Partially in place	No	-
PO-10	Out-of-school programs	Partially in place	No	-

Nutrition Services

QUESTION		STATUS	ACTION ITEM	COLUMN
NS-1	Breakfast and lunch programs	Fully in place	No	-
NS-2	School breakfast	Fully in place	No	-
NS-3	School lunch	Under development	No	-
NS-4	Variety of offerings in school meals	Fully in place	No	-
NS-5	Promote healthy food and beverage choices and school meals using marketing and merchandising techniques.	Partially in place	No	-
NS-6	Annual continuing education and training requirements for school nutrition services staff	Fully in place	No	-
NS-7	Venues outside the cafeteria offer fruits and vegetables	Not in place	No	-
NS-8	Collaboration between school nutrition services staff members and teachers	Fully in place	No	-
NS-9	Student and family involvement in the school meal programs and other foods and beverages sold, served and offered on school campus.	Not in place	No	-
NS-10	Prohibit using food as reward or punishment	Partially in place	No	-
NS-11	Adequate time to eat school meals	Fully in place	No	-
NS-12	Farm to School activities	Not in place	No	-

Smart Snacks

QUESTION	STATUS	ACTION ITEM	COLUMN
SS-1 All foods sold during the school day meet the USDA's Smart Snacks in School nutrition standards	Fully in place	No	-
SS-2 All beverages sold during the school day meet the USDA's Smart Snacks in School nutrition standards	Fully in place	No	-
SS-3 Food and beverage marketing	Fully in place	No	-
SS-4 All foods and beverages served and offered during the school day meet the USDA's Smart Snacks in School nutrition standards	Partially in place	No	-
SS-5 All foods and beverages sold during the extended school day meet the USDA's Smart Snacks in School nutrition standards	Fully in place	No	-
SS-6 All foods and beverages served and offered during the extended school day meet the USDA's Smart Snacks in School nutrition standards	Fully in place	No	-
SS-7 Fundraising efforts during and outside school hours meet the USDA's Smart Snacks in School nutrition standards	Partially in place	No	-

Health & Physical Education

QUESTION		STATUS	ACTION ITEM	COLUMN
HPE-1	Minutes of physical education per week	Under development	No	-
HPE-3	Sequential physical education curriculum consistent with standards	Fully in place	No	-
HPE-4	Students active at least 50% of class time	Fully in place	No	-
HPE-5	Professional development for physical education teachers	Partially in place	No	-
HPE-6	Information and materials for physical education teachers	Partially in place	No	-
HPE-7	Licensed physical education teachers	Fully in place	No	-
HPE-8	Health education taught in all grades	Fully in place	No	-
HPE-10	Essential topics on physical activity	Partially in place	No	-
HPE-11	Essential topics on healthy eating	Partially in place	No	-
HPE-12	Opportunities to practice skills	Fully in place	No	-

Physical Activity

QUESTION		STATUS	ACTION ITEM	COLUMN
PA-1	Recess	Fully in place	No	-
PA-2	Availability of physical activity breaks in classrooms	Partially in place	No	-
PA-3	Promotion or support of walking and bicycling to and/or from school	Not in place	No	-
PA-4	Availability of before- and after-school physical activity opportunities	Not in place	No	-
PA-5	Professional development for classroom teachers	Not in place	No	-
PA-6	Prohibit using physical activity as punishment	Fully in place	No	-
PA-7	Prohibit withholding recess as punishment	Fully in place	No	-
PA-8	Access to physical activity facilities outside school hours	Under development	No	-

Employee Wellness

QUESTION		STATUS	ACTION ITEM	COLUMN
EW-1	Health assessments for staff members	Fully in place	No	-
EW-2	Programs for staff members on physical activity/fitness	Fully in place	No	-
EW-3	Programs for staff members on healthy eating/weight management	Fully in place	No	-
EW-4	Promote staff member participation	Fully in place	No	-
EW-5	Stress management programs for staff	Not in place	No	-
EW-6	All foods served and sold to staff meet the USDA's Smart Snacks in School nutrition standards	Partially in place	No	-

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Reporting

Healthy Schools Assessment report for Gallatin Co Upper Elem School.

Policy & Environment

QUESTION	STATUS	ACTION ITEM	COLUMN
PO-1 Representative school health committee or team	Fully in place	Yes	To work on
PO-2 Written school health and safety policies	Fully in place	No	-
PO-3 Local school wellness policy	Fully in place	No	-
PO-5 Health services provided by a full-time school nurse	Under development	No	-
PO-6 Counseling, psychological, and social services provided by a full-time counselor, social worker, and psychologist	Fully in place	No	-
PO-7 Parenting strategies	Fully in place	No	-
PO-8 Family engagement in school decision making	Partially in place	No	-
PO-9 Community involvement in school health initiatives	Fully in place	No	-
PO-10 Out-of-school programs	Fully in place	No	-

Nutrition Services

QUESTION		STATUS	ACTION ITEM	COLUMN
NS-1	Breakfast and lunch programs	Fully in place	No	-
NS-2	School breakfast	Fully in place	No	-
NS-3	School lunch	Under development	No	-
NS-4	Variety of offerings in school meals	Fully in place	No	-
NS-5	Promote healthy food and beverage choices and school meals using marketing and merchandising techniques.	Partially in place	No	-
NS-6	Annual continuing education and training requirements for school nutrition services staff	Fully in place	No	-
NS-7	Venues outside the cafeteria offer fruits and vegetables	Not in place	No	-
NS-8	Collaboration between school nutrition services staff members and teachers	Partially in place	No	-
NS-9	Student and family involvement in the school meal programs and other foods and beverages sold, served and offered on school campus.	Not in place	No	-
NS-10	Prohibit using food as reward or punishment	Partially in place	No	-
NS-11	Adequate time to eat school meals	Fully in place	No	-
NS-12	Farm to School activities	Not in place	No	-

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SS-3 Food and beverage marketing	Not in place	No	-
SS-4 All foods and beverages served and offered during the school day meet the USDA's Smart Snacks in School nutrition standards	Partially in place	No	-
SS-5 All foods and beverages sold during the extended school day meet the USDA's Smart Snacks in School nutrition standards	Fully in place	No	-
SS-6 All foods and beverages served and offered during the extended school day meet the USDA's Smart Snacks in School nutrition standards	Fully in place	No	-
SS-7 Fundraising efforts during and outside school hours meet the USDA's Smart Snacks in School nutrition standards	Under development	No	-

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HPE-5	Professional development for physical education teachers	Under development	No	-
HPE-6	Information and materials for physical education teachers	Not in place	No	-
HPE-7	Licensed physical education teachers	Fully in place	No	-
HPE-8	Health education taught in all grades	Fully in place	No	-
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Reporting

Healthy Schools Assessment report for Gallatin Co Middle School.

Policy & Environment

QUESTION	STATUS	ACTION ITEM	COLUMN
PO-1 Representative school health committee or team	Partially in place	No	-
PO-2 Written school health and safety policies	Partially in place	No	-
PO-3 Local school wellness policy	Fully in place	No	-
PO-4 School start times	Not in place	No	-
PO-5 Health services provided by a full-time school nurse	Under development	No	-
PO-6 Counseling, psychological, and social services provided by a full-time counselor, social worker, and psychologist	Fully in place	No	-
PO-7 Parenting strategies	Partially in place	No	-
PO-8 Family engagement in school decision making	Fully in place	No	-
PO-9 Community involvement in school health initiatives	Fully in place	No	-
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Nutrition Services

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NS-5	Promote healthy food and beverage choices and school meals using marketing and merchandising techniques.	Fully in place	No	-
NS-6	Annual continuing education and training requirements for school nutrition services staff	Fully in place	No	-
NS-7	Venues outside the cafeteria offer fruits and vegetables	Not in place	No	-
NS-8	Collaboration between school nutrition services staff members and teachers	Not in place	No	-
NS-9	Student and family involvement in the school meal programs and other foods and beverages sold, served and offered on school campus.	Not in place	No	-
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SS-5 All foods and beverages sold during the extended school day meet the USDA's Smart Snacks in School nutrition standards	Fully in place	No	-
SS-6 All foods and beverages served and offered during the extended school day meet the USDA's Smart Snacks in School nutrition standards	Fully in place	No	-
SS-7 Fundraising efforts during and outside school hours meet the USDA's Smart Snacks in School nutrition standards	Fully in place	No	-

Health & Physical Education

QUESTION		STATUS	ACTION ITEM	COLUMN
HPE-2	Years of physical education	Fully in place	No	-
HPE-3	Sequential physical education curriculum consistent with standards	Fully in place	No	-
HPE-4	Students active at least 50% of class time	Fully in place	No	-
HPE-5	Professional development for physical education teachers	Fully in place	No	-
HPE-6	Information and materials for physical education teachers	Fully in place	No	-
HPE-7	Licensed physical education teachers	Fully in place	No	-
HPE-9	Required health education course	Fully in place	No	-
HPE-10	Essential topics on physical activity	Fully in place	No	-
HPE-11	Essential topics on healthy eating	Fully in place	No	-
HPE-12	Opportunities to practice skills	Fully in place	No	-

Physical Activity

QUESTION	STATUS	ACTION ITEM	COLUMN
PA-2 Availability of physical activity breaks in classrooms	Under development	No	-
PA-3 Promotion or support of walking and bicycling to and/or from school	Partially in place	No	-
PA-4 Availability of before- and after-school physical activity opportunities	Partially in place	No	-
PA-5 Professional development for classroom teachers	Not in place	No	-
PA-6 Prohibit using physical activity as punishment	Fully in place	No	-
PA-8 Access to physical activity facilities outside school hours	Fully in place	No	-

Employee Wellness

QUESTION	STATUS	ACTION ITEM	COLUMN
EW-1 Health assessments for staff members	Fully in place	No	-
EW-2 Programs for staff members on physical activity/fitness	Fully in place	No	-
EW-3 Programs for staff members on healthy eating/weight management	Partially in place	No	-
EW-4 Promote staff member participation	Under development	No	-
EW-5 Stress management programs for staff	Under development	No	-
EW-6 All foods served and sold to staff meet the USDA's Smart Snacks in School nutrition standards	Fully in place	No	-



Reporting

Healthy Schools Assessment report for Gallatin Co High School.

Policy & Environment

QUESTION	STATUS	ACTION ITEM	COLUMN
PO-1 Representative school health committee or team	Fully in place	No	-
PO-2 Written school health and safety policies	Fully in place	No	-
PO-3 Local school wellness policy	Fully in place	No	-
PO-4 School start times	Under development	No	-
PO-5 Health services provided by a full-time school nurse	Partially in place	No	-
PO-6 Counseling, psychological, and social services provided by a full-time counselor, social worker, and psychologist	Fully in place	No	-
PO-7 Parenting strategies	Partially in place	No	-
PO-8 Family engagement in school decision making	Partially in place	No	-
PO-9 Community involvement in school health initiatives	Under development	No	-
PO-10 Out-of-school programs	Fully in place	No	-

Nutrition Services

QUESTION	STATUS	ACTION ITEM	COLUMN
NS-1 Breakfast and lunch programs	Fully in place	No	-
NS-2 School breakfast	Fully in place	No	-
NS-3 School lunch	Fully in place	No	-
NS-4 Variety of offerings in school meals	Fully in place	No	-
NS-5 Promote healthy food and beverage choices and school meals using marketing and merchandising techniques.	Partially in place	No	-
NS-6 Annual continuing education and training requirements for school nutrition services staff	Fully in place	No	-
NS-7 Venues outside the cafeteria offer fruits and vegetables	Not in place	No	-
NS-8 Collaboration between school nutrition services staff members and teachers	Fully in place	No	-
NS-9 Student and family involvement in the school meal programs and other foods and beverages sold, served and offered on school campus.	Not in place	No	-
NS-10 Prohibit using food as reward or punishment	Partially in place	No	-
NS-11 Adequate time to eat school meals	Fully in place	No	-
NS-12 Farm to School activities	Not in place	No	-

Smart Snacks

QUESTION	STATUS	ACTION ITEM	COLUMN
SS-1 All foods sold during the school day meet the USDA's Smart Snacks in School nutrition standards	Partially in place	No	-
SS-2 All beverages sold during the school day meet the USDA's Smart Snacks in School nutrition standards	Partially in place	No	-
SS-3 Food and beverage marketing	Partially in place	No	-
SS-4 All foods and beverages served and offered during the school day meet the USDA's Smart Snacks in School nutrition standards	Fully in place	No	-
SS-5 All foods and beverages sold during the extended school day meet the USDA's Smart Snacks in School nutrition standards	Fully in place	No	-
SS-6 All foods and beverages served and offered during the extended school day meet the USDA's Smart Snacks in School nutrition standards	Fully in place	No	-
SS-7 Fundraising efforts during and outside school hours meet the USDA's Smart Snacks in School nutrition standards	Under development	No	-

Health & Physical Education

QUESTION		STATUS	ACTION ITEM	COLUMN
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HPE-3	Sequential physical education curriculum consistent with standards	Under development	No	-
HPE-4	Students active at least 50% of class time	Fully in place	No	-
HPE-5	Professional development for physical education teachers	Under development	No	-
HPE-6	Information and materials for physical education teachers	Partially in place	No	-
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Every child deserves a healthy future

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