

participating teams, shall be published on the KHSAA website.

- B) Specifications for Volleyball Courts and Game balls
- 1) The specifications for recommended and required standards for volleyball facilities to be used in tournament play may be developed by Association staff and Advisory Committees and approved by the Board of Control.
 - 2) The Association may enter into a contract to restrict the use of a ball in tournament play to a specific brand or model.
- C) Match Format
- 1) Varsity Play, Regular and Postseason Season
 - a) The standard format will be best 3 of 5 sets, rally scoring, with the fifth set being to 15 per the NFHS Rules Book.
 - b) Regular season Individual contests, by advance mutual agreement of the competing schools, may be played in best 2 of 3 sets with the third set to 25 and no cap. Should both schools not agree on match length, the default shall be the NFHS rule of 3 of 5 sets.
 - c) Member schools may agree in advance during regular season tournaments, on alternate scoring formats but may not increase scoring in play.
 - d) In all cases, whatever format is used, each match shall count as one against the overall limit of matches contained in Bylaw 25.
 - e) For all rounds of postseason play, standard format will be the best 3 of 5 sets (winning score to 25 with the 5th game being to 15).
 - 2) Junior Varsity Play
 - a) Best 2 of 3 sets to 21, rally scoring with the third set being to 21.
 - b) Member schools may agree in advance during regular season tournaments, on alternate scoring formats (but not longer than 2 of 3 sets to 21).
 - c) In all cases, whatever format is used, each match shall count as one against the overall limit of matches contained in Bylaw 25.
 - 3) Freshmen Play
 - a) Best 2 of 3 sets to 17, rally scoring with the third set being to 17.
 - b) Member schools may agree in advance during regular season tournaments, on alternate scoring formats (but not longer than 2 of 3 sets to 17).
 - c) In all cases, whatever format is used, each match shall count as one against the overall limit of matches contained in Bylaw 25.
- D) Warm-up Time, Regular/Post Season
- Standard 15 minutes of warm-up time between matches: using the 4-4-4-2-1 format (4 minutes of shared court; 4 minutes of each team with serving team taking court first, 2 minutes of serving and 1 minute back at the bench area prior to taking the court).
- E) Heat Index
- All play shall adhere to the KHSAA Heat Index Program. For postseason play, it is the responsibility of the host site manager to ensure and track the heat index and report it accordingly to the KHSAA.