

01/05/17 – Middle School Regulation Adoptions

 khsaa.org/010517-middle-school-regulation-adoptions/

After approval by the Kentucky Board of Education through the regulatory process, please be advised of the new policies affecting middle school athletics, which per 702 KAR 7:065 is competition for students grades 5-8 participating in competition for grades levels 6 through 8. Highlights of the changes are listed below with the complete regulation at <http://www.lrc.state.ky.us/kar/702/007/065.htm>.

Dead Period

Beginning in June 2017, the period of June 25 to July 9 (inclusive), shall be a dead period for middle school athletics.

During the dead period:

- (a) Students shall not receive coaching or training from school personnel, whether salaried or non-salaried;
- (b) School facilities, uniforms, nicknames, transportation, or equipment shall not be used;
- (c) School funds shall not be expended in support of interscholastic athletics; and
- (d) A postseason wrap-up activity, celebration, or recognition event relating to a spring sports team at a school may be held.

Football

Football drill work and practice activities will be conducted as follows:

- (i) A drill conducted in helmets-only shall be a Level 0, air, or Level 1, bags;
 - (ii) A drill conducted in shells (shorts, shoulder pads, and helmets) shall be a non-contact drill; and
 - (iii) A contact drill shall be conducted in full equipment;
- b. Middle school football shall practice a minimum of eleven (11) days before engaging another group or opponent in full contact, using the following minimum schedule:
- (i) Five (5) days in helmets;
 - (ii) Followed by three (3) days in helmets and shoulder pads; and
 - (iii) Concluding with three (3) days in full equipment practice;
- c. Contact drills shall not be conducted more than twenty-one (21) days before the first regular season contest.

Licensed Officials

Beginning with the 2017-2018 school year, teams participating in middle school athletics as defined by subsection (1) of 702 KAR 7:065 shall use KHSAA licensed officials in the sports of baseball, basketball, field hockey, football, soccer, softball and volleyball.

A complete copy of the revised regulation is detailed at <http://www.lrc.state.ky.us/kar/702/007/065.htm>

–KHSAA–

For additional information, please visit the Middle School section of the KHSAA website at <http://khsaa.org/middle-school-athletics-information/>.

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