U.S. Department of Education

OMB No. 1894-0003

## Grant Performance Report (ED 524B)

 Project Status ChartSECTION A - Performance Objectives Information and Related Performance Measures Data (See Instructions. Use as many pages as necessary.)

## 1. Project Objective [ ] Check if this is a status update for the previous budget period.

| 1.a. Performance Measure | Measure Type | Quantitative Data |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| The percentage of students served by the grant who engage in 60 minutes of daily physical activity - baseline data | GPRA | Target |  |  | Actual Performance Data |  |  |
|  |  | $\begin{gathered} \text { Raw } \\ \text { Number } \\ \hline \end{gathered}$ | Ratio | \% | $\begin{gathered} \text { Raw } \\ \text { Number } \\ \hline \end{gathered}$ | Ratio | \% |
|  |  |  | 1 |  |  | 137/1334 | 10\% |


| 1.a. Performance Measure | Measure Type | Quantitative Data |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| The percentage of students served by the grant who engage in 60 minutes of daily physical activity -(Project Total) | GPRA | Target |  |  | Actual Performance Data |  |  |
|  |  | Raw <br> Number | Ratio | \% | Raw Number | Ratio | \% |
|  |  |  | / |  |  | 176/818 | 22\% |

Explanation of Progress (Include Qualitative Data and Data Collection Information)
Students used Sportline 340 multi-pedometers to collect GPRA mandated data on the daily amount of physical activity from all participants from kindergarten through $12^{\text {th }}$ grade. Data was collected at 5 sites within 3 schools districts. Logs were sent home with each student, along with instructions on how to read and reset the pedometer. Parents of students in grades K-4 ${ }^{\text {th }}$ grade were asked to record their child's step count nightly, 4 evenings in a row in compliance with the GPRA guidance document. $5^{\text {th }}$ grade- $12^{\text {th }}$ grade students recorded their own data consecutively in logs for 7 days, in accordance with the GPRA guidance document. The 3DPAR survey was also given to the $5^{\text {th }}-12^{\text {th }}$ grade participants on the Wednesday of every data-collection session as an additional way to measure daily physical activity. Every student in the 5 schools enrolled in Physical Education class was a participant in data collection.

The data-collection sessions for site 1 (Southgate Schools) were Jan. 9-17, 2012 [Baseline] ( $73 \%$ response rate), Feb. 10-17 2012, ( $71 \%$ response rate) March 2-9 2012 ( $64 \%$ response), March 23-30 2012 ( $59 \%$ response), April 20-27 2012 ( $65 \%$ response). $2^{\text {nd }}$ year data-collection sessions for site 1 were August 27-Sept. 242012 ( $72 \%$ response), Sept.24-Oct. 22012 ( $72 \%$ response), Nov. 12-19 2012 ( $67 \%$ response), and Feb. 4-11 2013 ( $76 \%$ response). The final assessment dates for year 3 were held Aug. 26-Sept. 52013 ( $71 \%$ response), Oct. 7-15 2013 ( $56 \%$ response rate), Jan. 13-21 2014 ( $63 \%$ response), and March 3-

112014 ( $63 \%$ response). The data-collection sessions for site 2 (Grandview Elementary) were Jan. 13-20, 2012 [Baseline] ( $27 \%$ response rate), Feb. 10-17 2012, ( $44 \%$ response rate) March 2-9 2012 ( $62 \%$ response), March 23-30 2012 ( $61 \%$ response), April 17-24 2012 ( $46 \%$ response). $2^{\text {nd }}$ year data-collection sessions for site 2 were Sept. 11-18 2012 ( $62 \%$ response), Oct.22-30 2012 ( $58 \%$ response), Jan. 14-21 2012 ( $56 \%$ response), and March 11-18 2012 (54\% response). The final assessment dates for year 3 were held Sept. 23-Oct. 12013 ( $56 \%$ response), Oct. 10-Nov. 5 2013(38\% response rate), Feb. 13-March 4 2014 ( $43 \%$ response), and March 24-April 1(54\% response). The data-collection sessions for site 3 (Lincoln Elementary) were Jan. 27-Feb.3, 2012 [Baseline] ( $64 \%$ response rate), Feb.24-March 2 2012, ( $44 \%$ response rate) March 9-16 2012 (34\% response), April 9-16 2012 ( $48 \%$ response), April 27-May 4 2012 (46\% response). $2^{\text {nd }}$ year data-collection sessions for site 3 were Sept. 4-11 2012 ( $55 \%$ response), Oct.15-23 2012 ( $47 \%$ response), Nov. 26-Dec. 32012 ( $46 \%$ response), and Feb. 25-March 42013 ( $54 \%$ response). The final assessment dates for year 3 were held Sept. 9-17 2013 (55\% response), Dec.9-16 2013 (48\% response rate), Feb.3-11 2014 ( $36 \%$ response), and March 17-25 2014( $46 \%$ response). The data-collection sessions for site 4 (Bellevue High school) were Jan. 20-27, 2012 [Baseline] ( $98 \%$ response rate), Feb.3-10 2012, ( $88 \%$ response rate) Feb. 16-24 2012 ( $92 \%$ response), March 19-26 2012 ( $95 \%$ response), April 20272012 ( $91 \%$ response). $2^{\text {nd }}$ year data-collection sessions for site 4 were Sept.18-25 2012 ( $95 \%$ response), Oct.29-Nov. 52012 ( $100 \%$ response), Jan. 23-30 2013 ( $88 \%$ response), and Feb. 19-26 2013 ( $91 \%$ response). The final assessment dates for year 3 were held Sept. 4-11 2013 ( $97 \%$ response), Oct. 16-21 2013 ( $99 \%$ response rate), Jan. 27-Feb. 32014 ( $100 \%$ response), and March 12-19 2014 ( $98 \%$ response). The data-collection sessions for site 5 (Dayton High school) were Jan. 9-17, 2012 [Baseline] ( $90 \%$ response rate), Feb.3-10 2012, ( $90 \%$ response rate Feb. 16-24 2012 ( $91 \%$ response), March 19-26 2012 ( $93 \%$ response), April 20-27 2012 ( $87 \%$ response). $2^{\text {nd }}$ year data-collection sessions for site 1 were Aug. 20-27 2012 ( $93 \%$ response), Oct.2-9 2012 ( $92 \%$ response), Nov. 12-19 2012 ( $82 \%$ response), and Jan. 23-30 2013 ( $87 \%$ response). The final assessment dates for year 3 were held Sept. 4-11 2013 ( $89 \%$ response), Oct. 16-23 2013 ( $98 \%$ response rate), Jan. 27-Feb. 32014 ( $96 \%$ response), and March 12-19 2014 ( $97 \%$ response).

During the "baseline" data collection, there were 1334 students targeted by the PEP program. During the entire project data-collection windows, an average of 818 students participated in each data collection window throughout the 3 years. The discrepancy of participants was due to averaging participants over the data collection windows and sites per the GPRA guidance document in addition to normal attrition and absences. Below is the complete data showing the number of students who met the goal during each measurement window as well as the return rates for pedometer logs and/or 3DPAR surveys which were used to determine the daily physical activity.

## MEASURE A

| Site and Window Number | \# of students who engaged in 60 <br> minutes of daily physical activity | \# of participating in the program <br> during that window | \# of students who <br> returned completed <br> logs and/or 3DPar |
| :--- | :--- | :--- | :--- |


| Site 1 Southgate Baseline | 30 | 197 | 144 | 73\% |
| :---: | :---: | :---: | :---: | :---: |
| Site 1 Southgate 1st measure | 44 | 178 | 127 | 71\% |
| Site 1 Southgate 2nd measure | 32 | 172 | 97 | 56\% |
| Site 1 Southgate 3rd measure | 27 | 176 | 111 | 63\% |
| Site 1 Southgate 4th measure | 30 | 159 | 101 | 63\% |


| Site 2 Grandview Baseline | 15 | 381 | 102 | 27\% |
| :---: | :---: | :---: | :---: | :---: |
| Site 2 Grandview 1st measure | 66 | 370 | 209 | 56\% |
| Site 2 Grandview 2nd measure | 55 | 363 | 138 | 38\% |
| Site 2 Grandview 3rd measure | 57 | 364 | 158 | 43\% |
| Site 2 Grandview 4th measure | 54 | 368 | 200 | 54\% |
| Site 3 Lincoln Baseline | 39 | 514 | 328 | 64\% |
| Site 3 Lincoln 1st Measure | 86 | 514 | 284 | 55\% |
| Site 3 Lincoln 2nd Measure | 53 | 513 | 248 | 48\% |
| Site 3 Lincoln 3rd Measure | 47 | 500 | 178 | 36\% |
| Site 4 Lincoln 4th Measure | 82 | 521 | 238 | 46\% |
| Site 4 Bellevue Baseline | 27 | 129 | 126 | 98\% |
| Site 4 Bellevue 1st Measure | 40 | 75 | 73 | 97\% |
| Site 4 Bellevue 2nd Measure | 30 | 73 | 72 | 99\% |
| Site 4 Bellevue 3rd Measure | 18 | 60 | 60 | 100\% |
| Site 4 Bellevue 4th Measure | 26 | 56 | 55 | 98\% |
| Site 5 Dayton Baseline | 26 | 113 | 102 | 90\% |
| Site 5 Dayton 1st Measure | 24 | 75 | 67 | 89\% |
| Site 5 Dayton 2nd Measure | 25 | 52 | 51 | 98\% |
| Site 5 Dayton 3rd Measure | 16 | 58 | 56 | 96\% |
| Site 5 Dayton 4th Measure | 25 | 62 | 60 | 97\% |
| Totals meeting 80\% return excluding | 837 | 4709 |  |  |
| Baseline Data |  |  |  |  |
| Divide by \# of Windows with more than | 104.6 | 588.6 |  |  |
| $80 \%$ return times the \# of program sites $(4 \times 2=8)$ | 105 | 589 |  |  |


|  | \# who completed <br> 60 minutes of <br> Physical Activity | \# of Participants <br> during Window | Ratio | $\%$ |
| :--- | :---: | :---: | :---: | :---: |
| Baseline | 137 | 1334 | $137 / 1334$ | $10 \%$ |
| Year 1 | 42 | 122 | $42 / 122$ | $34 \%$ |
| Year 2 | 29 | 107 | $29 / 107$ | $27 \%$ |
| Year 3 | 105 | 589 | $105 / 589$ | $18 \%$ |
|  |  |  |  |  |
| Total (Excluding Baseline) | 176 | 818 | $176 / 818$ | $22 \%$ |

