## DECEMBER 2019

## Mark Your Calendar with These Important Events at Ludlow Independent Schools!

December 2-13	Winter MAP Testing
December 4	Mr. Borchers' Coffee with the Community, Second Sights, 9:00-10:00 AM
December 9	High School SBDM Meeting, Conference Room, 3:30 PM
December 11	Parent Academy: Mindfulness Matters Grades P-12, Cafeteria, 6:30 PM You'll leave this workshop with a better understanding of what mindfulness is, how it can impact your life/your child's life, as well as strategies for implementing. Mindful practices can help with anxiety/test anxiety, stress, and emotion regulation. Mindful disciplining of your child will be discussed as well. This session will be repeated on February 19th.
December 12	1st Grade Holiday Performance, Auditorium, 6:30 PM
December 13	Grade Check Date in Infinite Campus
December 13	Holiday Movie/Activity for Grades 7 & 8, 4:30-6:30 PM
December 14	ACT in the LHS Gym
December 17	Elementary SBDM Meeting, Elementary Office, 4:00 PM
December 17	Holiday Dinner Party! Districtwide Family Night that includes a Turkey Dinner & Dessert, Holiday Crafts, Cookie Decoration, and Games! End the evening with great seasonal music from the LHS Band! Dinner Party starts at 5:00 PM (individual dinner times) & the concert begins at 7:00 PM!
December 19	Board of Education Meeting, 6:30 PM
December 20	End of the 2 <sup>nd</sup> Quarter
December 23- January 3	School Closed for Winter Break, Return to Classes January 6