

# Spencer County High School Proposal

Sarantis, Nick (BHE) <nick.sarantis@bhsi.com>

Fri 6/26/2015 3:17 PM

Inbox

To: Adams, Charles (Superintendent) <charles.adams@spencer.kyschools.us>;

2 attachments (2 MB)

Spencer County High School Proposal.pdf; BH Sports Med Affiliations Sheet.pdf;

Chuck,

Great to hear from you today.

See attached proposal which outlines our proposed contract for Spencer County High school, this is the exact proposal we used for our Bullitt County Schools sports medicine deal.

2 year deal, both at no cost, full time coverage for all home varsity events, and away football varsity events.

Also attached is list of all of our sports medicine partners, that from an overall sports medicine coverage standpoint there is no else in the state that comes close.

We are excited about the opportunity to serve Spencer County High School. Do not hesitate to contact me with any questions or clarifications.

I would love to have the opportunity to communicate this information to the board or anyone else if you feel like that would be helpful.

baptist health sports med

Nick Sarantis, MS, ATC, CSCS  
Practice Manager  
Baptist Health Sports Medicine  
Physical Therapy, Sports Performance  
2400 Eastpoint Parkway  
Louisville, KY 40223

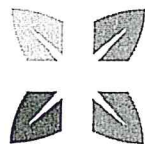
502.253.6681 office  
502.415.4689 cell  
502.253.6680 fax  
[nick.sarantis@BHSI.com](mailto:nick.sarantis@BHSI.com)  
[BaptistSportsMedKy.com](http://BaptistSportsMedKy.com)

---

---

This email, facsimile, or letter and any files or attachments transmitted with it contains information that is confidential and proprietary. This information is intended only for the use of the individual(s) and entity(ies) to whom it is addressed. If you are the intended recipient, further disclosures are prohibited without proper authorization. If you are not the intended recipient, any disclosure, copying, printing, or use of this information is strictly prohibited and possibly a violation of federal or state law. If you have received this information in error, please notify Baptist Health immediately at 502-896-3020 or via email to the sender.

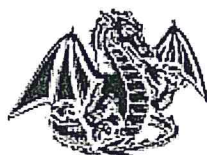
# AFFILIATIONS



BAPTIST HEALTH®  
SPORTS MEDICINE



Oldham County  
High School



South Oldham  
High School



North Oldham  
High School



Atherton  
High School



Jeffersontown  
High School



Trimble County  
High School



Ballard  
High School



North Bullitt  
High School



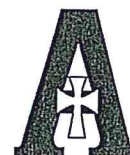
Bullitt East  
High School



Carroll County  
High School



Henry County  
High School



Assumption  
High School



Louisville Collegiate  
High School



Kentucky Fire  
Juniors



Javanon



Thoroughbreds



Falls City SC



Derby City  
Rovers



United 1996 FC



Champion  
Gymnastics



Mockingbird Valley  
Indoor Arena



Louisville City FC



Kentucky Derby  
Festival



Louisville Bicycle  
Club



Tour De Lou



The Bourbon  
Chase Race



Louisville Sports  
Commission



Pure Tap 5K



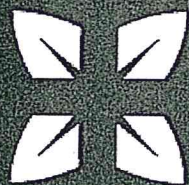
Stormin' Eva Brandman  
Cyclocross Race



Derby City Cup  
Cyclocross Race

---





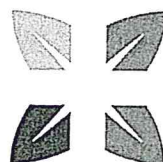
**BAPTIST HEALTH**

SPORTS MEDICINE

## **On-Site Athletic Trainer**

**Spencer County High School**

June 2015



**BAPTIST HEALTH®**

SPORTS MEDICINE



---

## The Baptist Health Sports Medicine Difference

### Our Facility

Baptist Health Sports Medicine's 11,000-squarefoot facility at Baptist Health Eastpoint includes private treatment rooms, an extensive physical therapy gym, indoor turf field, portable pitching mound, rubberized running lane, climbing wall and much more.

Baptist's multidisciplinary team of professionals provides total coverage across the continuum of care for sports-related injuries. The Baptist Health Sports Medicine team includes all sports medicine-trained primary care physicians, orthopedic surgeons, a neurologist, physical therapists and athletic trainers.

### On-Site Athletic Trainer

A certified athletic trainer is an allied health professional who minimally has a bachelor's degree from an accredited college or university and has fulfilled the requirements for certification established by the National Athletic Trainers Association Board of Certification. In addition, he or she has passed the certification examination administered by the NATABOC and has met all requirements to maintain certification. Only after successfully completing the certification examination are athletic trainers entitled to use the designation "AT".

We will recruit and hire a Certified Athletic Trainer that is licensed in the state of Kentucky for each High School.

- Will cover all home Varsity events, and away football varsity events
- Will cover select district, regional, and state playoff games unless adequately covered by the KHSAA
- If there are no contests, then coordination between the athletic trainer and athletic director will decide the coverage of practices or away events
- Educational seminars will be provided to teams and parents as needed up to 5 per year
- Will help in procurement of athletic training supplies and equipment



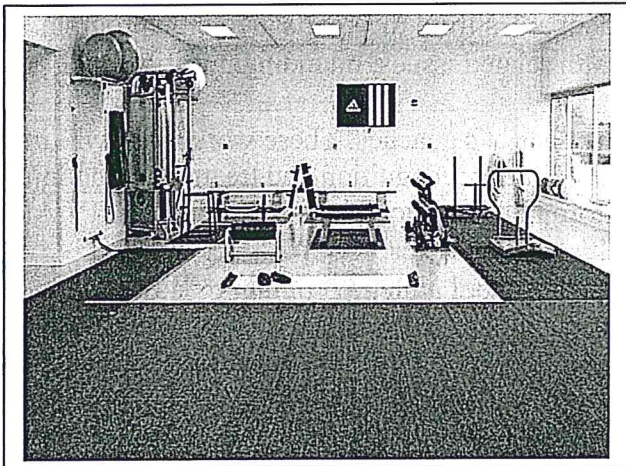
- The athletic trainer will provide for the prevention of athletic injuries through the application of protective tapings, wraps, and braces, and assist in the design of practices to help to reduce the incidence of injury.
- The AT will advise coaches of flexibility, strengthening, and conditioning programs to help prevent injuries and optimize performance.
- The athletic trainer will provide immediate care of athletic injuries and refer the athlete to medical facilities when necessary.
- The AT will design and supervise rehabilitation programs for athletic injuries under the direction of a referring physician.
- Medical histories and correspondence will also be kept on file in the athletic training room. The athletic trainer will maintain accurate medical records for injuries, treatment, rehabilitation, and physician referrals.
- The AT will be responsible for budgeting, ordering, and inventorying athletic training supplies.
- The athletic trainer will supervise athletic training student aides from the sports medicine program.
- The AT will counsel and advise student athletes on health related issues, including nutrition and substance abuse.
- The AT will conduct sports medicine workshops for the district's coaches. These workshops will include information on injury prevention, basic first aid and CPR, injury recognition and treatment, and injury rehabilitation. In addition they will provide specific information on blood borne pathogens, HIV/AIDS, the district's Sports Medicine Protocols, and other health-related topics.
- The athletic trainer may serve as a consultant to the middle school athletic program by advising middle school student athletes in the athletic training room on an appointment basis.
- The AT may advise and assist with equipment purchases and fittings.
- The athletic trainer maintains open channels of communication with coaches, parents, and physicians regarding athletic injuries, treatment, and rehabilitation.
- The athletic trainer may market the athletic training program within the school district and the medical community through newsletters, brochures, media contacts, etc.
- The athletic trainer is responsible to the Athletic Director and is supervised by the Team Physicians.
- The athletic trainer/educator should be given release time in consideration for the additional hours worked in providing sports medical care to athletes and supervising sports medicine students after regular school hours.



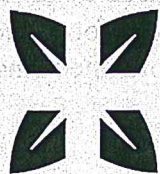
## Investment

### Two Year Plan

This is a two year proposal to provide a certified athletic trainer for Spencer County High School for zero charge. Our goal moving forward after two years would be to evaluate our athletic trainers at each high school, and potentially look at a significantly lower monetary fee compared to competitors that would be consistent at each school.



Investment	
Year 1	NA
Year 2	NA



**BAPTIST HEALTH**  
SPORTS MEDICINE