

BCPS Field Trip Request ID # 9418

Trip Request By	Megan Hatter - EMS
Trip Name	Truth & Consequences
Trip Date	03-15-2019
Approx. Pick-up Time	11:00AM
Return Date	03-15-2019
Approx. Return Time	2:30PM
Class/Group	8th grade students and staff
Student Count	212 from Eastside that will rec
Chaperone Count	8 from each school
Number of Vans/Buses	4
Common Carrier	Miller Transportation
Cost to Students	0
How will you pay for students who cannot afford the fee?	no fee

Place of Departure

Name:	Eastside Middle School
Address:	6925 Hwy 44 East
City:	Mt. Washington
State:	KY

Destination

Name:	CLC at First Baptist Church of Mt. Wasington
Address:	320 N. Bardstown Road
City:	Mt. Washington
State:	KY

Lesson Plans

Truth & Consequences is a drug prevention program for 8th graders, designed and facilitated through the University of Kentucky Extension Office. 8th grade students from Mt. Washington Middle (walking across S. Bardstown Rd.) and Eastside Middle (bus transport) will cycle through three workshops with their parents:

(1) *Simulation*- each student is issued a card with a situation involving ATOD and navigate through the consequences, visiting applicable agencies while learning the impact it has on their health, freedom, educational process and employability. The following agencies have committed to be at tables stationed around the gymnasium: Judge Porter & Family Court associates, DJJ, Law Enforcement, First Responders, Treatment Facilities, Bullitt County Jail, Counselors and BOE staff.

(2) *I Was You*: An Alumni Panel from a certified drug treatment program called Program REACH will present the realities of drug experimentation in high school, their road to recovery and how addiction impacts health, lifestyle, families, employability, finances, etc.

(3) *The Long Road of Addiction*: Students watch a short documentary threaded with group discussion to explore positive coping skills, drug epidemiology and the biochemical aspects of dependency.

Mt. Washington Middle School will walk over and attend the program from 8:10-11:10 AM and Eastside from 11:30:-2:30PM. Students will complete a writing piece once they are back at school. They will chose one of the following writing prompts:

~Write a letter to a guest speaker or panel member thanking them for sharing their story with remarks of courage and how their story will change how you live your life.

~Write a letter to at least one of the agency representatives that assisted you with your drug or alcohol situation in the CLC gym: judge, law enforcement, health services, treatment center, jail, etc. Thank them for volunteering, share 2 things you learned and describe how what you learned will change your decisions in the future.

Truth & Consequences addresses the following standards:

PL-8-PW-S-SMEH: Skills and Concepts “ Social, Mental and Emotional Health <i>Students will demonstrate</i> ”
PL-8-PW-S-SMEH1: demonstrate social interaction skills by:
PL-8-PW-S-SMEH1.a: using appropriate means to express needs, wants and feelings
PL-8-PW-S-SMEH1.b: using the importance of effective social interaction skills
PL-8-PW-S-SMEH1.c: justifying effective strategies for responding to stress, conflict, peer pressure and bullying
PL-8-PW-S-SMEH1.d: interpreting how individuals impact the effective functioning of groups
PL-8-PW-S-SMEH2: demonstrate the ability to apply a decision-making process to health issues
PL-8-PW-S-SMEH3: identify common social and emotional problems (aggression, anxiety, depression, grief) and describe self-management and coping strategies (goal setting, refusal skills, decision making and time management) for addressing these problems

PL-8-PW-S-ATOD: Skills and Concepts “ Alcohol, Tobacco and Other Drugs <i>Students will</i> ”
PL-8-PW-S-ATOD1: demonstrate an understanding of the misuse of alcohol, tobacco & other drugs:
PL-8-PW-S-ATOD1.a: distinguishing between legal (e.g., over the counter, prescription drugs) and illegal drugs (e.g., inhalants, marijuana, stimulants, depressants) and describing how their usage affects the body systems
PL-8-PW-S-ATOD1.b: describing the immediate/long-term effects of alcohol, tobacco and illegal drug usage and analyzing their impact on health
PL-8-PW-S-ATOD1.c: describing resources available to individuals seeking treatment or counseling for negative behaviors or addictions

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