



2019 District Wellness Assessment

Healthy Hunger Free Kids Act of 2010

- Requires all school districts to have a District Wellness Policy as well as School Wellness Policies for Grades PK-12. Grades PK-5 are to formally self-assess each year while it is optional for grades 6-12.
- Requires District to report to the Board of Education by January 31st of each year on the overall District Assessment

Modules

- 1) School Health, Safety Policies & Environment (District)
- 2) Health Education (District)
- 3) Physical Education and Other Physical Activity Programs (District)
- 4) Nutrition Services (District)
- 5) Health Services (School)
- 6) Counseling, Psychological & Social Services (School)
- 7) Health Promotion for Staff (District)
- 8) Family & Community Involvement (School)

Module 1

- Fully in place is Recess is available to all students Grades PK-8
- Under development – School policies which contain withholding physical activity and using physical activity as a disciplinary measure.
- Access to Physical Activity facilities after hours.

Module 2

- All criteria is fully in place regarding Health Education in Grades PK-8 including health education and curriculum and professional development opportunities for health teachers

Module 3

- All criteria regarding Physical Education curriculum as well as professional development and licensing of our Physical Education teachers are fully in place.

Module 4

- Nutrition Services – Fully in place
- Breakfast/Lunch program in schools
- Variety of Foods are offered in school meals
- Continuing education and professional development for all nutrition service staff
- Fruits/Vegetables offered in venues out of the cafeteria – Field Trips, Summer Nutrition Program, etc.

Module 4 continued

- Nutrition Services – Under development
- Farm to School Activities
- Collaboration between Teachers and Cafeterias for classroom nutrition education
- Promotions of healthy food and beverage choices using Smarter Lunchroom Techniques

Module 7

- Staff Health Promotions have two criteria that are partially in place:
- Health Assessment for Staff
- Promoting Staff member participation
- Not in place at this time are:
- Healthy eating/weight management opportunities
- Physical activities and fitness programs. Staff is able to use the sports complex at any time.