



## Champions Services

Founded in 1882, Children's Home of Northern Kentucky provides a comprehensive array of adolescent behavioral healthcare services and substance use treatment in both residential and community/school-based environments. Our licensed and highly skilled team of professionals takes a **family-centered, holistic approach** to treatment.

In 2012, CHNK launched its Champions services to help **male and female adolescents in grades 6-12 who have behavioral health needs** that are negatively impacting their daily lives at home, in the classroom, and within the community. These services include substance use treatment; 17 of CHNK's therapists are independently licensed (or pending certification) as Certified Alcohol and Drug Counselors. **Since its launch, Champions has reached over 900 children and family members.**

## service components

include

- Screening, brief intervention, and referral services
- Comprehensive assessment to identify any behavioral health and/or substance use issues
- Individual, family, and group therapy
- Targeted case management
- Recovery support and aftercare
- Advocacy
- Payment options that include Medicaid, private insurance, and self-pay
- Accessibility - services are provided in the setting most convenient for participating youth and families



## School & Community-Based Services

Champions School and Community-Based Services are offered to male and female adolescents in grades 6-12 who have behavioral health needs that have negatively impacted their daily lives at home, in the classroom, and within the community. Treatment takes place in the school, home, or other community-based setting. We currently partner with multiple Northern Kentucky school districts for these services. We also partner with the Department for Community-Based Services, the Administrative Offices of the Court, the Court-Designated Workers program, and local law enforcement.

## Outpatient Program for Substance Use Disorders

Launched in 2015, our Outpatient Program for Substance Use Disorders provides intensive substance use education and therapy for adolescents between the ages of 13-18, as well as their families. The 10-week program consists of three weekly group counseling sessions; each session is three hours long, and one is dedicated to family group counseling. CHNK uses The Seven Challenges treatment model for the program; the model is based on openness, honesty, and decision making. Participants work on self-evaluation, communication, and goal setting to help evaluate their choices not just in the here and now, but also for their future. Random drug screenings are conducted onsite.



If there's an **adolescent**  
in your life who is struggling  
with **at-risk behaviors**,  
**WE CAN HELP**

Contact the **champions** team at  
**1-844-YES-CHNK**

by email via [champions@chnk.org](mailto:champions@chnk.org), or by  
visiting the Make a Referral link at [www.chnk.org](http://www.chnk.org)