Mental Health Counselor (MHC)
End of Year Data -2015

Year 1 Implementation; Formative Phase of Program Evaluation

15 MENTAL HEALTH COUNSELORS

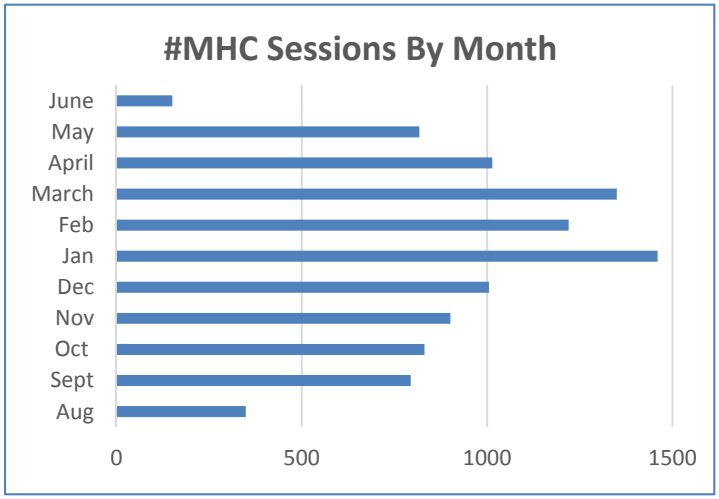
17 Assigned Locations
1600 Students Served
9,889 Student Sessions

MHCS assigned to 9 elementary, 3 middle, 2 high, and 3 combined schools

MOST COMMON REASONS FOR CONTACT

17%	Anger
10%	Oppositional Defiance
10%	Peer Relations
10%	Anxiety
8%	Disruptive Behavior

There were **161** cases of self-harm or suicidal behavior. In all, there were **31** reasons listed for contact and most records contained multiple reasons for contact.



41% of the 9,889 sessions were delivered in January, February, and March.

STUDENT DEMOGRAPHICS

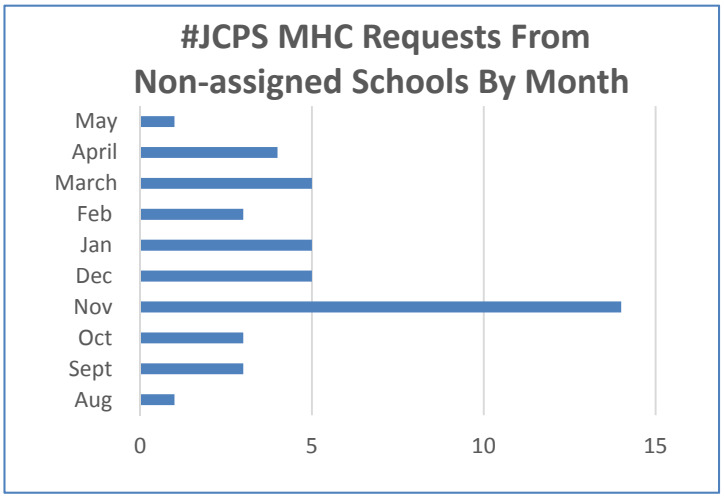
33% White	**45%** Female
50% Black	**55%** Male
12% Latino	**90%** F/RL
15% LEP	**19%** ECE

The most frequent need was seen with black males who comprised 27% of the students. 40% of the students were middle school students, 37% were Grades K – 5.

MOST COMMON THERAPEUTIC TECHNIQUES

13%	Cognitive-Behavioral
13%	Solution-Focused
9%	Group Therapy
9%	Coping Skill Development
8%	Behavior Motivation

There were 17 types of therapeutic services documented. This included **428** scheduled family/collateral sessions and **9** home visits. MHCs made **32** calls to Child Protective Services.

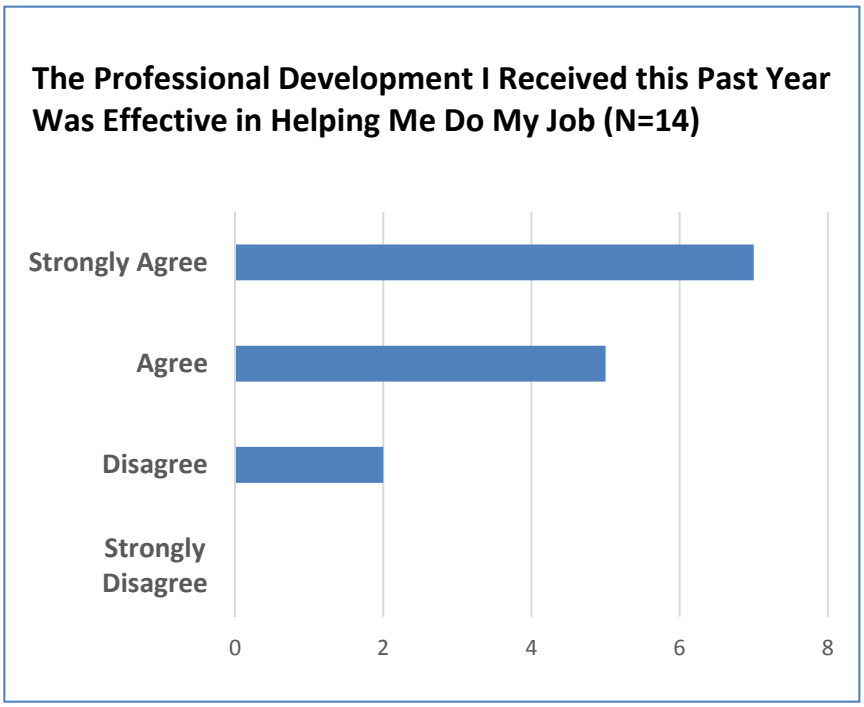


MHCs may provide up to 3 visits per student to other JCPS locations. There were 44 requests from 26 locations.

MHC SURVEY RESPONSES

TOP 3 WAYS MHCs SPEND THEIR TIME

- Collaboration
- Individual Session
- Non-Crisis Intervention



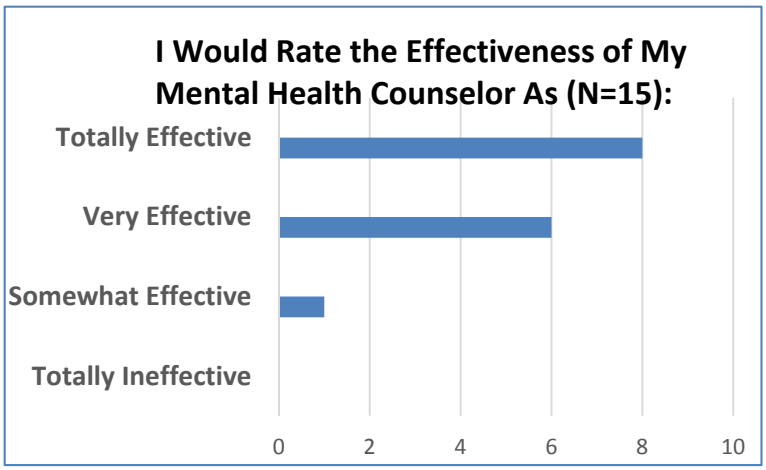
MHC SUMMARIZED COMMENTS – CHALLENGES

- Caseloads too large
- Assignments not related to main job duties
- Need more family contact

MHC SUMMARIZED COMMENTS – RESOURCES NEEDED

- Ready-made curriculum for school groups
- Additional time to collaborate with other MHCs
- PD to help learn the language of teachers
- Additional training on specific techniques

PRINCIPAL SURVEY RESPONSES



PRINCIPAL SUMMARIZED COMMENTS – MHC RESOURCES NEEDED

- Notification from other schools about incoming students with mental health issues
- Access to help outside of school for families and students
- Additional PD on PBIS and SRT

OTHER PRINCIPAL COMMENTS

- Great job – no changes
- My MHC was an amazing asset to my school team
- Our MHC does a wonderful job