

# Resiliency Poll

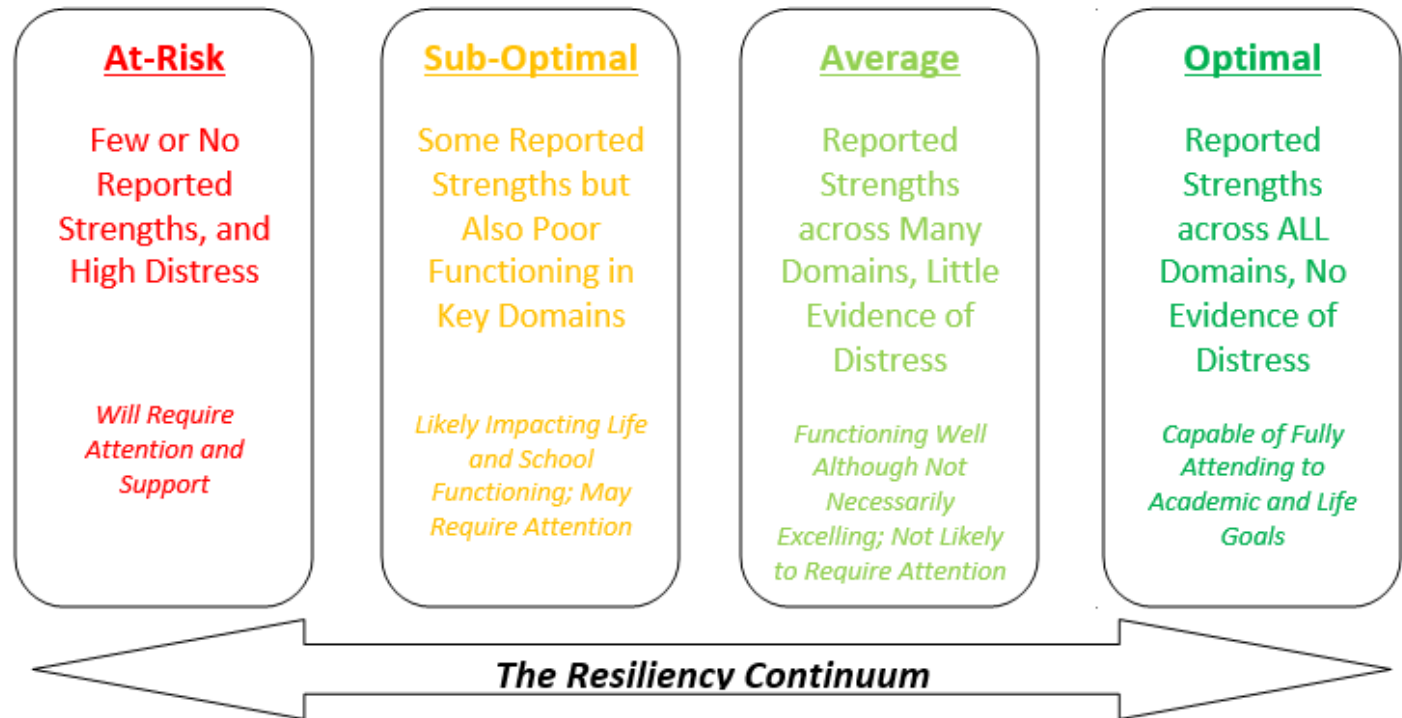
Fort Thomas Independent Schools

April 2018

# Summary of Findings

- Over **97%** of Fort Thomas ISD students from grades 3-12 completed the comprehensive survey
- Students placed in the “**optimal**” functioning category ranged from 7% (high school) to 15% (elementary schools)
  - Percentage of elementary and middle schools students placed in the “at-risk” category was 7% and 11% respectively, and 18% for high school students
- Most mean **resilience variable scores** were at or above national norms across all school levels
  - Positive school experiences were significantly higher than national average across all school levels
  - Mean academic standards score was significantly higher than national average for both middle and high school students
- Percentage of middle and higher students reporting “**severe**” **levels of victimization** (i.e., being victimized at least once per week) significantly lower than national average
- Percentage of middle and high school students reporting **significant psychological distress** (anxiety and depression) less than national average

# Resiliency Along a Continuum



Information in this report is designed to help schools quickly identify and attend to students who are at the lower end of the continuum. In addition, these results can be used to formulate strategies that advance students higher in the continuum.

# Overall Resiliency/Risk Functioning

School	% At Risk	% Suboptimal	% Average	%Optimal
Elementary	7	34	44	15
Middle	11	39	36	14
High	18	43	32	7
<b>Overall</b>	<b>12</b>	<b>39</b>	<b>37</b>	<b>12</b>

# Individual Variables - Elementary

Elementary School	Global Satisfaction	Positive School Experiences	% Reporting Perceived Victimization	Ostracism	Hope
Robert D. Johnson	5.00	5.05	35%	1.80	4.61
Ruth Moyer	5.06	5.16	26%	1.61	4.71
Samuel Woodfill	4.90	5.12	22%	1.64	4.67
Collective Mean Score* / National Average (if in green)	4.57	5.08	38%	2.54	4.02
Scoring Range and Interpretation	1-6 Higher scores mean more positive perceptions of one's life	1-6 Higher scores mean more positive experiences with their learning and school personnel		1-5 Higher scores mean <u>higher</u> levels of perceived social isolation	1-6 Higher scores mean higher levels of goal-directed thinking and motivation

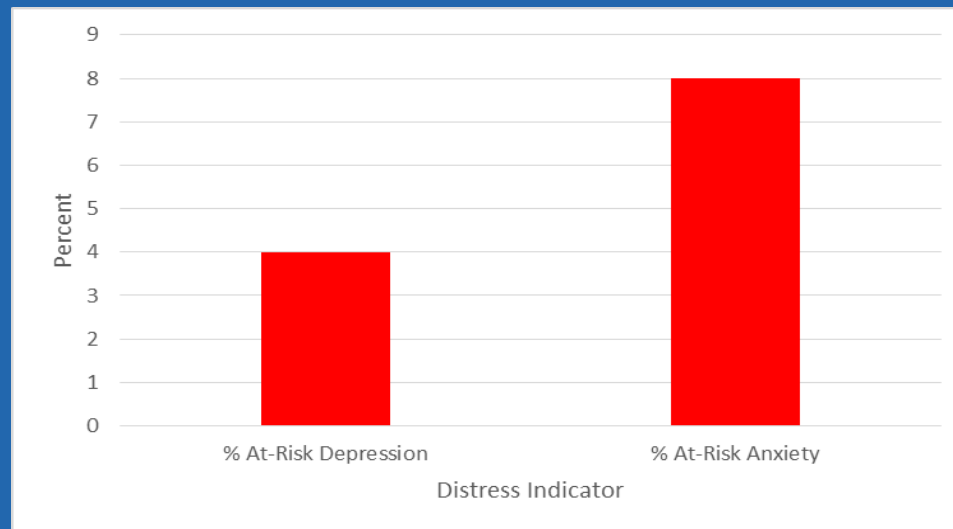
# Individual Variables - HMS

Domain	Mean	National Average	Scoring Range	Interpretation
Global Satisfaction	5.01	4.9	1-6	Higher scores = more positive perceptions of one's life
Positive School Experiences	4.67	3.35	1-6	Higher scores = more positive experiences with their learning and school personnel
% Frequent Victimization (at least once per week)	2%	11%		
Ostracism	2.23	2.16	1-5	Higher scores = <u>higher</u> levels of perceived social isolation
Grit	3.55	3.25	1-5	Higher scores = higher tenacity to achieve goals
Hope	4.53	4.0	1-6	Higher scores = higher levels of goal- directed thinking and motivation
Resiliency	4.25	4.10	1-5	Higher scores = greater confidence in overcoming adversity
Leadership	4.73	4.51	1-7	Higher scores = higher confidence to influence others
Academic Standards	5.94	2.89	1-7	Higher scores = higher expectations of their personal abilities

# HMS Distress Scores

Anxiety	5.14	1.14	0-24	Higher scores = higher generalized anxiety
Depression	4.13	1.14	0-27	Higher scores = higher depression (including thought of self-harm)

Percentage of Middle School Students Reporting At-Risk Functioning – Psychological Distress



# Individual Variables - HHS

Domain	Mean	National Average	Scoring Range	Interpretation
Global Satisfaction	4.68	4.2	1-6	Higher scores = more positive perceptions of one's life
Positive School Experiences	4.32	3.12	1-6	Higher scores = more positive experiences with their learning and school personnel
% Frequent Victimization (at least once per week)	4%	11%		
Ostracism	2.36	2.16	1-5	Higher scores = <u>higher</u> levels of perceived social isolation
Grit	3.39	3.25	1-5	Higher scores = higher tenacity to achieve goals
Hope	4.41	4.0	1-6	Higher scores = higher levels of goal- directed thinking and motivation
Resiliency	4.05	3.98	1-5	Higher scores = greater confidence in overcoming adversity
Leadership	4.73	4.58	1-7	Higher scores = higher confidence to influence others
Academic Standards	5.86	2.80	1-7	Higher scores = higher expectations of their personal abilities



# HHS Distress Scores

Anxiety	7.79	13.1	0-24	Higher scores = higher generalized anxiety
Depression	6.52	14	0-27	Higher scores = higher depression (including thought of self-harm)

## Percentage of High School Students Reporting At-Risk Functioning – Psychological Distress

