

# *Ludlow High School's Class of 2015 Retreat*

**Gateway Community & Technical College  
Boone County Campus  
December 4, 2014**

## **Agenda**

<b>9:00-9:45am</b>	<b>Welcome &amp; Team Building Activities</b>
<b>9:45-10:30am</b>	<b>Interviewing Skills &amp; First impressions</b>
<b>10:30-11:30am</b>	<b>Gateway Community &amp; Technical College Admissions Talk &amp; Tour</b>
<b>11:30am-12:25pm</b>	<b>Lunch &amp; Dessert with Q&amp;A Session from Our Panthers of the Past</b>
<b>12:30-1:00pm</b>	<b>Breakout Session #1</b>
<b>1:05-1:35pm</b>	<b>Breakout Session # 2</b>
<b>1:35-1:45pm</b>	<b>Break &amp; Snack</b>
<b>1:50-2:20pm</b>	<b>Breakout Session #3</b>

### **Breakout Session Include:**

- **Planning & Understanding a College Schedule (Room B107A, Sessions 1, 2)**
- **Money, Money, Money: Real World Finances (Room B111, Sessions 1, 2, 3)**
- **Are You Interested in a Skilled Trades Job/Apprenticeship? (Room B101, Session 1)**
- **But I Still Need to Apply! (Room B107G, Sessions 2, 3)**
- **Surviving Freshman Year (Room B209, Sessions 1, 2, 3)**
- **Job Hunt! (Room B105, Sessions 1, 2)**
- **All About Health Careers (Room B107G, Session 1)**
- **Financial Aid 101 (Room B107A, Session 3)**
- **STEM Careers (Room B211, Session 1)**
- **Mock Interviews: Practice Makes Perfect (Room B203, Session 1)**

<b>2:25-2:30pm</b>	<b>Closing Remarks</b>
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*"You have brains in your head. You have feet in your shoes.  
You can steer yourself any direction you choose.  
You're on your own. And you know what you know.  
And YOU are the one who'll decide where to go..."*  
*— Dr. Seuss, Oh, The Places You'll Go!*

## **Planning & Understanding a College Schedule**

This session is designed to help you better understand how credit hours work, how to build your college schedule, and how to organize your time. This will make your transition to college a smooth one.

## **Money, Money, Money: Real World Finances**

This session will give practical information for all seniors on how to manage your money, pay your bills, live on your own, and understand banking, credit cards, and interest rates. Learn to avoid the financial pitfalls in which many young adults find themselves.

## **Are You Interested in a Skilled Trades Job or Apprenticeship?**

This session is designed to teach you more about the many skilled trades job opportunities that are available to you. You'll gain a better understanding of how apprenticeship programs work. Learn more about the skills you need, the salaries, and the training opportunities.

## **But I Still Need to Apply!**

Have you been procrastinating on completing your college application? It's not too late! Get the one-on-one help you need today. This session takes place in a computer lab so that you can apply online to the school of your choice, while receiving any personalized help you may need.

## **Surviving Freshman Year**

Want to learn more about what to expect in your freshman year of college? Discuss topics that include expectations from professors, campus activities, living away from home, buying textbooks, finding academic help or tutoring, and study habits. Leave with all of your college questions and curiosities answered!

## **Job Hunt!**

This session will help give you some time and guidance on finding a job after graduation. Learn how to access online tools so you can create or enhance your résumé too. The session takes place in a computer lab so that you can spend the time getting the personalized help you need.

## **All About Health Careers**

This session covers specifics about the ever-growing field of health care. Learn more about various careers in the field, job outlooks, salaries, training or degree needed, and what schools offer each program or degree.

## **Financial Aid 101**

How do I apply for Grants? Loans? Scholarships? Learn the different types of financial aid that are available. The infamous FAFSA (Free Application for Federal Student Aid) will be reviewed.

## **STEM Careers**

Want to learn more about our region's opportunities for STEM Careers? These include jobs in the areas of Computerized Manufacturing & Machining, Electrical Technologies, Computer Aided Drafting (CAD), Welding, Mechatronics, Energy Technologies, or Industrial Maintenance.

## **Mock Interviews: Practice Makes Perfect**

Practice makes perfect! Participate in mock interviews so you walk into one better prepared. Practice the DOs and DON'Ts of interviewing. This is a practical session for all seniors!