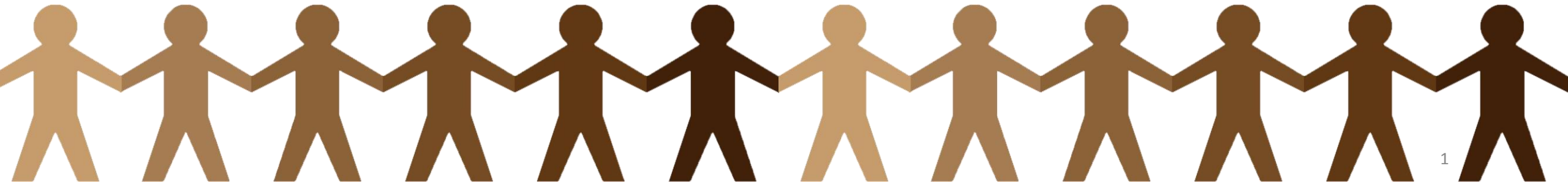


Trauma Informed & Resiliency Building Approaches

Jefferson County Public Schools
Academic Support Programs



Vision 2020

Focus Areas:

- Learning, Growth, and Development
- Increasing Capacity and Improving Culture

1.1.3 Provide Equitable Access

1.1.7 Eliminate Achievement, Learning,
and Opportunity Gaps

2.1.2 Cultivate Growth Mindset

2.1.3 Improve Culture and Climate



Trauma Informed Care

- Recognize
- Realize
- Support
- Avoid Re-traumatization
- Paradigm Shift

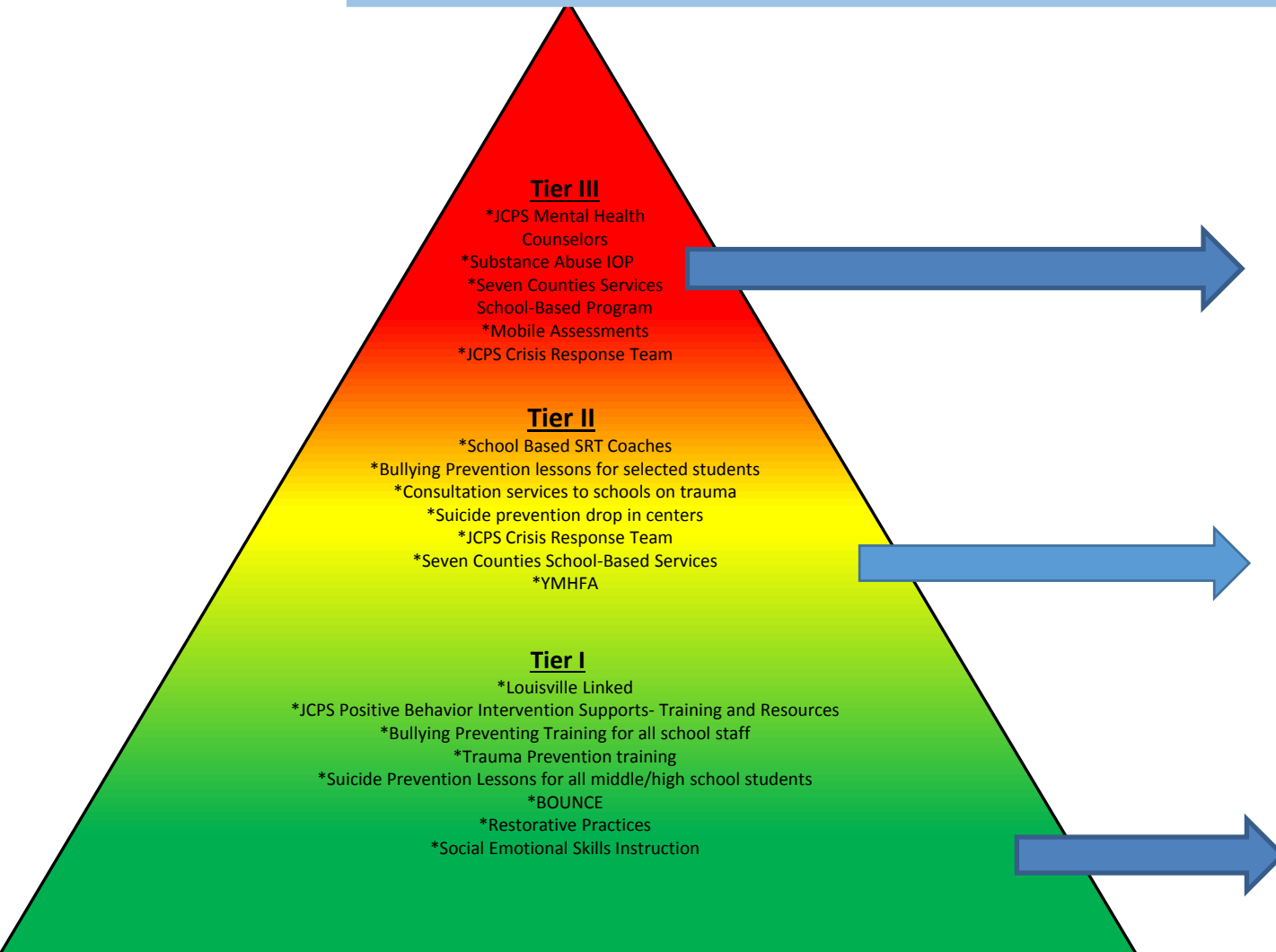
What is wrong
with this
student?



What
happened to
this student?

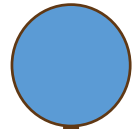


Three-Tiered Approach for Behavioral/Mental Health Support

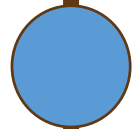


- Individual Interventions for High-Risk Students
- Classroom/Small Group Strategies for At-Risk Students
- School-Wide System of Support for ALL Students

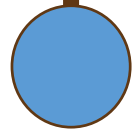
Other School District Implementation Models



Spokane Washington Public School District



Brockton Massachusetts Public Schools

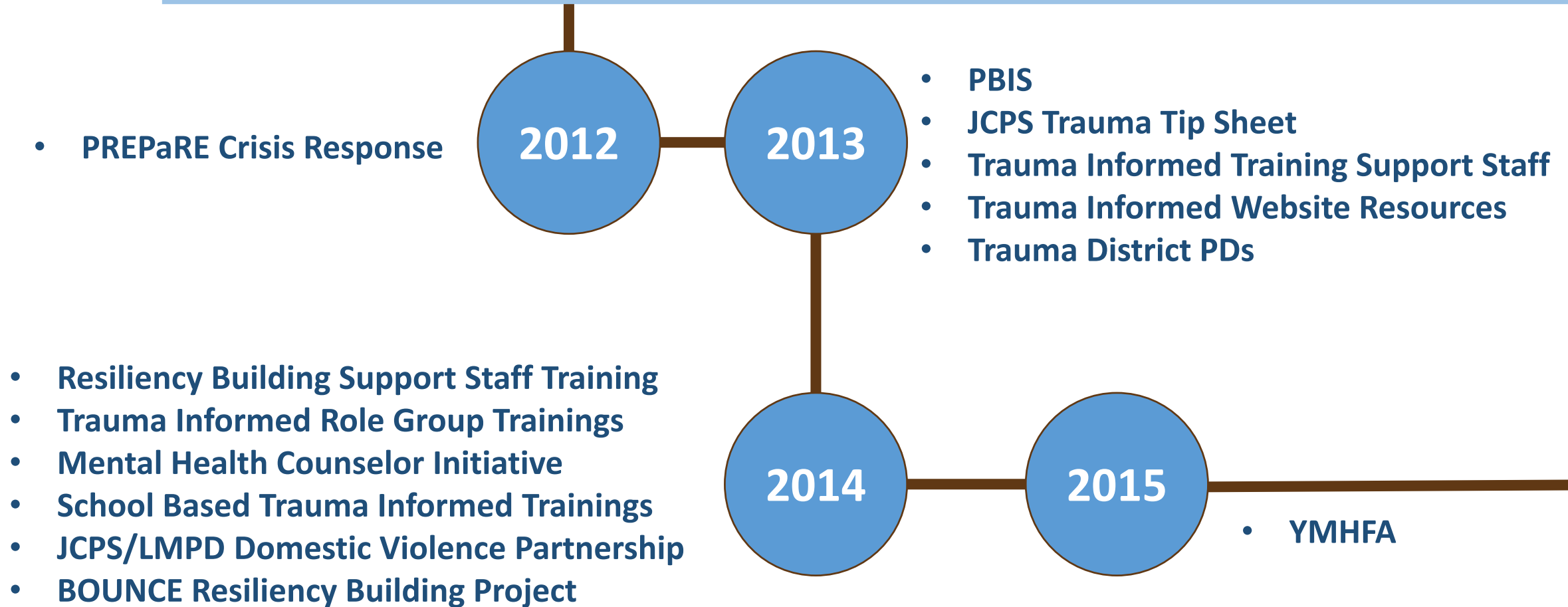


San Francisco Unified School District and El Dorado Elementary School

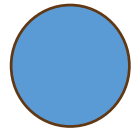


Trauma Informed and Resiliency Building Approaches

Research Based and Best Practice Models



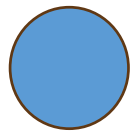
PREPaRE Training Modules



Comprehensive School Safety Planning

One Day Training

147 Trained District Staff



Crisis Intervention and Recovery: The Roles of School Based Mental Health Professional

Two Day Training

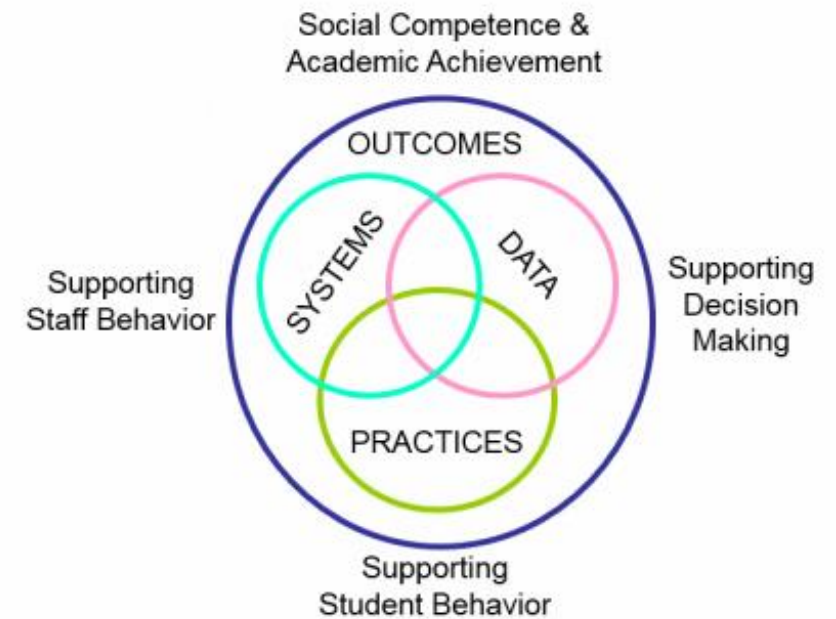
25 Trained Team Leaders

324 Trained District Responders

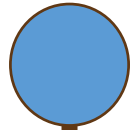


Positive Behavioral Interventions Supports (PBIS)

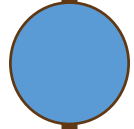
- Framework that helps school leaders identify the best behavior strategies
- Proactive & Positive
- 103 Trained Schools by May 2016
- 136 Trained Schools By May 2017 & 168 Trained Schools by May 2018
- Trauma Informed Values apply across all 3 tiers of the PBIS Framework
- Chafouleas et al. (2015). Toward a blueprint for trauma-informed service delivery in schools. *School Mental Health*.



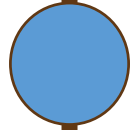
Trauma Informed Professional Development



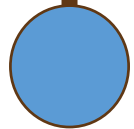
Over 980 JCPS certified and classified staff trained



Trauma Informed Care- Training Integration



School Staff Trainings- Faculty Meetings, PD Days



Support Staff Trainings- Trauma, Resiliency, ACEs Study



Mental Health Counselors (MHC) Implementation Data

As of March 31, 2016

16 MENTAL HEALTH COUNSELORS

18 Assigned Locations
1,700 Students Served
10,806 Student Sessions
7,098 Hours

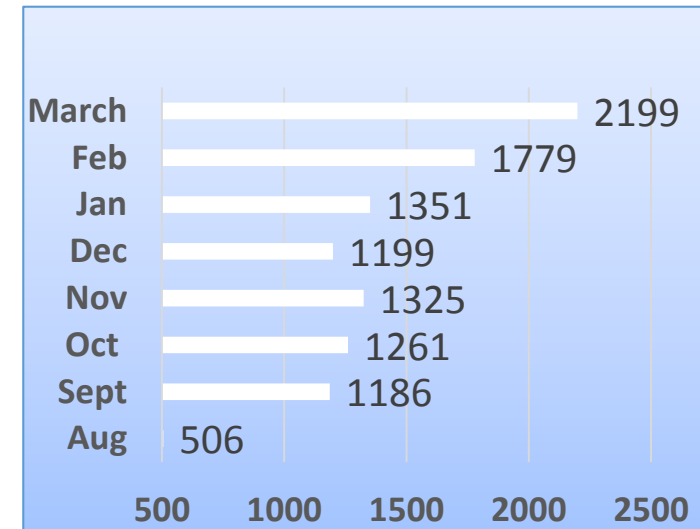
MOST COMMON THERAPEUTIC TECHNIQUES

18% Problem-Solving
13% Group Therapy
12% Solution-Focused
10% Cognitive-Behavioral
8% Coping Skill

MOST COMMON REASONS FOR CONTACT

23% Peer Relations
17% Disruptive Behavior
10% Anger
7% Mood Instability
7% Anxiety

#MHC SESSIONS BY MONTH



JCPS/LMPD Domestic Violence Partnership

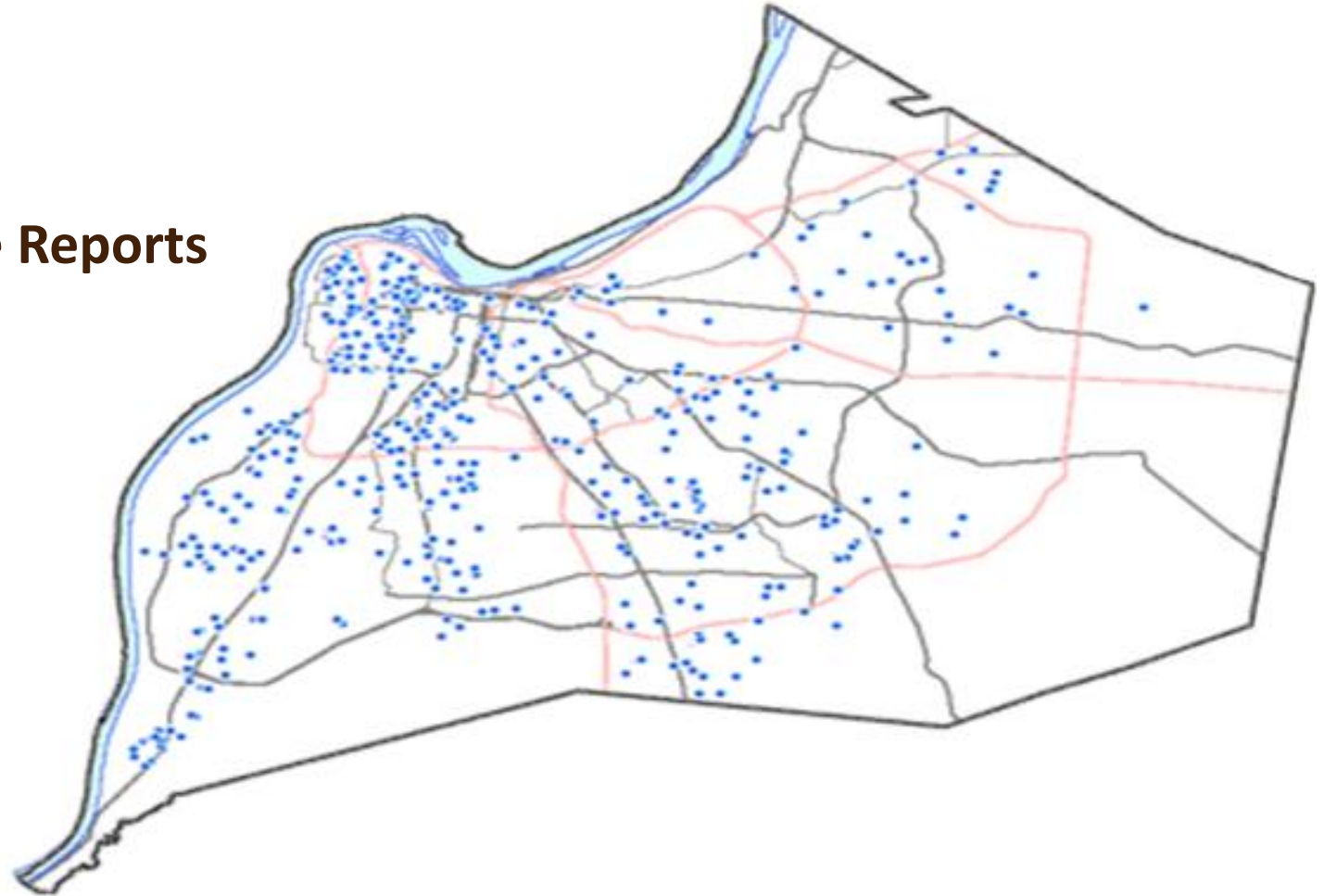
March 2014 thru March 2016

Incident Mapping

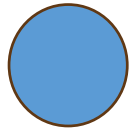
 LMPD Domestic/Family Violence Reports
Reflects Population Density

 1877 Students

 1098 Incidents



What is Youth Mental Health First Aid (YMHFA)?



Youth Mental Health First Aid is the help offered to a young person experiencing a mental health challenge, mental disorder, or a mental health crisis. The first aid is given until appropriate help is received or until the crisis resolves.

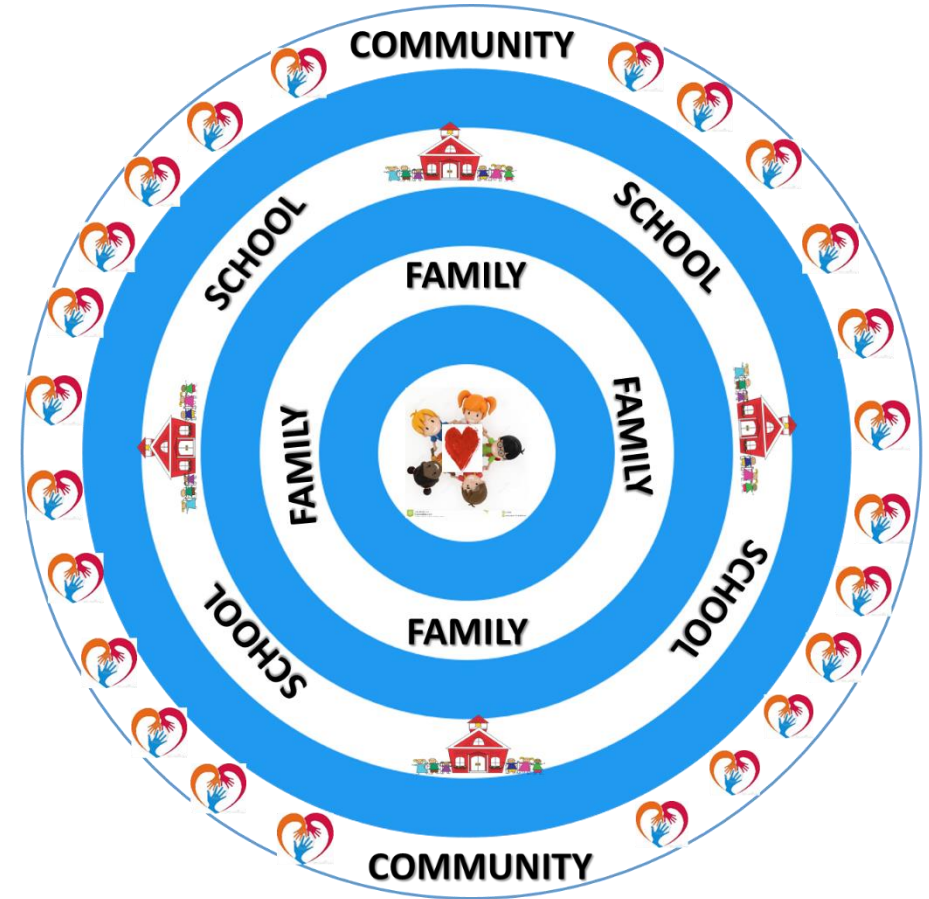
- Research-based and on the national list of effective programs
- A cadres of 10 JCPS staff certified as YMHFA trainers
- We have trained 195 JCPS staff
- Training is available to both certified staff and classified staff



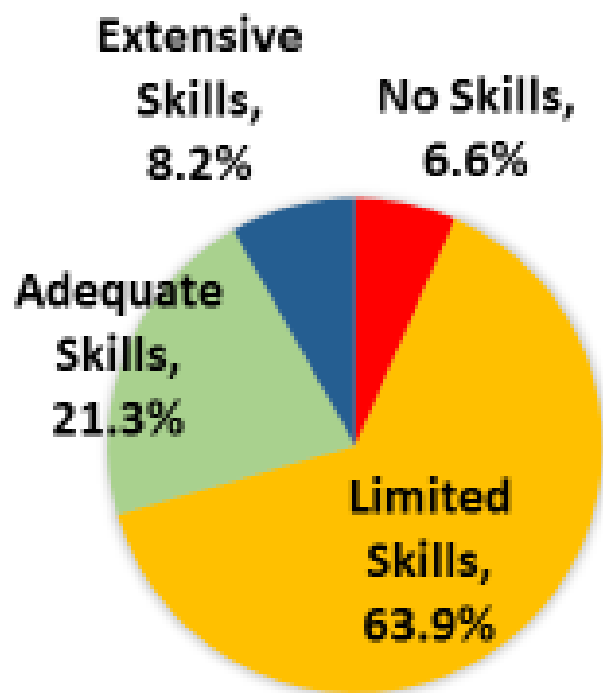
The Agents of Resilience for Our Students

BOUNCE

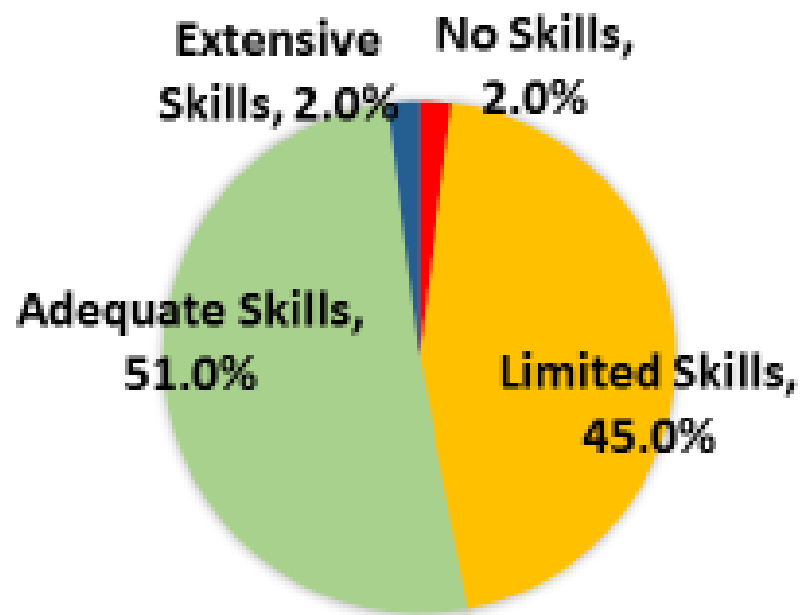
Infusing trauma awareness, knowledge, and skills into the cultures, practices, and policies of Jefferson County Public Schools and out-of-school-time provider agencies to foster the resiliency of vulnerable children and families.



How Would You Describe Your Skill Level in Providing Effective Support to Students Experiencing Traumatic Events?



FALL 2014 (N=61 Bounce School Staff)



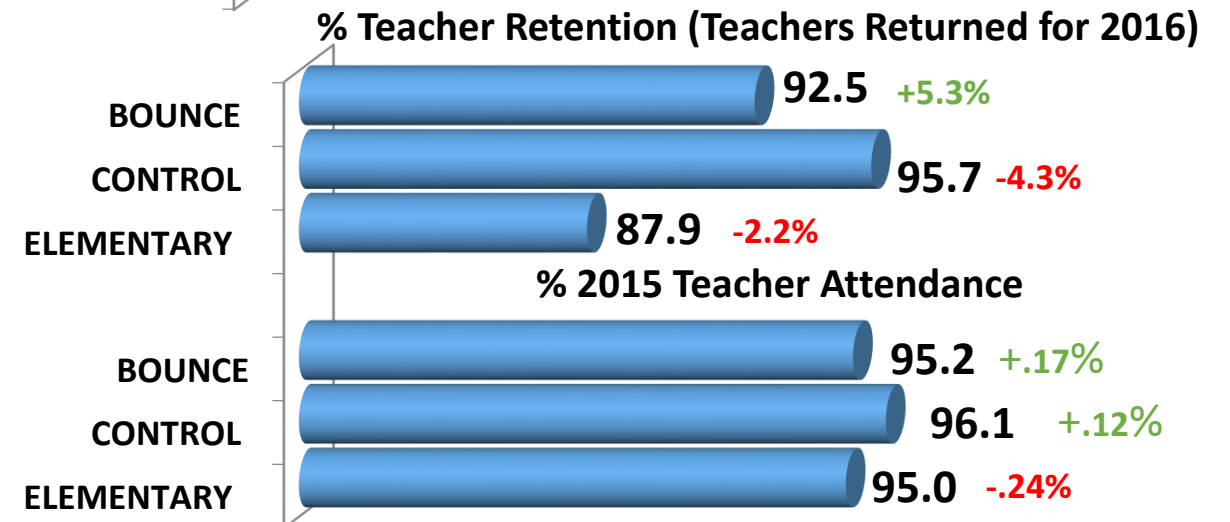
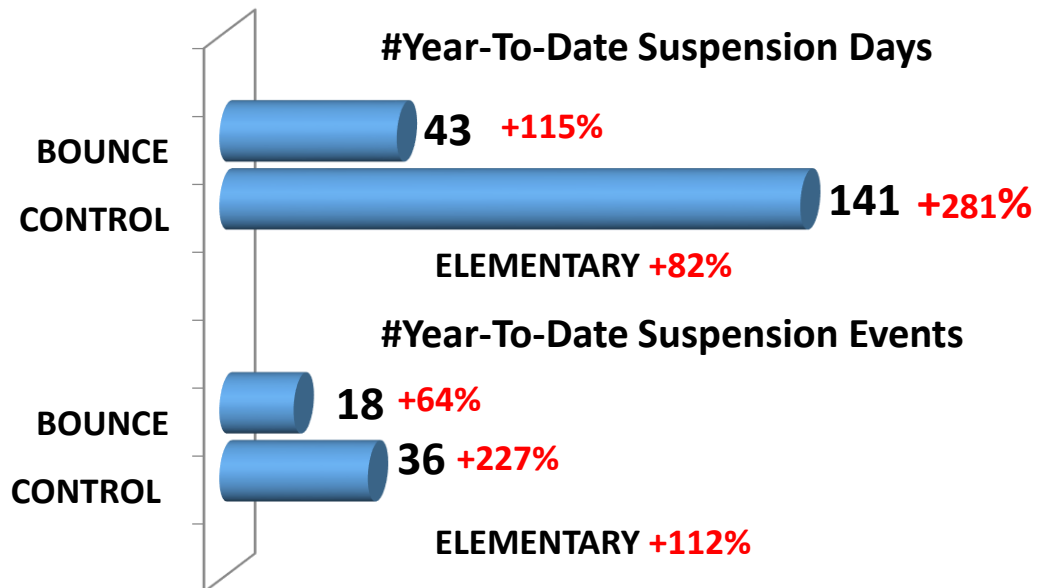
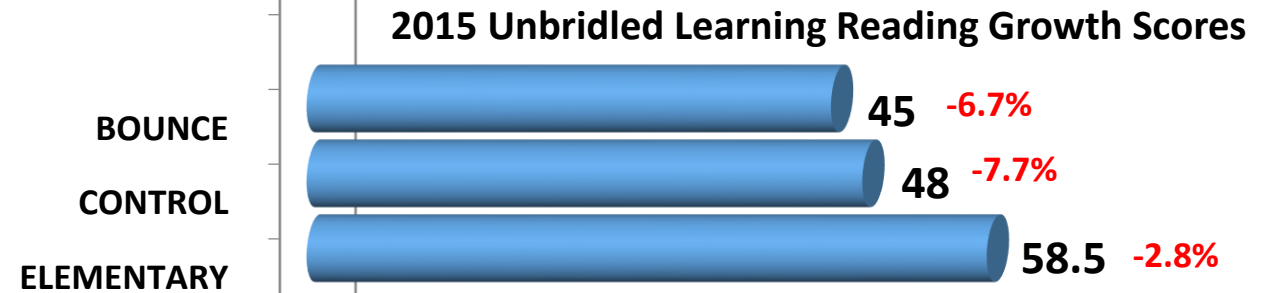
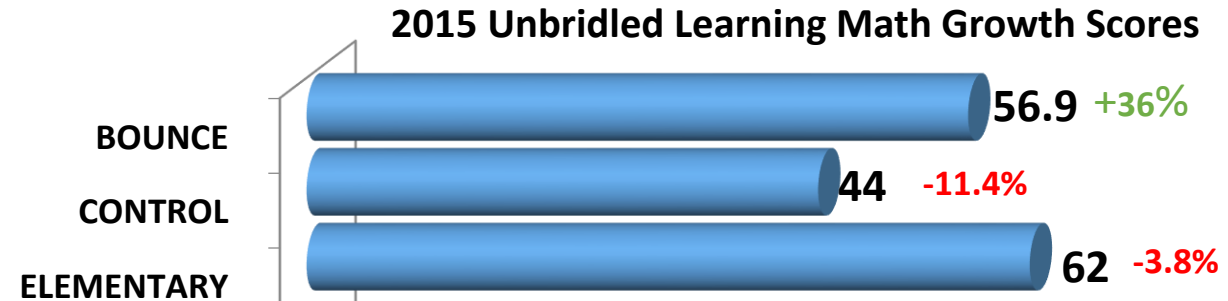
SPRING 2015 (N=51 Bounce School Staff)



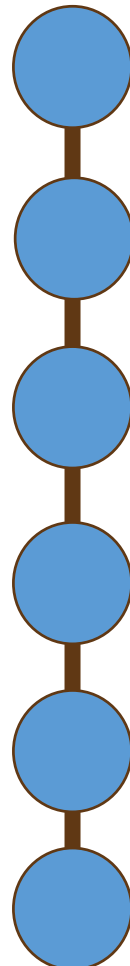
Selected BOUNCE Data Compared to 2014 Baseline

2015 Unbridled Learning Annual Measurable Objective Status

	Met AMO	AMO Score	AMO Diff
BOUNCE	Yes	56.3	+1.9
CONTROL	Yes	53.6	+2.7
ELEMENTARY	No	65.4	-.1

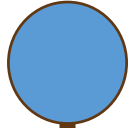


Next Steps

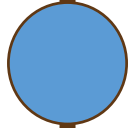
- 
- JCPS/Community Domestic Violence Initiative- Louisville Linked
 - Build Capacity- Train the trainers, web based training
 - New Website
 - BOUNCE- Implement at Additional Elementary School
 - YMHFA- PTSA Parent Targeted Trainings
 - Policy Integration



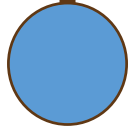
Questions? **Contacts:**



Dr. Alicia Averette, Assistant Superintendent



Dr. Joe Bargione, Lead School Psychologist



Anne Perryman, District Health Coordinator

