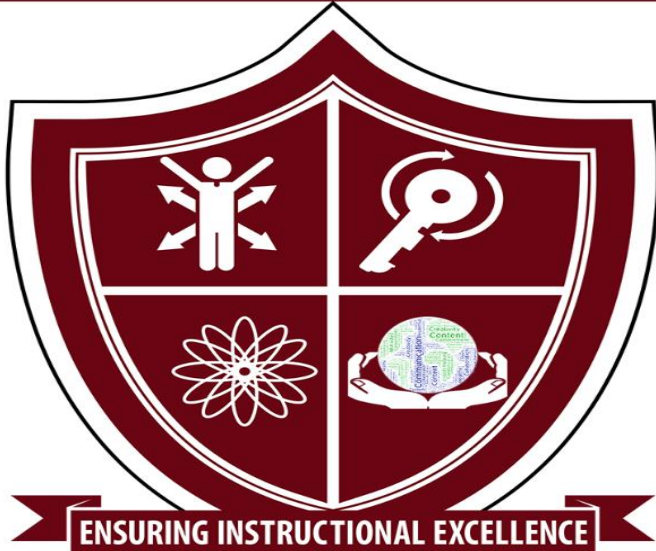




**MARION COUNTY
PUBLIC SCHOOLS**

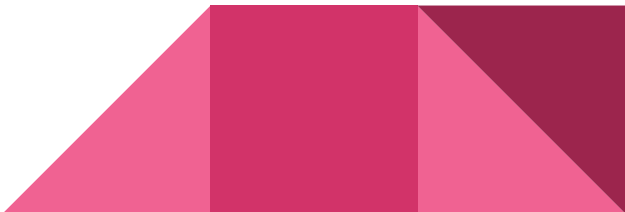
Opportunity + Access + Equity = Success Ready!



School Wellness Report 2018-19

The Local School Wellness Policy (LSWP) requirement was established by the Child Nutrition and WIC Reauthorization Act of 2004, and further strengthened by the final ruling of the Healthy, Hunger-Free Kids Act (HHFKA) in August 2016. It requires each local education agency (LEA) participating in the National School Lunch Program and/or School Breakfast Program to develop a local school district wellness policy that promotes the health of students and addresses the growing problem of childhood obesity.

The Committee is made up of a representative from each school:

- ★ Jennifer Wheeler - Central Office
 - ★ Julie Dickerson - Calvary Ele.
 - ★ Talbin Overstreet - Glasscock Ele.
 - ★ George Boyd - Lebanon Ele.
 - ★ Will Smith - West Marion Ele.
 - ★ Myles Durbin - Marion Co. Middle
 - ★ Allen Harmon - Knight Academy
 - ★ Tom Sullivan - Knight Academy/MCHS
 - ★ Philip Chatigny - MCHS
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The Process

- ❖ Committee Meeting # 1 - 8/29/18
 - Discuss purpose of the district wellness committee
 - Take the Alliance for Healthier Generations Assessment
- ❖ District Wellness Report Posted to District Website - October 2018
- ❖ Committee Meeting # 2 - 12/3/18
 - Review Alliance for Healthier Generations Assessment Results
 - Identify Positives
 - Set Goals
- ❖ Board Presentation - 1/22/19
- ❖ Findings/Summary Submitted to KDE - by May 1st




Areas the Health Assessment Measures

1. School Health Safety Policies and Environment
2. Health Education
3. Physical Education and Other Physical Activity Programs
4. Nutrition Services
5. Health Promotion for Staff
6. Family and Community Involvement



Positives Noted

- Farm to School Program (Recognized as a KY Proud School District)
 - CEP - Free Lunch/Breakfast at all levels
 - Increase in both breakfast and lunch participation
 - Third Meal Program
 - Increased use of fresh fruits and vegetables in school meals
 - More “homemade” foods served in cafeterias and less processed
 - Summer Feeding Program
 - Backpack Program provided by Family Resource and Youth Service Center
 - School nurse services
 - District field day
 - Increased PE time in grades 6-9
 - Increased awareness of health education
 - Partnerships with Extension Office for nutrition, farm, and health education
 - Staff wellness assessment provided
- 

Recommendations

1. Continue to seek program specific professional development for Health/PE teachers such as the KAHPERD(Kentucky Association for Health, Physical Education, Recreation and Dance) Conference.
 - a. To address standards that were released at the 2018 conference, plan health specific PD to prepare teachers for the 2019-20 school year.
 - b. In future years, implement a plan to allow representative Health/PE teachers to attend the conference in order to bring back and share information.
 2. Increase opportunities for students to be physically active beyond the PE classroom and recess.
 - a. Consider opening HS and MS gyms during lunch and morning for students to be active.
 - b. Encourage embedded classroom physical activity.
 - c. Consider increasing PE electives in grades 8-12.
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