# HENDERSON COUNTY SCHOOLS

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PROUD TO BE

100% TOBACCO FREE

What is a 100% Tobacco
Free Schools (TFS) Policy?

A 100% Tobacco Free School policy prohibits tobacco use by staff, students, and visitors twenty-four (24) hours a day, seven (7) days a week, inside board owned buildings or vehicles, on school owned property, and during school-related trips.

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#### Why Have One?

- Tobacco free school policies reduce youth tobacco use.
- 40% fewer student smokers in tobacco free schools.
- Reduce your exposure to secondhand smoke.
- Adults act as good role models for students.
- Keep consistent with classroom lessons.
- · You'll have a cleaner school.

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## Why is a 100% Tobacco Free School Policy Important?

Current research shows the following about Kentucky's youth in regards to tobacco use:

- 60% have tried smoking.
- 26.2% are current smokers.
- 45% use some form of tobacco.
- 56.5% have tried to quit smoking in the last year.

### It is important to protect our youth. Research shows that:

More deaths are caused each year by tobacco use than by all deaths from human immunodeficiency virus (HIV), illegal drug use, alcohol use, motor vehicle injuries, homicides, and suicides combined.

Community involvement and comprehensive tobacco-free policies are needed to model appropriate behavior for youth. We cannot send mixed signals in our learning environments. In order to be effective, there must be no exceptions.

The Surgeon General has concluded that there is no risk-free level of secondhand smoke exposure. Secondhand smoke exposure causes respiratory symptoms and causes children who already have asthma to experience more frequent or severe attacks.

Equal Opportunity Employment Institution

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