



Bullitt County Public Schools

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DATE: January 15, 2019

TO: Mr. Jesse Bacon, Superintendent *JB*

FROM: Angela Voyles, Food Service Director, and Lesa Howell, School Health *AV* *LH*

RE: 2018-2019 Wellness Recommendations

KRS 158.856 requires that recommendations to support student Wellness be presented to the board annually 60 days following the presentation of the Student Nutrition and Physical Activity Report. Attached are the recommendations for school year 18-19. These recommendations require no action by the board and are reflective of the District's Wellness Initiative.

B. Blyden

Recommendations for Improving Student Wellness SY 18-19

(Student Nutrition and Physical Activity and the District Wellness Initiative)

Bullitt County Public Schools is committed to providing a school environment that enhances learning and assists students in developing a lifestyle of lifelong wellness.

1. Continue to encourage and support continued assessment through its partnership with The Alliance for a Healthier Generation of each school's environment via the Alliance's online assessment tools.
2. Support, encourage and assist schools in the development and implementation of local school wellness policies.
3. Continue to promote awareness of the District Wellness Initiative to staff, students and the community.
4. Use the WellSAT online assessment tool to evaluate the goals and effectiveness of such goals included in the District Wellness Initiative.
5. Continue to provide education and guidance to administrators, teachers and the community on the requirements for foods and beverages sold outside the reimbursable school meal programs during the school day as required by the Healthy Hunger Free Kids Act of 2010. Provide support services to assist schools in ensuring that food sold on campus during the school day meet Smart Snack requirements.
6. Continue to work collaboratively with Bullitt County Department of Health, Family Resource Youth Service Centers and other community stakeholders to support and encourage students to make good nutritional choices and engage in physical activity on a regular basis for overall student wellness.