



No Bullying Allowed

Team End Bullying 2K16

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The Problem of Bullying

- Bullying can be defined as the discrimination or harassment against a group or set individual.
- Bullying is very diverse and no one is safe from prejudice and scrutiny.
- Bullying comes in many different forms such as verbal, physical, cyber.
 - Within the parameters for physical bullying, sexual harassment and abuse are included as this is targeted against a set individual.
- The problem occurs primarily in schools, between students, even targeting students with special needs.

Effects of Bullying



- When bullying occurs, students can often feel alone or isolated from others as a result of all types of bullying.
- In addition to the mental scares,
- From physical bullying, the victim can often be left physically scarred with bruises, cuts and sores not to mention the mental scars that can be left.
- Like physical bullying, sexual harassment can leave the victim feeling



What We Can Do

- To solve the problem of bullying, schools should implement student group therapy in proportion to the bullying problem occurring within the school.
- The Administration should talk to the group to explain how serious bullying is. Past victims and former bullies could speak at said event to counsel with the group. This has been done already under the name of “Just Between Teens”
- Another idea that could be implemented would be Tip Boxes spread throughout the school, this way the counselor could hear the voices of the student body, either anonymous or not.



Hope for the Future

- By allowing the students to speak at the group session, a greater awareness will be promoted within the group.
- We hope that this meeting can change the perception on the problem that is bullying and raise greater awareness.
- With the opening of the tip boxes, school counselors will have an easier time hearing the voices of the student body who may be too scared to speak about the bullying problem in person.