

CHILD NUTRITION ANNUAL REPORT

Date: January 23, 2017

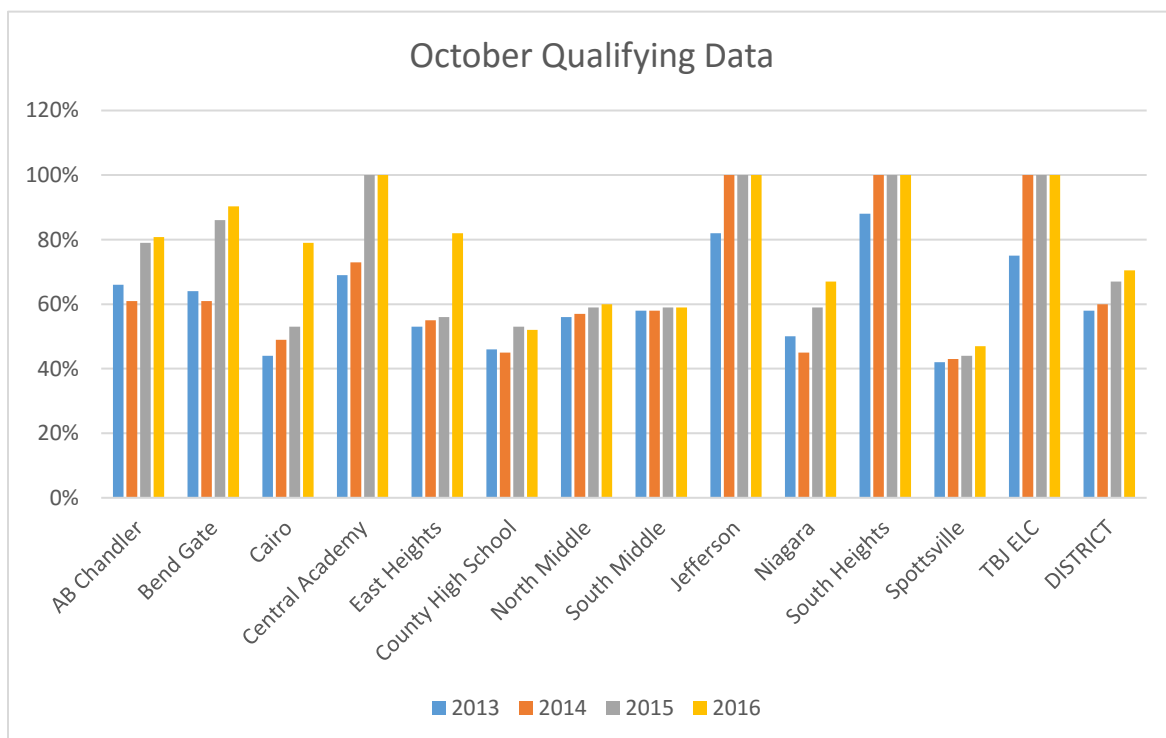
Annual assessment and evaluation of school nutrition in the district in accordance with KRS 158.856

The Henderson County Child Nutrition Department complies with all state and federal regulations. We meet the current requirements of the Healthy Hunger Free Kids Act of 2010 for lunch and breakfast.

Child Nutrition submits Qualifying Data for the site enrollment each year. The data is collected on 10-31-16 and submitted to Kentucky Department of Education with the CNIP program. This information is the basis for many programs in our district. We are currently 70.52% free/reduced students in our district. This is an increase of 4% from October 2015 and an increase of 10.52% from October 2014. The 2016 October Qualifying Data for the district free/reduced is shown below. It represents the Site Enrollment Data as show by KDE representing the % of free/reduced at each school and as a district.

October Qualifying Data % Free/Reduced

	2013	2014	2015	2016
AB Chandler	66%	61%	79%	81%
Bend Gate	64%	61%	86%	90%
Cairo	44%	49%	53%	79%
Central Academy	69%	73%	100%	100%
East Heights	53%	55%	56%	82%
County High School	46%	45%	53%	52%
North Middle	56%	57%	59%	60%
South Middle	58%	58%	59%	59%
Jefferson	82%	100%	100%	100%
Niagara	50%	45%	59%	67%
South Heights	88%	100%	100%	100%
Spottsville	42%	43%	44%	47%
TBJ ELC	75%	100%	100%	100%
DISTRICT	58%	60%	67%	71%

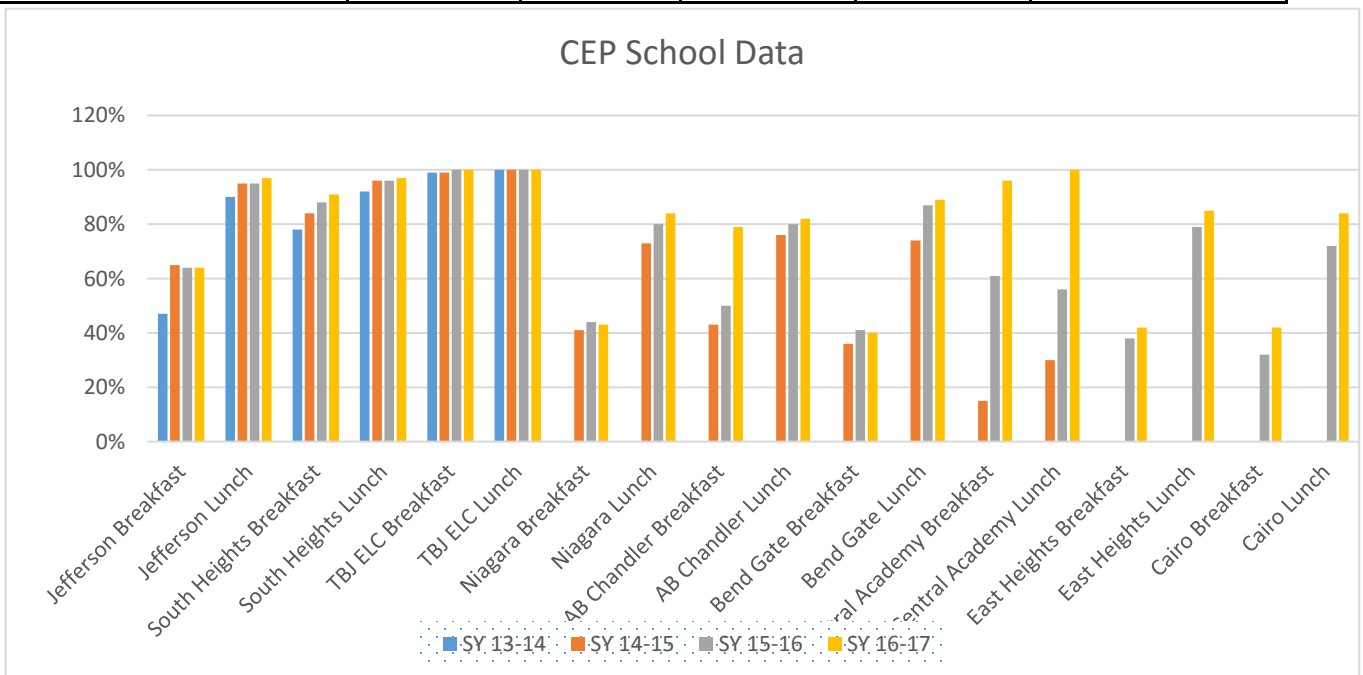


We are proud to report that nine of our schools are participating in the Community Eligibility Provision whereby all students in these schools receive free breakfast and lunch. East Heights and Cairo are in their first year of participation. Three schools are in their third year of participation, Jefferson, South Heights, and Thelma B Johnson Early Learning Center. Four schools are in their second year of participation, Niagara, AB Chandler, Bend Gate, and Central Academy. The table below represents the average participation of meals for the year stated; the 16-17 school year data is from August thru December. We will continue to evaluate the option each school year based on the April 1st reporting data of all Directly Certified students for free meals. It is possible that we could offer CEP to other sites, however, we have to consider if the expected increase in participation and reimbursements adequately cover the program costs. A report will be available to the Board at the May meeting regarding any changes to the CEP program.

CEP School Data

Table B

Site	SY 13-14	SY 14-15	SY 15-16	SY 16-17	Change SY 15-16 to 16-17
Jefferson Breakfast	47%	65%	64%	64%	0%
Jefferson Lunch	90%	95%	95%	97%	2%
South Heights Breakfast	78%	84%	88%	91%	3%
South Heights Lunch	92%	96%	96%	97%	1%
TBJ ELC Breakfast	99%	99%	100%	100%	0%
TBJ ELC Lunch	100%	100%	100%	100%	0%
Niagara Breakfast		41%	44%	43%	-1%
Niagara Lunch		73%	80%	84%	4%
AB Chandler Breakfast		43%	50%	79%	29%
AB Chandler Lunch		76%	80%	82%	2%
Bend Gate Breakfast		36%	41%	42%	1%
Bend Gate Lunch		74%	87%	89%	2%
Central Academy Breakfast		15%	61%	96%	35%
Central Academy Lunch		30%	56%	100%	44%
East Heights Breakfast			38%	42%	4%
East Heights Lunch			79%	85%	6%
Cairo Breakfast			32%	42%	10%
Cairo Lunch			72%	84%	12%



The Henderson County Child Nutrition Department does not hold any contracts with fast food or commercial vendors. Our kitchens are all self-prep and follow set menus to provide nutritious meals to our students so that they will be well nourished for learning.

Monthly menus, which include nutritional value, are posted on the district website. Each cafeteria posts the menu daily at the beginning of the line to help students know what is offered and what makes a complete meal. We are trying a new program with the preschool called Meal Viewer that helps provide meal nutritional data to the nurses as well as the parents and staff.

The Henderson County child Nutrition Department has reviewed the access of foods and beverages sold outside of the National School Lunch and School Breakfast Programs in the schools. Per our Board Policy 07.111: "No school may sell competitive foods or beverages, whether from vending machines, school stores or canteens, classrooms, teacher or parent groups, from the time of arrival of the first student at the school building until thirty (30) minutes after the last school lunch period. At the elementary school level during the school day, only school-day approved beverages shall be available in vending machines, school stores or canteens or as fundraisers that involve the sale of beverages by students, teachers, or groups." Vending machines are not available to students until 30 minutes after the last lunch period or until after the school day has ended.

School meal prices were increased last school year in order to be compliant with the Paid Lunch Equity regulations set by KDE. There are no plans to increase meal prices for the 2017-2018 school year.

	Breakfast	Lunch
Elementary	\$1.50	\$2.25
Middle School	\$1.50	\$2.25
High School	\$1.50	\$2.50
Adult	\$2.25	\$3.50

Child Nutrition made a change for the 16-17 school year in the primary supplier of food products purchased. We are now utilizing Gordon Food Service in order to capitalize on potential savings to the budget of \$130,000.

The Nutrition & Physical Activity Report Card for SY 2015-2016 is attached for your review and available on the website.

Overall recommendations for improving the school nutrition environment are as follows:

1. Continue to maintain compliance with state and federal regulations.
2. Continue to survey staff and students for ways to improve the menu
3. Increase our outreach to the community regarding school meals and summer feeding.
4. Work with the community to develop a culture of wellness and health for our district.
5. Replace aging equipment with more efficient items as financially feasible.
6. Provide training for staff to improve the quality of meals.
7. Grow our relationship with local farmers to purchase locally grown produce.

Respectfully submitted,

Charlotte Baumgartner
Director Child Nutrition
Henderson County Schools



Nutrition & Physical Activity Report Card For SY 2015-2016



The Henderson County Schools are dedicated to serving nutritious meals and providing multiple physical activity opportunities as a means of helping our students reach proficiency.

School Physical Activity Environment Assessment			
Program/activity	Elem	Middle	High
Provide daily recess	100%	N/A	N/A
Provide additional PA not exceeding 150 minutes per week	100%	N/A	N/A
Provide physical education	100%	100%	100%
Provide classroom physical activity integrated into school day	100%	N/A	N/A
Provide intramural physical activity opportunities	All	All	All
Offer facilities to families/community for physical activity opportunities	100%	100%	100%

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To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form (AD-3027) found online at <http://www.usda.gov>, www.usda.gov, www.usda.gov, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 622-9992.

Submit your completed form or letter to USDA by:

(1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;

(2) fax: (202) 690-7442; or (3) email: program.intel@usda.gov.

Nutrient Analysis

Averaged over the course of a week, lunch menus offered in our schools provide the following and are compliant with the new meal patterns as established by the Healthy Hunger Free Kids Act of 2010 as designated by age group:

Specific item nutrient details are available at

<http://education.ky.gov/federal/SCN/>

	Menu AVG	Target
K-5		
Calories	637	550-650
Saturated Fat %	6.99	<10%
Sodium (mg)	1147	*1230
6-8		
Calories	664	600-700
Saturated Fat %	6.22	<10%
Sodium (mg)	1297	*1360
9-12		
Calories	830	750-850
Saturated Fat %	6.61	<10%
Sodium (mg)	1409	*1420



National School Lunch

The Healthy Hunger-Free Kids Act of 2010 marked the first major change in the National School Lunch Program (NSLP) since 1966. The new regulations challenged all districts to focus more intently on the culture of nutrition in our schools. School districts who meet the new Meal Pattern guidelines are eligible to receive an additional \$0.06 cents in federal reimbursement from the United States Department of Agriculture. These guidelines promote meal quality while commodity donations help the farmer and help schools keep down meal prices.

Our lunch meals are planned on a four-week menu cycle. Federal regulations require that we offer daily minimum portion sizes as well as age specific calorie ranges. The portion sizes are designed to provide 1/3 of the RDA for children based on age groups. We make a concerted effort to offer whole grains as well as fresh fruits and vegetables every day. The menu cycle provides for variety and allows us to make the most efficient use of the donated commodities, especially seasonal fresh fruits. We offer low fat %1 white milk, fat free choc/strawberry milk as well as 100% fruit juice.

The table below provides a synopsis of the lunch

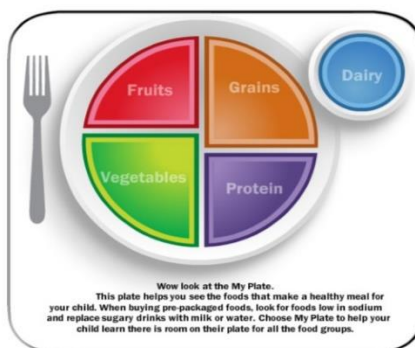
Federal Reimbursement 15-16	\$2,150,822.29
# Schools Participating	13
Total Lunches Served	849,529
Average Daily Participation	4,675
Cost of Food Used	\$2,424,886.85
# Students Approved for Free Meals	4196
# Students Approved for Reduced Meals	215
Lunch Prices	Adult: \$3.25 Student Paid: \$1.85 Reduced: \$0.40

School Breakfast

The School Breakfast Program (SBP) was established in 1966. School districts receive federal reimbursement for each school breakfast served that meets the United States Department of Agriculture nutrition guidelines.

Studies show that children who participate in the SBP have significantly higher standardized achievement test scores than non-participants. Children with access to school breakfast also had significantly reduced absence and tardiness rates.

Federal Reimbursement 15-16	\$763,000.26
# Schools Participating	13
Total Breakfasts Served	415,974
Average Daily Participation	2295
Breakfast Prices	Adult: \$2.25 Reduced Price: \$0.30 Paid: \$1.00



Summer Food Service Program

Bridging the gap when school is not in session, SFSP provides breakfasts, lunches, suppers, and snacks to Kentucky children. Henderson County has participated in this program for 15+ years.

Federal Reimbursement 15/16	\$76,283.74
# Sites Participating	16
Total Meals Served	23,713
Average Daily Participation	431
Meal Prices	Students: free Adult Breakfast: \$2.00 Adult Lunch: \$3.00

After-School Snack Program

The After-School Snack Program allows for programs with regularly scheduled activities in an organized, structured environment to provide and claim reimbursement for snack served to school-age children. Four of our schools, South Heights, North Middle, South Middle, and HCHS, currently qualify for this program.

Federal Reimbursement	\$9,145.08
Total Snack Served	10887
Average Daily Participation	97%

The menu for each grade level can be found at items available to students at meal times can be downloaded from our web site at www.hendersonkyschools.us under Departments—Nutrition—School Menus

Food and beverage items that are sold as extras on the cafeteria lines all meet the minimum nutritional standards required by the Kentucky board of Education. These standards are designed to limit access to items with little or no nutrient density. No school may sell competitive food or beverages from the time of the arrival of the first student at the school building until thirty (30) minutes after the last lunch period. (KRS 158.854)