

Request to Place an Item on the AgendaName: Jennifer PopeAddress: 806 S. Main St.Telephone number: 270-865-2506Name of school children attend, if applicable: N/AGroup represented: Todd Co. Schools - SROCheck if request was submitted to: ☒ Superintendent ☐ Board ChairpersonConferred with following administrators (names): Jennifer PopeDescription of Issue: SRO Tracey Mayberry to attend Girl Drama Workshop April 5 - Nashville, TN ; workshop/presenter information attached.\*Paid through with TCHS Administrative travel  
-travel and registrationSpecific Action Requested: approval of SRO Mayberry's attendanceCheck if you are: ☐ Board Member ☐ District Employee ☐ Community Member

All requests for items to be placed on the agenda must be submitted to the Superintendent prior to the Board meeting as specified in Board Policy 01.45. Items submitted shall require prior approval of the Superintendent.

Review/Revised: 3/13/06

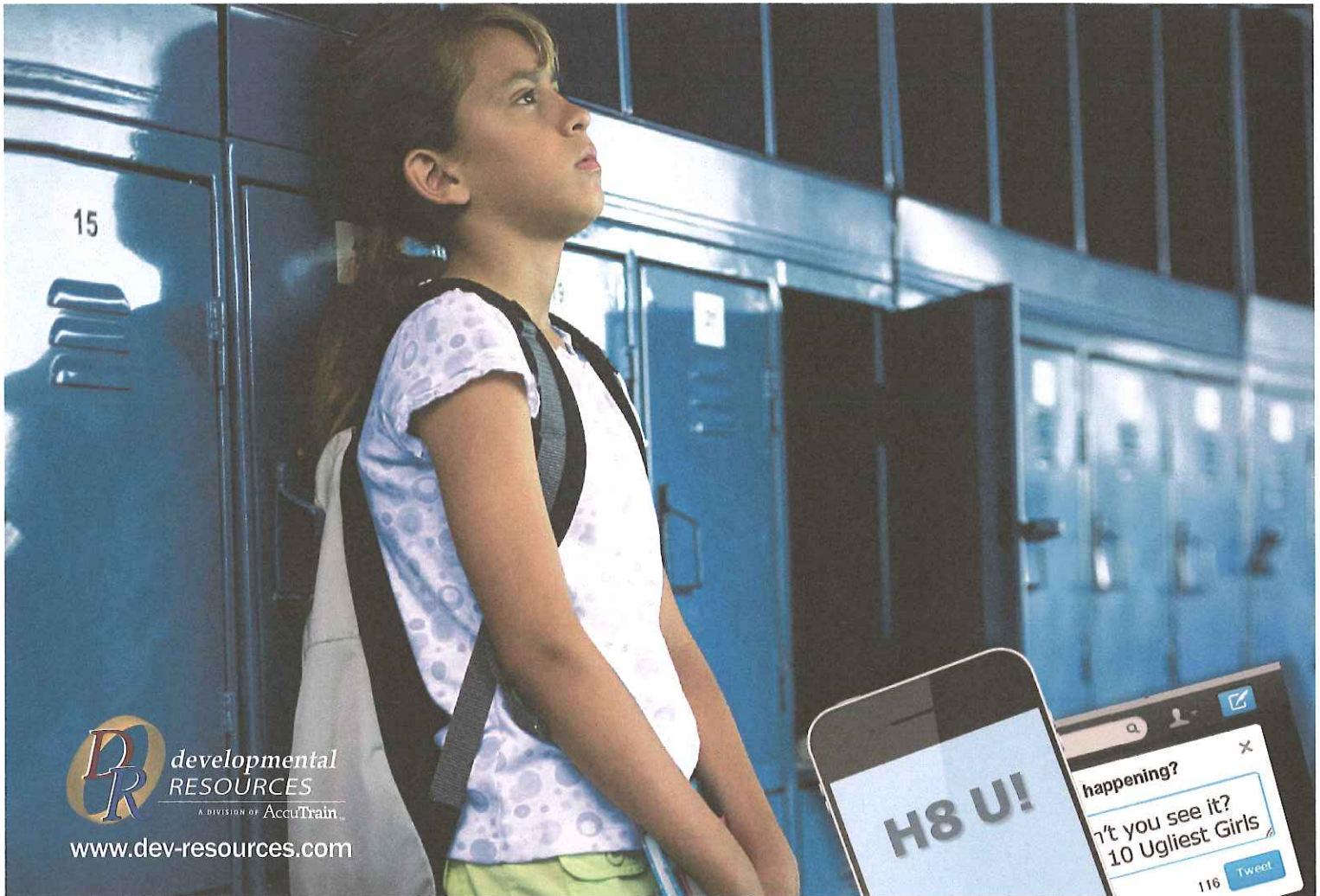


PRESENTED BY DEVELOPMENTAL RESOURCES, A DIVISION OF ACCUTRAIN

Grades K-12

# Girl**DRAMA**

How Educators & Parents Can Use Brain Research & Current Best Practices to Promote Positive Relationships & Prevent Bullying, Cyberbullying & Relational Aggression



 **developmental  
RESOURCES**  
A DIVISION OF AccuTrain  
[www.dev-resources.com](http://www.dev-resources.com)



## MARCH/APRIL 2018 SCHEDULE

Boston | March 12    Omaha | March 19  
Nashville | April 5

**Earn  
6 Contact  
Hours!**



# Girl**DRAMA**

The focus of this one-day seminar is to provide educators specific strategies, activities and insights that can be used to confront and avoid girl drama and relational aggression. Based upon the latest brain research, as well as current best practices, these interventions can be used to revive, launch or sustain efforts to prevent drama and emotional violence among girls. Without help, girls who are targets often suffer lasting effects – including academic withdrawal, social withdrawal, depression, substance abuse, risky sexual behavior, delinquency, crime, dysfunctional relationships, self-injury and even suicide.

Relational aggression among girls has intensified with the explosion of online communication/social media. While texting and Facebook are still widely used, Twitter, Instagram, Snapchat, Tumblr, Vine, Google+, Skype, Oovoo, Facetime, Omegle, Whisper, Yik Yak, Ask.FM, reddit, Digg, Pinterest, Polyvore, Kik and WhatsApp are growing fast, and 92% of North American teens now own a smart phone, according to the latest Pew Research. With the exception of gaming, girls are far more likely than boys to access these online options.

This seminar will help attendees understand the underlying neuroscience, as well as the latest research concerning drama and relational aggression among girls. Attendees will be provided tools for instilling social/emotional connections among girls that reduce relational aggression and improve academic outcomes.

## Learning Objectives

In this information-packed seminar, you will learn to:

- Integrate the latest research-based insights into your bullying and relational aggression prevention program
- Identify online communication and social media trends affecting today's girls
- Discover how to instill social/emotional connections among girls
- Implement individual, small group and classroom strategies and activities
- Design or revise your own action plan for addressing female relational aggression.



## Agenda

- |                  |  |
|------------------|--|
| 8:00 - 8:30 am   | Registration   |
| 8:30 - 10:00 am  | How Nature and Nurture Influence Girl Drama, Relational Aggression & Bullying <ul style="list-style-type: none"><li>• Research Implications from Brain Research</li><li>• Gender Identity, Socialization and Parenting</li><li>• Current Trends &amp; Practices to Promote Self-Awareness and Support Healthy Identity Development</li></ul>                               |
| 10:00 - 10:15 am | Break  |
| 10:15 - 11:00 am | The Impact of Social Networking & Technology on RA <ul style="list-style-type: none"><li>• Current Social Media Sites and Implications</li><li>• Social Media Case Studies and Interventions</li></ul>   |
| 11:00 - 12:00 pm | Prevention Strategies for Schools <ul style="list-style-type: none"><li>• How a Trauma-informed Approach Can Prevent RA Behaviors in Schools</li><li>• Trauma-informed Supports for Victims and Perpetrators of RA</li><li>• Wellness Wheel: 5 Dimensions of Wellness</li></ul>  |
| 12:00 - 1:00 pm  | Lunch (on your own)  |
| 1:00 - 2:30 pm   | RA and Mental Health <ul style="list-style-type: none"><li>• Common Mental Health Diagnoses Associated with RA<ul style="list-style-type: none"><li>• Identify Connections and Risk Factors between RA and Girls' Mental Health</li><li>• Internalizing vs. Externalizing Disorders: Depression and Anxiety</li><li>• Self-Injury and Suicide Ideation</li></ul></li></ul> |
| 2:30 - 2:45 pm   | Break  |
| 2:45 - 3:45 pm   | Individual & Group Strategies to Address RA <ul style="list-style-type: none"><li>• Mindfulness and Resiliency Activities</li><li>• Next Steps to Success: Initiating Your Action Plan</li></ul>   |
| 3:45 - 4:15 pm   | Networking Group Discussion (Optional Attendance)  |

## Who Should Attend

- |  |  |
|--|--|
| <ul style="list-style-type: none"><li>• Classroom Teachers</li><li>• Principals</li><li>• Other Administrators</li><li>• Special Education Personnel</li><li>• Media Specialists</li></ul> | <ul style="list-style-type: none"><li>• School Counselors &amp; Psychologists</li><li>• Social Workers (all levels)</li><li>• Law Enforcement/SRO</li><li>• Counselors &amp; Therapists in Agencies &amp; Private Practice</li></ul> |
|--|--|

## What You Will Receive

To augment the PowerPoint® presentation and hands-on activities, each participant will receive a Resource Packet with ideas, reproducible forms, activities and other suggested materials.



## About the Presenters

For maximum benefit, it is recommended you bring  
a team of 3 or more educators to this seminar.

*In case of an emergency, another equally qualified presenter will substitute.*



**Steph Jensen, MS, LPC** is an award-winning author and speaker recognized for her insight into relational aggression. She combines her experience as both a classroom teacher and a professional counselor with research, practical strategies and humor to address challenging behaviors and build positive relationships with kids. She is the author of *Thrive in the Hive: Surviving the Girl's World of Good and Bad Relationship Bee-haviors*, Mom's Choice Award-winning *Princess Priscilla and the Bully-Bee Day*, *Princess Priscilla and the Mood Ring Rainbow* and *Princess Priscilla and the Great Beezilla!*

## Program Information

**PROGRAM FEES:** The early bird discount fee is \$149. If form is postmarked or faxed after the early bird deadline, the regular registration fee of \$179 will apply. This fee includes refreshments and handouts, but does not include meals, hotel room or parking fees.

**GROUP DISCOUNT:** When 3 or more people register together from the same school district or agency, each participant is entitled to a discount off their registration fee. See discounted rates below. **To receive a group discount, all participants in the group must register at the same time and have a group representative as the contact person.**

**HOTEL ACCOMMODATIONS:** In some of the hotels where seminars are held, a block of sleeping rooms may be reserved at a discount. Please reserve your hotel room early and ask for the Girl Drama or AccuTrain rate.

**CONCERNS OR SPECIAL ACCOMMODATIONS:** Should you have any concerns, call us at 1-800-251-6805. If you require special accommodations due to a disability, please fax us at 757-227-6804 or email us at [pd@accutrain.com](mailto:pd@accutrain.com) at least 2 weeks prior to the seminar, and note your request on your registration form.

**CANCELLATION POLICY:** All cancellations incur a \$20 administrative fee and must be received in writing or electronically seven days prior to seminar.

**No refunds will be issued on cancellations received after that date.** Substitutions are welcome at any time. Developmental Resources

reserves the right to cancel any seminar in the event of insufficient registration, in which case a full refund will be returned. If for any reason the seminar is not held, AccuTrain's liability is limited to a refund of the registration fee paid.

**CERTIFICATES:** Certificates of Completion for this seminar, which indicate 6 Contact Hours of Continuing Education, will be available upon the completion of the seminar and a course evaluation. Please note that Developmental Resources, Inc. is an approved Continuing Education Provider for:

**Association of Social Work Boards:** Developmental Resources Inc. ACE#: 1053 is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) [www.aswb.org](http://www.aswb.org) through the Approved Continuing Education (ACE) Program. Developmental Resources maintains responsibility for the program. ASWB Approval Period: 8/13/2016 - 8/13/2019. Social workers should contact their regulatory board to determine course approval for continuing education credits. Social workers participating in this course will receive 6.0 clinical continuing education clock hours.

**National Board of Certified Counselors (NBCC #5602):** Developmental Resources has been approved by NBCC as an Approved Continuing Education Provider, ACEP™ No. 5602. Programs that do not qualify for NBCC credit are clearly identified. Developmental Resources is solely responsible for all aspects of the programs.

You may also register online at [www.dev-resources.com](http://www.dev-resources.com)

## GIRL DRAMA SEMINAR Registration Form\*

\*Please remember to mark the location you will be attending.

Location	Date	Early Bird Discount Deadline
<input type="checkbox"/> Boston	(M) March 12, 2018	(W) February 19, 2018
<input type="checkbox"/> Omaha	(M) March 19, 2018	(W) February 26, 2018
<input type="checkbox"/> Nashville	(Th) April 5, 2018	(T) March 15, 2018

Registration Fee:	Early Bird	Standard
Individual	\$ 149	\$ 179
3-9 Attendees (see above)	\$ 124	\$ 154
10-19 Attendees (see above)	\$ 109	\$ 139

Registrations: \$ \_\_\_\_\_ X \_\_\_\_\_ = \$ \_\_\_\_\_

Name (type or print) \_\_\_\_\_

Organization \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone: W(\_\_\_\_) \_\_\_\_\_ H(\_\_\_\_) \_\_\_\_\_

Position/Title: \_\_\_\_\_ Email \_\_\_\_\_

**Payment, or Purchase Order number must be received before your registration can be processed. Please indicate method of payment:**

☐ Check (to AccuTrain) ☐ Purchase Order # \_\_\_\_\_

☐ MC ☐ Visa ☐ Disc ☐ AMEX # \_\_\_\_\_ Exp. Date \_\_\_\_\_

Signature \_\_\_\_\_ CSC Code \_\_\_\_\_

To register, please fill out registration  
form and mail or fax to:

Developmental Resources | 208 Ash Ave., Suite 103 | Virginia Beach, VA 23452  
Phone: 800-251-6805 | Fax: 888-372-6061 | Email: [pd@accutrain.com](mailto:pd@accutrain.com)



Reserve Your Space Now to Take Advantage  
of Early Registration Discounts!



## ORLANDO

MARCH 23-25 2018

CARIBE ROYALE



Dr. Spencer Kagan



Baruti Kafele



Steph Jensen



Dr. David Rendall



**Counseling Strategies and Resources** – A platform for research-based solutions to help counselors and other educators empower students on a social-emotional level. Well-known presenters and groundbreaking practitioners focus on the creative, practical side of counseling students K-12. [www.innovativecounselors.com](http://www.innovativecounselors.com)



**School Climate & Culture Forum** – This event features practical, real-world initiatives that are successfully transforming the quality, character and personality of schools. Discover programs, assessments and tools proven to improve school culture and climate. [www.schoolclimateforum.com](http://www.schoolclimateforum.com)



**Girl Bullying & Empowerment Conference** – Now in its 12th year, this event helps educators understand the latest research, while learning proven solutions for combatting female relational aggression and proven strategies for building positive, supportive relationships among girls. [www.stopgirlbullying.com](http://www.stopgirlbullying.com)



**School Discipline Conference** – A must-attend gathering for educators focused on improving academic performance by applying the most current innovations and research to behavior intervention and classroom management. Special focus is given to supportive, non-exclusionary discipline. [www.sdiscipline.com](http://www.sdiscipline.com)

## ATLANTA

JUNE 20-23, 2018

RENAISSANCE  
ATLANTA Waverly



Rosalind Wiseman



Dr. Michael Gurian



Dr. Christopher Emdin



Larry Thompson



**At-Risk & Struggling Students Conference** – Millions of students exhibit ongoing disciplinary problems, impulsive behavior, truancy issues and have become disengaged. This event focuses on evidence-based programs and strategies educators can use to prevent dropouts and to help students succeed. [www.atriskstudentsconference.com](http://www.atriskstudentsconference.com)



**Innovative Teaching Strategies Conference** – A showcase for evidence-based and groundbreaking instructional practices from exemplary programs. This event assembles internationally recognized experts, together with practicing educators with promising, fresh approaches. [www.innovativeteach.com](http://www.innovativeteach.com)



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**Boy Brains & Engagement Conference** – Boys are more likely to be held back, suspended or expelled – or to drop out of school altogether. This conference will help educators understand and support the unique neurochemistry of the male brain. Join us in Atlanta June 20-23, 2018. [www.boybrainsconference.com](http://www.boybrainsconference.com)

## LAS VEGAS

JULY 10-13, 2018

CAESARS PALACE



Dr. Yong Zhao



Dr. Ned Hallowell



Merlyna Valentine



Brian Mendler



**School Climate & Culture Forum** – This event features practical, real-world initiatives that are successfully transforming the quality, character and personality of schools. Discover programs, assessments and tools proven to improve school culture and climate. [www.schoolclimateforum.com](http://www.schoolclimateforum.com)



**Wired Differently Conference** – This conference provides critical insights for reaching and teaching the 20 percent of all students who are diagnosable with a mental, emotional or behavioral issue. Particular focus is given to working with these often high-potential students in inclusive settings. [www.wirediff.com](http://www.wirediff.com)

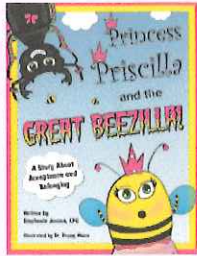


**NextGen School Safety Conference** – The 2018 conference will focus on a litany of K-12 safety topics such as preventing intruder episodes, brain research & student safety, crisis management, critical error reduction psychology, student safety, social media and behavior recognition. [www.nextgenschoolsafety.com](http://www.nextgenschoolsafety.com)

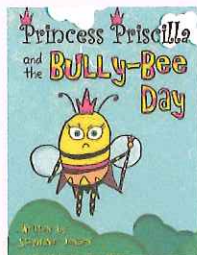


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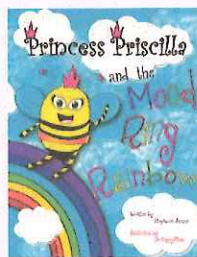




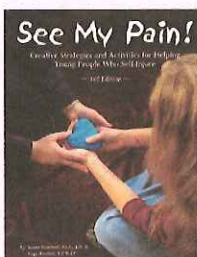
**Princess Priscilla and the Great Beezill!**  
\$14.95 Grades PK-4  
There is a new bee in the hive, but is she a bee or is she a bug? Her name is Iris and she is really a beetle who wants to "bee" friends with Priscilla and her Honey Bunch so she disguises herself as a bee. Some of the bees refuse to play with her because of how strange and funny she looks. When Princess Priscilla meets Iris, she invites her to play and does not judge her for her strange looks, but she is suspicious.



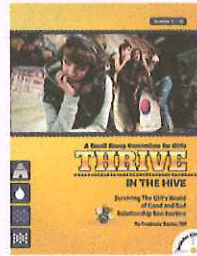
**Princess Priscilla and the Bully-Bee Day**  
\$14.95 Grades PK-3  
**WINNER OF THE MOM'S CHOICE AWARD!**  
Princess Priscilla is having a rotten day. No bee will listen to what she has to say and no bee will play what she wants to play. In her sour mood, Priscilla finds herself acting rude. She hurts her friends with words that sting and learns they think she is being a bully-bee.



**Princess Priscilla and the Mood Ring Rainbow**  
\$14.95 Grades PK-3  
This story encourages self-awareness and self-management for children in a cheerful and engaging journey through the Mood Ring Rainbow with Priscilla. Children gain fundamental insights on how to name their emotions and use self-regulation strategies to manage them when needed.



**See My Pain: Self-Injury**  
\$29.95 Grades 5-12  
Discover a collection of strategies and activities to help children and adolescents who deliberately self-injure. A variety of hands-on creative arts approaches are featured that can be used in private practice and school settings. When working with youth who self-injure it is helpful to have a variety of creative approaches at your fingertips.

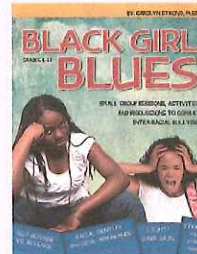


**Thrive in the Hive – Surviving the Girls' World of Relationship Bee-haviors**  
\$24.95 (includes CD) Grades 6-12  
Being a teenage girl in today's world can be tough! While girls and boys deal with many of the same issues; some growing-up struggles are unique to the experience of being a girl in our society. This resource can help build a foundation for girls to navigate together through many of these issues and relate them to their own personal experiences. Using this curriculum, girls gain a stronger sense of self worth and belonging in their families, with their peers, and in their communities.



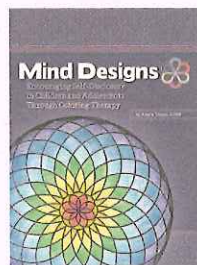
**STOP the Drama & Bullying Thumballs**  
\$17.95 each Grades 2-12

Players are encouraged to discuss interpersonal drama, how it starts, how it can lead to many different kinds of problems for oneself and others, and what they can do to prevent or deal with it. They are also encouraged to discuss what students can say to a bully, what it feels like to be bullied and how bystanders can help.



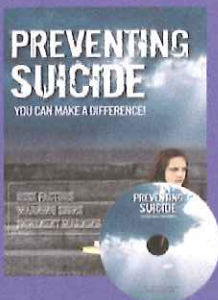
**Black Girl Blues**  
Sessions, Activities and Discussions to Combat Intra-Racial Bullying  
\$24.95 Grades 6-12

*Black Girl Blues* focuses on the relationships between African-American girls. It exposes the historical, cultural and social factors behind girl bullying among the African-American culture. While economic status and identity development are among topics, physical characteristics are also often the source of intra-racial bullying.



**Mind Designs: Encouraging Self-Disclosure through Coloring Therapy**  
\$34.95 (includes CD) Grades K-12

This book and CD will provide you with a unique, powerful tool that will help facilitate deeper personal conversations with young people. The reproducible worksheets have been field-tested with children and adolescents who are experiencing trauma and/or young people with mild to severe social, emotional and behavioral challenges.

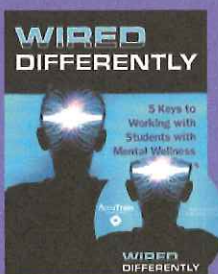


**JUST RELEASED!**  
**Preventing Suicide – You Can Make a Difference!**  
Regular DVD Price \$295 – Introductory Price \$195!

Also available via AccuTrain On-Demand

Grades K-12

Suicide is one of the leading causes of death among students in North America – and the numbers are increasing, unfortunately. Surprisingly, almost half of the students who try to commit suicide will make their first attempt in elementary or middle school. Other than parents or guardians, educators provide the primary adult interaction and influence for many young people, and therefore can play a pivotal role in identifying students who may need help. Based on the popular AccuTrain seminar *Critical Mental Health Challenges*, this video program will help teachers, administrators, counselors and para-professionals feel better equipped to intervene with a student who may have lost hope. It uses a dramatized interaction to demonstrate how an educator might best handle the difficult, but critical, conversation with a troubled student.



**JUST RELEASED!**  
**Wired Differently: 5 Keys to Working with Students with Mental Wellness Challenges**  
Regular DVD Price \$295 – Introductory Price \$195!

Also available via AccuTrain On-Demand

Grades K-12

Current studies show that approximately 20 percent of all students are diagnosable for a mental, emotional or behavioral health issue. This brand-new DVD/On-Demand program will help administrators, teachers, paraprofessionals and other staff understand how to support and teach this often high-potential portion of the student population – while avoiding an unmanageable classroom environment. This 20-minute video-based program employs real-life scenarios to introduce educators to 5 keys for working with students who are diagnosable for various disorders including anger disorders, ADHD, bipolar disorder, anxiety disorders, trauma (including PTSD), Asperger's and mild autism, and oppositional defiant disorder.



Grades K-12

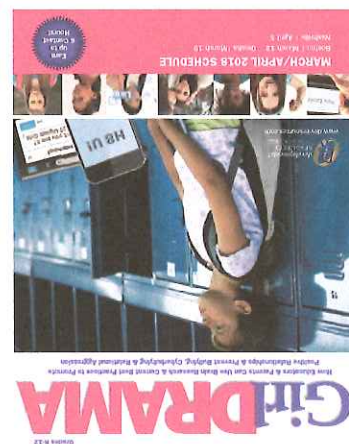
# Girl**DRAMA**

How Educators & Parents Can Use Brain Research & Current Best Practices to Promote Positive Relationships & Prevent Bullying, Cyberbullying & Relational Aggression

**Earn 6 Contact Hours!**

Metro Area	Seminar Date	Seminar Location	Hotel Reservations	Early Bird Deadline
<b>Boston</b>	<b>March 12, 2018</b> Monday	Holiday Inn Boston Peabody 1 Newbury St., Peabody, MA 01960	978-535-4600	<b>February 19, 2018</b> Monday
<b>Omaha</b>	<b>March 19, 2018</b> Monday	Hilton Garden Inn Omaha East/ Council Bluffs 2702 Mid America Dr., Council Bluffs, IA 51501	712-309-9000	<b>February 26, 2018</b> Monday
<b>Nashville</b>	<b>April 5, 2018</b> Thursday	Radisson Nashville Airport 1112 Airport Center Dr., Nashville, TN 37214	615-889-9090	<b>March 15, 2018</b> Thursday

Please post  
for other  
staff members



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