

June 13, 2012

Dr. Richey and HC Board of Education:

I am requesting that Henderson County Athletic Department begin implementing the ImPact Program this school year. Please read Tim Barron, Athletic Trainer's request. We would like to begin collecting cognitive data on the Football Team and Soccer Teams this summer prior to their seasons beginning. Due to the new legislature passed this spring, HCHS wants to be proactive in implementing the best way to evaluate concussions and making improved decisions on when the athlete should return to play.

Tim Barron's request is more detailed. (Attachment)

If you need more information, Tim Barron will be available to do so.

Thank you,

Vivian Tomblin
Henderson County High School
Athletic Director

Sent: Monday, June 11, 2012 5:00 PM

To: Tomblin, Vivian - HCH, Director of Athletics/Student Activities

Subject: Request for the High School to consider adopting the ImPact program.

I would like for Henderson County High School to consider implementing the ImPact program. ImPact stands for Immediate Post-Concussion Assessment and Cognitive Testing. This is a system developed to assist medical personnel in making an improved decision on return to play following a sustained concussion by an athlete. This program involves the athletes to take a baseline test as soon into the season as is possible. The screen is taken by an athlete in a collision or contact sport. The information is then stored, and kept in the event of a concussion. To determine if an athlete can return to play they would then take a post-test. To return to play their score would have to be within certain limits of the baseline. This gives the M.D. some information to make a decision on return to play. The test cannot be used as a standalone test for return to play, but an assist in making the decision. The High School with the Pace program with Dick's Sporting Goods is able to sign up for the first year for free, and then would need to then sign up for subsequent years. The program for what Henderson County would need, on this year's pricing, would be \$500. Information from Impact states that it "is the most widely used computer based testing program in the world and is implemented effectively across high school, collegiate, and professional levels of sports participation". If the High School decides to agree to participate in the program an Emergency Action Plan will be developed to assist with the handling of concussions.

Participants in the program from Methodist Hospital would be:

Judith Canlas, M.D.

Beth Taylor, DPT

Suzanne Bowling, PhD, Cognitive Specialist

Tim Barron, ATC PTA

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Tim Barron, ATC, PTA

Methodist Orthopedic Clinic

Certified Athletic Trainer

Physical Therapist Assistant

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