

**Whole School, Community, Child Committee Meeting**  
**Meeting Minutes**  
**December 20, 2018**  
**3:00-4:30 PM**

Agenda Item and Person(s) Responsible	Estimated Time
<p><b>Welcome and district updates - Alicia Averette and Eva Stone</b></p> <ul style="list-style-type: none"> <li>Eva C. Stone, Co-Chairperson of the Whole School, Whole Community, Whole Child Committee asked all who attended to introduce themselves. After the introductions were complete, Eva introduced Donna Benton and Andrea Wright as her co-presenters for the day. In addition, she shared information about the Three Pillars and the Six Systems and other agenda items via their <i>PowerPoint</i>.</li> <li>Dr Averette sends her regards, she was unable to attend due to being pulled to another meeting.</li> </ul>	10 minutes
<p><b>JCPS 3 Pillars/6 Systems (System 5 - Academic and Behavioral Supports): Explanation and description of work in JCPS – Eva</b></p> <ul style="list-style-type: none"> <li>Three Pillars <ul style="list-style-type: none"> <li>Culture and Climate <ul style="list-style-type: none"> <li>Promote Culture and Climate along with Health and Wellness. Ensures that all students are ready to learn.</li> </ul> </li> <li>Backpack of Success Skills</li> <li>Racial Equity – reviewing and reducing socio-economic gaps.</li> </ul> </li> <li>Six Systems <ul style="list-style-type: none"> <li>System 5 – Academic and Behavioral Supports – Providing support to students to ensure that they are ready to learn.</li> <li>Eva shared with the group that Arlisa F. Brown had made copies of all of the schools’ wellness policies. In addition, Craig Hammons and Arlisa worked with Eva on sorting all of the wellness policies. Eva noted that every elementary school has a wellness policy, per the Kentucky Department of Education requirements. Although middle and high school students are not required to have a wellness policy on file, some schools submitted policies at the School-Based Decision Making (SBDM) office. Eva disseminated a handout that provided an overview of the assorted policies.</li> </ul> </li> </ul>	15 minutes
<p><b>School Wellness Policy Review - Andrea Wright</b></p> <ul style="list-style-type: none"> <li>School wellness policies should align with the district policy. In addition, schools should follow the Nutrition Education and Guidelines (handout).</li> <li>SBDMC Councils decide on the schools’ wellness policy.</li> <li>Food as a reward and other guidelines typically should mirror the district’s policy.</li> <li>School wellness policies should be reviewed every two years.</li> <li>Wellness Champions should be in each of the schools. In most cases, the Family Resource Youth Services Coordinators are serving as Wellness Champions in the school.</li> </ul>	10 minutes

<p><b>Nutrition/Physical Activity Report Presentation - Julia Bauscher, Donna Benton, and Eva Stone</b></p> <ul style="list-style-type: none"> <li>Donna, Julia and Eva presented the nutrition/physical activity report done for the Board</li> </ul>	15 minutes
<p><b>Activity: Report recommendations - Julia Bauscher, Donna Benton, Eva Stone, and Andrea Wright</b></p> <ul style="list-style-type: none"> <li>The Nutrition and Physical Activity Report was presented to the JCPS Board of Education and it was approved.</li> <li>The Alliance for a Healthier Generation's Healthy Schools Program (HSP) Assessment has been revised and is now accessible to all schools. The assessment is due on October 1 of each year.</li> <li>138 schools have completed the HSP Assessment, according to Andrea Wright.</li> <li>All of the elementary schools have wellness policies. However, not all of them have completed the bi-annual review of their respective policies, according to Eva.</li> <li>School Wellness Environment entails assisting schools with healthy snacks. SNAC forms allows schools to purchase Smart Snacks (that meet the Nutrition Services' guidelines) from the School Nutrition and Community Services department.</li> <li>Principals will select a Wellness Champion for their site. All elementary schools are required to have a Wellness Champion. Wellness Champions will assist with communication and implementation of the wellness policies.</li> <li>Focus on schools that are in priority status. Program assessment and supports will be provided to these schools. Eva emphasized that the support being provided is not punitive.</li> <li>Best practices and resources will be shared between schools.</li> <li>Each of these schools also will complete HSP Assessments and actions plans.</li> <li>Arlisa, Andrea, and Craig have been working collaboratively with schools as well as with Kat Satterley (Alliance) on the HSP initiative.</li> <li>It is imperative to assist schools with developing alternatives to withholding recess. Recess is a part of instructional time and should include moderate to vigorous activity. Teachers continue to ensure that students receive the minimum of thirty minutes of physical activity each day utilize GoNoOgle, Brain Breaks, and other activities.</li> <li>Arlisa and Craig have been working with the Wellness Champions at their Health Promotion Schools of Excellence (HPSE) schools.</li> <li>Health Services has the following on their team: 1 – RN, 6 NP's, 29 LPN's, 2 HPSE Specialists, and 3 Screening Nurses, per Eva's report.</li> <li>Eva emphasized that her team is sharing pertinent information to assist students with being healthy and safe. In addition, they are focusing on students that are missing school and reducing barriers that would cause them to be absent.</li> <li>Arlisa and Craig are utilizing the Wellness Walkthrough Tool that was developed by Eva, Donna, and Andrea. This tool will be used to gain insight about schools, their wellness policies, and the implementation of overall wellness. The form is not electronic at this time.</li> </ul>	20 minutes
<p><b>Public Forum - Julia Bauscher</b></p> <ul style="list-style-type: none"> <li>Community members will have an opportunity to provide feedback on the Nutrition/Physical Activity Report via a Public Forum on January 28, 2019. This will be the first time that individuals will have input via this setting. In the past, members of the community at the January JCPS Board meetings gave input.</li> </ul>	5 minutes

<p><b>Community Partner Updates - WSCC Committee</b></p> <ul style="list-style-type: none"> <li>• Dr. Gwen Goffner offered to work collaboratively with the team to ensure that all of her FRYC Coordinators has the information needed to support the district's wellness initiative.</li> <li>• The 15<sup>th</sup> District PTA also work to communicate the information to parents as well.</li> <li>• Michelle Sircy and Rashawna Mullaney discussed focusing on mental health and wellness for students and staff.</li> <li>• Arlisa shared with the group that we are continuing efforts to focus on employee wellness including building a partnership and presenting employee wellness in schools along with the manager of Anthem.</li> </ul>	10 minutes
<p><b>Meeting wrap up</b></p> <ul style="list-style-type: none"> <li>• Everyone agreed that we should continue to brainstorm ways to promote health and wellness while supporting the Three Pillars and Six Systems, especially the Backpack of Success Skills.</li> </ul>	5 minutes

Handouts:    Summary of school wellness policies  
 Nutrition/Physical Activity Report