**Pikeville Independent School**

**Health & Wellness**

**Action Objectives**

**FY 2018**

**Objective 1: Develop District Level Wellness Committee to focus on policies directly related to**

**health and wellness programs involving district students and staff.**

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| **Action** | **Focus Area** | **Date** | **Responsible Staff** | **Goals** | **Documentation** |
| Select teachers, administrators, staff and community members to meet a minimum three (3) times per year to review, update, and present physical activity, nutrition and wellness data and plans for improved physical activity and nutrition opportunities for district staff and students. | Wellness Councils and Policy | Jan-2017 | Director of Pupil Personnel | 1. Periodic Meetings  2. Policy Review/Revision  3. Action Plan Development | Sign In Sheets  Agenda  Board Policy  Completed Action Plan (Jan – 18) |

**Objective 2: Promote healthy food and beverage choices by using smarter lunchroom techniques.**

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| **Action** | **Focus Area** | **Date** | **Responsible Staff** | **Goals** | **Documentation** |
| Improve/Enhance healthy food selection at Pikeville Jr/High School | Nutrition | Aug-2017 | Food Service Director  Principal  Wellness Committee | 1. Increase of Healthy Food Choice among PHS students;  2. Increase display of fruit/vegetable options.  3. Whole Fruit and Vegetable Options bundled into grab and go options  4. Increase Lunch and Breakfast participation at both PES & PHS by 2% during the 2017-18 school year | 1. Collaboration with Local Health Dept. /County ext. Agent.  2.Adoption of Grab and Go Meals for Breakfast  3. Increased Display Items |

**Objective 3: Increase district wide student participation in the breakfast and lunch programs offered by the Pikeville Ind. School System.**

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| **Action** | **Focus Area** | **Date** | **Responsible Staff** | **Goals** | **Documentation** |
| Improve student participation in school breakfast and lunch programs offered at both Pikeville High School and Pikeville Elementary by 3% as compared to FY 17. | Nutrition | May- 2018 | Food Service Director  Principal  Wellness Committee | 1. Increase of Healthy Food Choice among PHS students;  2 Adoption of Grab and Go Meals for Breakfast at both PHS and PES | 1. Collaboration with Local Health Dept. /County ext. Agent and school administration.  2. Quarterly participation numbers as recorded by the District Food Service Coordinator. |