

November 1, 2016

Mr. Julian Tackett, Commissioner Kentucky High School Athletic Association 2280 Executive Drive Lexington, KY 40505-4808

Dear Julian,

Thank you for your "Request to Experiment" in Wrestling, specifically related to Rule 4.1.1, the Wrestlers' Uniform.

The NFHS Rules Review Committee considered and approved your experiment request for the 2016-17 wrestling season. If the NFHS wrestling rules do not change to accommodate this concept for the 2017-18 season and you wish to again experiment for 2017-18, another application request would be required.

It is important to note that each experiment requires that follow-up information be provided to the Wrestling Rules Committee for their review prior to the 2017 Wrestling Rules Committee Meeting. We would ask you to survey or poll your officials and coaches to gather appropriate data relative to the experiment, such that the Wrestling Rules Committee might be able to determine whether an NFHS rules change would be in order, based on your findings.

As you are likely aware, the fact that a state is experimenting does not automatically place any rules change proposals on the rules committee agenda. If you believe your experiment has positive results, you may submit a rules change proposal for the committee to consider.

Thanks again for your Request to Experiment.

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Sincerely,

Davis A. Whitfield

NFHS Chief Operating Officer



REQUEST TO EXPERIMENT
Please complete and e-mail as a Word document to dwhitfield@nfhs.org.

Sport for Experiment	Wrestling					
State Association	Kentucky					
Staff Contact	Julian Tackett / Michael Barren					
State Association Position	▼ Executive Director					
E-mail	jtackett@khsaa.org	Phone	859-299-5472			
Date	October 21, 2016					

Initial Year for Experiment (Request must be made each year)	2016 - 2017
Request for Second Year	2017 - 2018
Request for Third Year	2018 - 2019

Rules Inv	volved in Ex	periment					
Rule	4	Section	1	Article	1	Penalty	
Rule		Section		Article		Penalty	
Other				•			

Description of Experiment	4-1-1			
	Art. 1Wrestlers shall wear			
	a. Remains the same;			
	b. Remains the same;			
	c. A singlet with the top cut as outlined in (a) with full-length tights and stirrups. Full length tights with stirrups are acceptable under a one-piece uniform. Any other undergarment that extends beyond the inseam of a one-piece uniform shall be tight fitting, single solid color, unadorned and shall not extend below the knee. The uniform shall be a school issued uniform. (Photo 1) d. Compression or board shorts designed for wrestling: shorts shall have a minimum 4 inch inseam that shall not extend below the knee. Shorts shall not have exposed draw strings, belt loops, zippers, snaps, buttons or pockets. The shirt shall be tight fitting, short sleeved or sleeveless and shall not cover or extend below the elbow. In addition, the length of the shirt must be longer than the torso to prevent the shirt from becoming untucked.			
	e. Undergarments: a suitable undergarment that completely covers the groin area. Female contestants must also wear a suitable undergarment that covers their breasts.			
	Note: Any legal uniform as noted in 4-1-1 shall be a school issued uniform. (See Photos)			
Rationale	Our wrestling advisory committee would like to experiment with this rule for 2016-2017. With our limited number of schools (around 100),			
	manufacturers have indicated that they can accommodate our schools			
	and allow our schools to give invaluable feedback to the rules			
	committee for consideration in 2016-2017.			



This experiment has been approved by the state chief executive officer.				▼ Yes	□ No
For NFHS Office use only	<u>y</u>				
Approved for	□ 1 Year	□ 2 Years	□ 3 Years		
☐ Disapproved	Comments:				
By OA. W	luce	Date	16.1.1	6	

RULES REVIEW COMMITTEE

- If approved, results of the experiment should be submitted to the appropriate NFHS Rules Editor prior to the next sports rules committee meeting.
- Approval of an experiment does not automatically place this item on the proposed rules change agenda for the next rules committee meeting.
- Please contact the NFHS with questions.