

Franklin-Simpson Educational Excellence Foundation, Inc.

GRANT APPLICATION COVER PAGE

Application must be typed. If you experience difficulty completing, please contact our office at 270-586-8018 or email fseducationalexcellence@gmail.com. Completed applications should be submitted via email to fseducationalexcellence@gmail.com in PDF form. Application deadlines are outlined below.

Applicant Name & Position: Joyce Pais, Principal of Lincoln Elementary

School/Organization Involved: Lincoln Elementary

MAY 01 2019

Purpose of Funding: Student Achievement

Targeted Grade Levels: PreK-K 1-3 **4-5** 6-8 9-12 Other: _____

Number of Students/Persons Affected by Grant: 475

Academic Area: Reading Language Arts Social Studies Math
Science Fine arts Community **Other:** Physical Activity

Brief Summary of Project (2 - 3 Sentences): By increasing physical activity through recess, we know that regular physical activity promotes important healthy benefits, reduces risk for obesity, and is linked to positive social well being. The idea of the grant is to find more effective strategies for increasing a student's physical activity during recess.

Address of School/Organization: 601 John J. Johnson Franklin, KY 42134

Contact Person: Joyce Pais

Phone: (Day & Evening) 270-586-7133, 270-223-7102 **Fax:** _____

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Grant Cycle Submitted: Feb. April **Sept.** Nov.

Required Signatures

Simpson County Schools:

Principal/Supervisor Joyce Pais **Date** 5/1/2019

Superintendent _____ **Date** _____

Community Organizations:

Grant Preparer _____ **Title** _____ **Date** _____

Board Representative _____ **Title** _____ **Date** _____

PLEASE USE THE FOLLOWING INFORMATION TO CREATE YOUR GRANT APPLICATION.

Narrative

School Mission: At Lincoln, we are: Leading - Excelling - Succeeding.

Leading-

According to the Healthy People 2020 report, it was determined that physical activity is one of the key interventions to improving health in America. By increasing physical activity through recess, we know that regular physical activity promotes important healthy benefits, reduces risk for obesity, and is linked to positive social well being. The idea of the grant is to find more effective strategies for increasing a student's physical activity during recess. After interviewing the students, a majority of the boys wanted an area to play basketball, while the girls wanted new swings and inexpensive equipment such as flying discs, hula hoops, jump ropes, and a matted area for turning flips. It has been proven that increased time spent in moderate to vigorous physical activity during recess increases school productivity from 48% to 61%.

Excelling-

Recess is at the heart of a vigorous debate over the role of schools in promoting the optimal development of the whole child. A growing trend toward reallocating time in school to accentuate the more academic subjects has put this important facet of a child's school day at risk. Recess serves as a necessary break from the rigors of concentrated, academic challenges in the classroom. Equally important is the fact that safe and well-supervised recess offers cognitive, social, emotional, and physical benefits. Recess is unique from, and a complement to, physical education—not a substitute for it. The American Academy of Pediatrics believes that recess is a crucial and necessary component of a child's development and, as such, it should not be withheld for punitive or academic reasons. As a school it is important to provide a menagerie of equipment and activities to meet the needs of all students.

Succeeding-

There is a tremendous amount of literature published on the need for and benefit of physical activity and fitness, not only for a child's physical well-being but also for academic and social maturation. Although not all children play vigorously at recess, this type of equipment provides the opportunity for children to be active in the mode of their choosing and to practice movement and motor skills. Even minor movement during recess counterbalances sedentary time at school. Children can be coached to develop interpersonal skills for appropriate conflict resolution. More

children can actively participate in regular activity, regardless of skill level. Anecdotally, teachers report improved behavior and attention in the classroom after recess. School attendance represents a unique opportunity to address nutrition and physical fitness. Within the school environment, there are competing calls for stricter standards and greater academic achievement as well as calls for schools to continue to provide greater opportunities for non-sedentary daily activities. Recess is a necessary break in the day for our students to play and optimizes a child's social, emotional, physical, and cognitive development. Recess complements our physical education program. Peer interactions during recess are a unique complement to the classroom. The lifelong skills acquired for communication, negotiation, cooperation, sharing, problem solving, and coping are not only foundations for healthy development but also fundamental measures of the school experience.

A. Describe in detail the specific activities and strategies of this project.

The activities will include a practice court for students to play basketball. The students at one time used Lincoln Park but I like for the students to play in an encased area with a locked gate to promote a safer environment. Also, students like to have equipment that gives a variety of activities. We do have a cabinet to hold extra equipment.

Timeline-

- The area needed to store materials is already designated on the playground.
- Some supplies have already been purchased with monies from a Target grant to enhance soccer skills.
- A meeting was held with Craig Delk and Robert White concerning the ability to have a practice court very similar to Simpson Elementary. The meeting was conducted and the project was approved by Mr. Delk who is in charge of maintenance operations.
- A supplies list with prices for the practice court was developed by the maintenance department, who will be doing the primary construction of the concrete slab. The maintenance department indicated through the budget that they would work in conjunction with the city to level the necessary land to construct the concrete slab.
- Concrete will be poured by the school maintenance crew.
- Basketball goals will be bought.
- Other items for outside will be purchased.
- Teachers will be trained on the necessary supervision.
- Students will be trained on playground rules.
- Students will be trained on how to take care of the equipment.

Outcomes and Goals

- The students will have increased opportunities to participate in a variety of playground activities.
- The students will have a designated area to play basketball.
- This items will also be used for activities to promote success by increasing effort on learning checks and other school rewards.

B. Evaluation

The success of the program will be measured by:

- Observations of increased student involvement during recess.
- A decrease in discipline referrals on the playground.
- An increase in proficiency on K-Prep.

C. Budget

- Start up supplies will be purchased with monies earned from the school store.
- A collection of random supplies will be bought and stored in a cabinet on the playground.
- The school will continue to replace items that become unsafe.

Proposed Budget:

12 yards of concrete- \$2,000.00
Materials needed such as-wood, nails, triles, floats, etc. - \$1,000.00
Basketball goals with adjusted hoops- \$500.00 each- \$1,000.00
Leveling of ground- Help from the city
Hula hoops- \$38.75 for 12- need 24- \$77.50
Flying discs- \$17.97 for 12- need 24- \$35.94

Folding gymnastics mats for outside- 4 mats at \$40.00- \$160.00
Basketballs- 10 @ \$14.00- \$140.00
Footballs- 10@ \$13.00- \$130.00
Replacement swings- 5@ \$50.00
Total Cost- \$4793.44