



Save \$5 off Charmin Family Mega Toilet Paper! Apply "3MEGACHARMIN" and clip coupon on Amazon.

Charmin Ultra Strong Toilet Paper, Family ... 34 \$29.99 prime Shop now

Florida mom wants High School Athletic Association to do more after son dies during practice

Florida High School Athletic Assoc. to vote Monday

BY: [Ryan Smith](#)

POSTED: 11:29 PM, Apr 26, 2018

Share Article

HILLSBOROUGH COUNTY, Fla. — A Florida mother is calling for tougher requirements to keep student-athletes safe during outdoor practices.

Zach Polsenberg, of Fort Myers, died last year from heat stroke complications. He was 16-years-old.

ADVERTISING

Adobe Creative Cloud advertisement: Students, save 60% on Creative Cloud. Get every app for getting your ideas out there. Join now

close

The junior collapsed toward the end of a summer football workout at Riverdale High School.

Related:

[Florida teen dies after collapsing at football practice](#)

[Summer camps on high alert for heat stroke](#)

"There were no heat guidelines for cooling zones during practice for the players to cool off, the only mandate was five-minute breaks for 30 minutes of practice," said Zach's mother, Laurie Giordano.

Giordano is now demanding that the Florida High School Athletic Association mandate Wet Bulb Globe Thermometers to measure humidity at practice, as well as tubs full of cold water near practice fields.

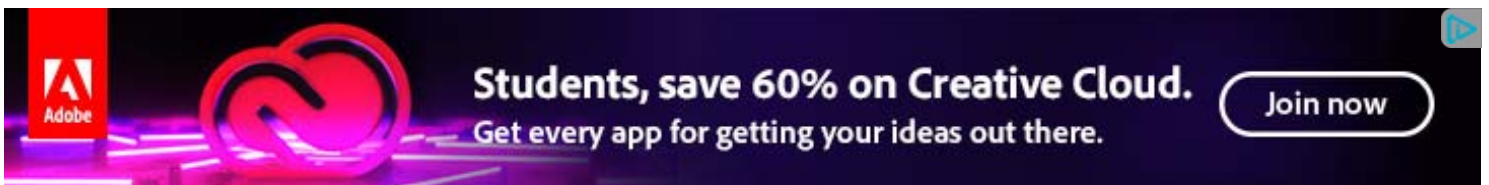
"If they had gotten him into a cold water immersion tub in the shade quickly, he would still be here," said Giordano.

A group of FHSAA board members will meet Monday in Gainesville to vote on policy for cooling equipment.

But Giordano tells our sister station in Fort Myers that the language of the proposal recently changed.

"The FHSAA has changed the wording to strongly recommend," said Giordano. "Which means there's no requirement, there's no sanction that they don't do it."

"The FHSAA's No. 1 priority is student-athlete safety," said Kyle Niblett. "To that end, the Association has specifically bolstered its stance centered on Heat Acclimatization, Hydration, Rest and the availability and use of cold immersion tubs and environment monitoring devices such as the Wet Bulb Globe Thermometer. As with the State Statute and FHSAA Policy

An advertisement banner for Adobe Creative Cloud. On the left is the Adobe logo. In the center is a glowing red heart shape with a white outline. To the right of the heart, the text reads "Students, save 60% on Creative Cloud. Get every app for getting your ideas out there." On the far right is a white button with the text "Join now".

Students, save 60% on Creative Cloud.
Get every app for getting your ideas out there. [Join now](#)

close

Steinbrenner High School parents tell ABC Action News, they support changes to FHSAA policy that provide additional safety measures for student-athletes.

"I would definitely encourage the voting members to do what they would want done with their children and grandchildren," said Carleen Degolyer. "We all want our kids to be safe and healthy."

ABC Action News asked Plant High's assistant principal, a voting board member, about Monday's FHSAA meeting.

A district spokesperson said, "While she has reviewed the recommendations, she has not been able to ask questions or find out more information. That is expected to happen this weekend and on Monday."

Copyright 2018 Scripps Media, Inc. All rights reserved. This material may not be published, broadcast, rewritten, or redistributed.

Receive top stories directly to your inbox.

Type your email

SUBSCRIBE

Thank you and welcome!



Save \$5 off
Charmin Family Mega Toilet Paper!

Apply "3MEGACHARMIN"
and clip coupon on Amazon.

Charmin Ultra Strong Toilet Paper, Family ...

★★★★★ 34

\$29.99 prime

Add to Cart



Students, save 60% on Creative Cloud.
Get every app for getting your ideas out there.

Join now

close