

**Livingston County Schools**  
**2017-2018 Submission of Findings and Recommendations**

**Area of Assessment: NUTRITION**

**Findings:**

100% of schools offer school meals (breakfast and lunch) programs that are fully accessible to all students.

75% offer students at least 10 minutes to eat breakfast and at least 20 minutes to each lunch, counting from the time they are seated.

**Recommendations:**

Offer grab and go option to promote and increase participation during breakfast.

**Area of Assessment: Physical Activity/Physical Education**

**Findings:**

100% of teachers keep students moderately to vigorously active for at least 50% of the time during most or all physical education class sessions.

75% provide opportunities to participate in physical activity breaks in classroom, outside of physical education, recess, and class transition periods on all or most days during a typical school week.

**Recommendations:**

Provide student opportunities to participate in physical activity breaks in classrooms, outside of physical education, recess, and class transition periods on all or most days during a typical school week.