



Kentucky High School Athletic Association

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January 9, 2011

TO: Members of the Board of Control

FR: Julian Tackett, Commissioner

RE: Volleyball Playing Rules

As a follow-up to the November Board meeting, I have followed up with both our staff designee for Volleyball and the NFHS office regarding the length of volleyball matches. Though the NFHS playing rules call for three out of five sets, we would be in compliance if we allowed the member schools, in specific games and tournaments, to mutually agree to play two out of three sets. The staff of the NFHS has assured our office that this move would neither jeopardize our good standing as a member state association, nor the ability and eligibility of any of our staff, coaches or officials to serve on rules making bodies in volleyball.

With that in mind, we make the following revised recommendations-

Regular Season Varsity Play – Standard format will be best 3 of 5 sets, rally scoring, with the fifth set being to 15 per the NFHS Rules Book. Individual contests, by advance mutual agreement of the competing schools, may be played in best 2 of 3 sets. Member schools may agree in advance during regular season tournaments, on alternate scoring formats. In all cases, whatever format is used, each match shall count as one against the overall limit of matches contained in Bylaw 25.

Regular Season Junior Varsity Play – will be best 2 of 3 sets to 21, rally scoring with the third set being to 21. Member schools may agree in advance during regular season tournaments, on alternate scoring formats. In all cases, whatever format is used, each match shall count as one against the overall limit of matches contained in Bylaw 25.

Freshmen Play – will be best 2 of 3 sets to 17, rally scoring with the third set being to 17. Member schools may agree in advance during regular season tournaments, on alternate scoring formats. In all cases, whatever format is used, each match shall count as one against the overall limit of matches contained in Bylaw 25.

Post Season Varsity Play – The format for all matches will be best 3 of 5 sets, rally scoring, with the fifth set being to 15 per the NFHS Rules Book.

Warm-up Time, Regular and Post Season – Standard 15 minutes of warm-up time between matches: using the 4-4-4-2-1 format (4 minutes of share; 4 minutes of each team with serving team taking court first, 2 minutes of serving and 1 minute back at the bench area prior to taking the court)

Officials Pay – All varsity matches, regardless of format, will be \$40 per match, including all tournaments. The non-varsity fee, along with any travel or expense addition to the varsity fee, remains at the discretion of the local policy board.