|  |
| --- |
| Policy Number |
|  |

# SCHOOL COUNCIL POLICY

Pikeville Independent Schools Pikeville High School

|  |
| --- |
| Policy Type (Check One) |

|  |
| --- |
| Council Operations  School Operations |

|  |
| --- |
| POLICY TOPIC DESCRIPTION |
| Wellness policy |

|  |
| --- |
| POLICY STATEMENT |
| Faculty and staff will receive training on the use of the Humana Vitality Service. Every student will be giving an opportunity to participate in physical activity before, during, and after school. All students in health classes will establish a physical fitness plan to increase awareness of their personal wellness. Students in physical education and health classes will establish a yearly wellness goal for each year of high school. |

|  |
| --- |
| Date of 1st Reading:  Date Adopted:  Council Chairperson |