

BLMS “Run For Freedom” 5k

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How This Project Came to Be

Attended PBL workshop hosted by BCPs in the summer of 2015.

Project-based learning (PBL) is an approach to teaching in which the students create their learning experiences and gain knowledge through exploring real-world challenges and/or problems.

What I learned: Students need authentic projects that have real-world implications in order to really learn from them.

After that, I was constantly looking for ways to implement PBL in my classroom without it feeling forced.

What is Free2Hope?

Free2Hope is a non-profit 501(c) organization in Louisville, Kentucky, founded by Amy Leenerts.

Goal: End human trafficking using a victim-based approach.

What we learned from Free2Hope?

1. The 4-E formula:

Educate **E**quip **E**xpose **E**nable

2. Human trafficking is happening **HERE** in Kentucky.

3. How we (as students) can keep ourselves safe from trafficking.

Why We Chose Free2Hope:

Not only is Free2Hope a non-profit organization, but they work in our area. Our main goal was to raise money to help them and ultimately our community.



The Steps We Took

1. Created 10 Committees
 - Booths and activities
 - Finance
 - Safety
 - Donations
 - Public Relations
 - Shirts
 - Registration
 - HT Display
 - Race Day Logistics
2. Worked in committees to submit a plan.
3. Picked a final plan with committees in other classes using Google Docs to communicate.
4. Planned for getting sponsors
5. Spread the word - fliers, website, hashtag



Committee Responsibilities

Booths and Activities: Students in this committee had to keep track of what booths we have and how many people and supplies are needed to run them. They created a booth for any sponsors that might want to advertise.

Finance: These students had to keep track of anything that was purchased or donated, created a reasonable registration fee, and made a list of what is needed for the race and the overall cost.

Safety: These students made a list of medically certified volunteers to be there and help during the race, medical supplies we will need, and which products are more convenient, for example, water bottles and/or coolers.

Awards: This committee was concerned with thinking of what type of awards we should have, the design on them, and the divisions that the awards will be given out in.

Shirts: In this committee students had to design shirts and the information on how people were going to buy them.



Committee Responsibilities

Registration: Students made the registration form, came up with cost of registration, and found out what information should be on the form.

Human Trafficking Display: This committee was in charge of setting up a table at the race that presented information about human trafficking, along with more sources like books and movies that can give more knowledge.

Donations: The students in this committee were responsible with writing final donation and sponsorship letters, creating a list of businesses to take them to, and knowing what types of products we needed at the race and how we were going to get them.

Race Day Logistics: In this committee students had to come up with race start and end time, keep a track of everything that was going to happen at the race, set-up and clean-up. And the final map of the race.

Public Relations: They were in charge of creating race flyers and were they could be put up, getting the word out to the public, and sharing the information with other schools.



Race Day

Shepherdsville City Park

May 12th, 2018

The race began at 8:00 am and ended around 10:00 am

Thirty students came to the race to help set-up, participate, run the committees, and break down.

Overall there were 73 people who registered and participated.

We raised money through sponsorships, registrations, and T-shirt sales.

We ended up raising about \$2,300 after the race!!!

What We Learned

1. The first and most important thing that we learned was that Human Trafficking is a huge problem that isn't just in big cities. This can affect us in our own community too.
 - a. Did you know that big events like the Super Bowl, or even the Kentucky Derby bring in a lot of human trafficking?
2. We learned how to plan an event. We learned that it takes a person to be organized, determined, and devoted to what they are planning in order to be successful.
 - a. Throughout this process we had to use a lot of skills we have learned in school... but in a real-world way.



