

S.T.O.P. THE BULLYING!

Eric Dieterich
Hannah Sutherland
Johnathan Frech

What is Bullying?

- Bullying is when a person is being repetitively harassed, intimidated, disrespected, embarrassed, targeted, tormented, made fun of, or maliciously manipulated by others.
- Bullying can include physical, verbal, cyber, or emotional abuse.
- Bullying can occur anywhere: your house, school, or online; and to anyone.



How Does Bullying Impact Students?

- It can contribute and cause feelings of inferiority, low self-esteem, and depression and widens the rift between students, continuing the cycle.
- The cycle of bullying can cause repercussions throughout a student's life with impacts potentially reaching into adulthood.



I don't know.

Our solution to the problem is...

S.T.O.P. the Bullying

See It, Say It

- The prevention of bullying is a team sport, to prevent it we need to be aware if we're enabling bullies by letting it slip by unchallenged.
- Tip boxes and the bullying hotlines work to encourage students to speak out without peer-to-peer repercussions.



Talk About It

- Bullying is the symptom, not understanding how to deal with those different than you is the cause.
- Having a short class where students are encouraged to discuss their differences and gain mutual understanding to mitigate emotion before it becomes bullying.



One Community

- We believe that uniting against bullying is key to counteracting it.
- Having a field-day and encouraging students to work together beyond their immediate friend group develops a sense of community that stop bullying in its tracks.



Please...don't be complacent

Bullying can have effects lasting far into adulthood, and for that reason we shouldn't be satisfied with anything less than nothing.