



Kentucky Department of

Our Children,

Our Commonwealth

Education



Kentucky Academic Standards for Physical Education

Kentucky Board of Education Meeting
October 2018

April 11, 2018

Standards and Regulation

- **704 KAR 8:050: *Kentucky Academic Standards for Physical Education.***
- **This administrative regulations adopt into law the *Kentucky Academic Standards for Physical Education.***



The Kentucky Academic Standards for Physical Education



Standard

Practice

Standard 1: Demonstrate competency in a variety of motor skills and movement patterns.	
Practices for Movement Competency: Physically literate individuals practice skills for achieving competency and confidence in a variety of physical activities. These performance indicators focus on identifying skills that will help students effectively engage in lifelong physical activities.	
Performance Indicators	
Locomotor	K.1.L1. Explore a variety of locomotor movements, travelling in different directions.
Non-Locomotor	K.1.NL1. Explore non-locomotor skills, using different body parts.
Body Management	K.1.BM1. Maintain momentary stillness on different bases of support and transfers weight from one foot to another.
	K.1.BM2. Transfer weight from one foot to the other.
Manipulative Skills	K.1.MS1. Explore manipulative skills with a variety of objects using performance cues. <i>*See Tables 1 and 2.</i>

Performance Indicator

Kentucky Academic Standards

Since the August KBE meeting:

- ▶ **language in the “Education Goals” listed on page one of the front matter was updated to reflect the revision of KRS 158.6451;**
- ▶ **grade level overviews were added as a one page introduction to improve stakeholder communication; and,**
- ▶ **additional focus groups were held including representatives from Kentucky education organizations and stakeholders.**

