

Whalen, Leonard

From: Beach, Denise L (LHD - Hopkins Co) <DeniseL.Beach@ky.gov>
Sent: Thursday, November 17, 2016 2:37 PM
To: Whalen, Leonard
Cc: French, Sophie M (LHD-Hopkins Co)
Subject: FW: Emailing: DS Naloxone pg3 001.jpg
Attachments: Dawson Springs Independent School District Policy and Standing Order for Naloxone.docx; DS Naloxone pg3 001.jpg

Good afternoon,

As we discussed before, the state Department of Public Health and Department of Education have worked together to encourage high schools to have Naloxone (Narcan) available. This medication can help reverse opioid overdose symptoms until emergency help arrives. It is a safe drug, and has been approved to be administered in a nasal spray, in the event of an opioid overdose or potential overdose.

The Board of Health for Hopkins County and the Medical Director for the Health Department have all signed off on the policy and we have received a free emergency Naloxone kit for your school. The school nurse has authority to administer this now, but the Department of Education recommends that you take this to your Board for approval for us to teach staff volunteers to use this.

I would be glad to come to a Board meeting and meet with your Board and present if you want to proceed. This is free, easy, and really supported by the State.

Please let me know. We will have this available in the Nursing office immediately and hope to proceed in training a few staff members. Unfortunately, there is much expectation that the current opiate overdose issues in the Northeast will be moving this way, and this opportunity could save a life and allow them to receive treatment.

Thanks,

Denise

Denise Beach, RN, BSN, MS
Public Health Director
Hopkins County Health Department
412 N. Kentucky Ave.
Madisonville, KY 42431
270-821-5242 ext. 222
DeniseL.Beach@ky.gov

Dawson Springs Independent School District Policy and Standing Order for Naloxone/Narcan Administration for Opiate Overdose

Purpose: Naloxone is indicated for the reversal of opioid overdose in the event of respiratory depression or unresponsiveness. It will be administered intra-nasally in the high school, if indicated.

Standing Order: Per KRS 217.186: The board of each local public school district may permit a school to keep NARCAN (naloxone) on the premises and regulate the administration of NARCAN to any individual suffering from an opiate-related overdose.

This order authorizes that a Dawson Springs Independent School District employee, who has been trained and passed a competency test on Naloxone administration, may possess and administer nasal Naloxone to a person that is experiencing a drug overdose. A Hopkins County Health Department RN will perform the training and delegate this responsibility. The Hopkins County Health Department school nurse, if available, may also administer the Narcan. All school staff, including those in extracurricular programs, should be trained on how to recognize the signs and symptoms of an opioid overdose requiring the use of a naloxone.

Opioid Overdose Requiring the Use of Naloxone: extreme sleepiness (inability to awaken verbally or upon sternal rub); pale/clammy skin; breathing problems (shallow breathing in someone that cannot be awakened, fingernails or lips turning blue/purple, deep snoring or gurgling); pinpoint pupils; slow heartbeat and/or low blood pressure.

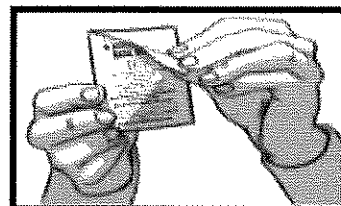
Administration of Nasal Naloxone/Narcan:

- a. If an individual does not respond to stimulation (yelling their name, shaking, rubbing knuckles over the chest bone for 5-10 seconds), call 911. Give address and location. Let them know that that an opiate overdose is suspected and that Narcan is being given.
- b. **RESCUE BREATHING:** If the individual is not breathing or is unresponsive with shallow breathing, place the person on their back and check their mouth. Remove anything found in their mouth. Place face shield, found in Narcan kit, over their mouth. Tilt head back, pinch nose, and create an air tight mouth to mouth seal on the person's mouth. Blow enough air into the lungs to make the chest rise. If the chest is not rising, tilt the head back a little more and try again. Give 2 rescue breaths over 1 second and then again every 5 seconds until the patient is breathing on their own or EMS arrives. (If school nurse is available, may use mask in emergency bag)
- c. **GIVE NARCAN NASAL SPRAY:** See Attached for Steps

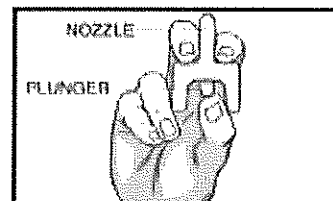
How to use NARCAN nasal spray:

Step 1. Lay the person on their back to receive a dose of NARCAN Nasal Spray.

Step 2. Remove NARCAN Nasal Spray from the box. Peel back the tab with the circle to open the NARCAN Nasal Spray.



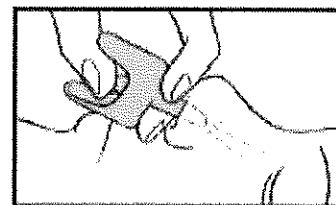
Step 3. Hold the NARCAN Nasal Spray with your thumb on the bottom of the plunger and your first and middle fingers on either side of the nozzle.



Step 4. Tilt the person's head back and provide support under the neck with your hand. Gently insert the tip of the nozzle into one nostril until your fingers on either side of the nozzle are against the bottom of the person's nose.



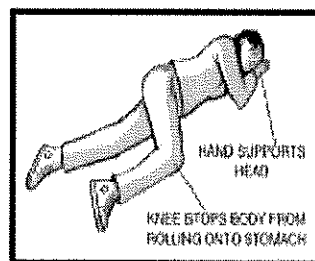
Step 5. Press the plunger firmly to give the dose of NARCAN Nasal Spray.



Step 6. Remove the NARCAN Nasal Spray from the

Step 7. Get emergency medical help right away.

- Move the person on their side (recovery position) after giving NARCAN Nasal Spray.
- Watch the person closely.
- If the person does not respond by waking up, to voice or touch, or breathing normally another dose may be given. NARCAN Nasal Spray may be dosed every 2 to 3 minutes, if available.
- Repeat Steps 2 through 6 using a new NARCAN Nasal Spray to give another dose in the other nostril. If additional NARCAN Nasal Sprays are available, Steps 2 through 6 may be repeated every 2 to 3 minutes until the person responds or emergency medical help is received.



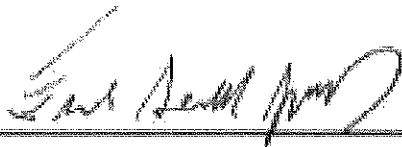
Step 8. Put the used NARCAN Nasal Spray back into its box.

Step 9. Throw away (dispose of) the used NARCAN Nasal Spray in a place that is away from children.

Nasal Naloxone Kits Contain the Following:

- 2 Pack- Narcan Nasal Spray 4mg
- "See An Overdose- Call 911" Card, with symptoms of Opioid overdose and what to do if someone overdoses.
- Gloves
- Mouth Shield (enclosed in orange key chain)
- List of Referral Sources That Treat Drug and Alcohol Addiction
- Narcan Nasal Spray Prescription

This Narcan policy will be followed subject to Naloxone/Narcan availability. If it is not available, 911 is to be called.



11/12/2016

Medical Director, Hopkins County Health Department

Date

11/7/16