

## 1518 Yorkshire Drive, Elizabethtown KY 42701 www.creativecounselingandconsultation.com

270-594-1199

During the 2022-2023 school year, Creative Counseling & Consultation, PLLC provided school based services to Elizabethtown Independent Schools. Services grew and improved over the course of the year. At the beginning of the year, Creative Counseling & Consultation, PLLC provided three full time licensed providers. Throughout the year, our offering to the district was expanded to include:

- 1. An additional full time licensed provider to serve Valley View Education Center (Jennifer Murphy, LPCA).
- 2. Taking over the Valley View Education Center program.
- 3. Addition of targeted case management (TCM) services to help some of the most at risk and needy family access services and reduce barriers to education and mental health services.
- 4. Addition of a community support associate (CSA) to help relieve pressure from staff of some of the most challenging kids that we work with and to help reinforce and teach them appropriate life skills.

Creative Counseling & Consultation, PLLC also provided a significant amount of support and services throughout the year:

- 1. In total, approximately 290 students were serviced for individual, family or group therapy.
- 2. Of these 290, approximately 14 were staff members children.
- 3. In an effort to treat the whole family, services were provided to approximately 15 parents of EIS students.
- 4. Approximately 70 risk assessments/crisis evaluations were performed throughout the school year.
- 5. Attendance to RTB meetings.
- 6. Assistance in crafting and offering feedback on district policy.

In the continued strive to improve services, the following goals are set and will be worked toward for the 2023-2024 school year.

- 1. Improvement in the Valley View program and curriculum.
- 2. Transition of Hannah Kuhn, currently performing CSA services, into a therapist role.
- 3. Addition of a new CSA.
- 4. Fine tuning and increasing group opportunities for students, particularly at the high school level.

Creative Counseling & Consultation, PLLC will provide a licensed, master's level mental health professional to the following schools:

- 1. Morningside Elementary and T.K. Stone Middle (Christopher Longoria, LCSW, RPT-S)
- 2. Helmwood Heights (Krista Mitchell, LCSW, RPT)
- 3. Elizabethtown High School (Kyla Claycomb, CSW)
- 4. Panther Academy (Shared between Chris, Krista, Kyla)
- 5. Valley View Education Center (Hannah Kuhn)
- 6. Jen Murphy, LPCA will primarily assist with students at T.K. Stone and provide groups to students at EHS and Valley View.

These professionals will serve the needs of students who are enrolled in therapeutic services exclusively. Each professional will be housed at the designated school during the school day and will dedicate the entirety of their working hours to the school they are assigned, and to others within the district as necessary. For Panther Academy students, they will be served by a combination of our providers in order to ensure an appropriate match between family and therapist and to maximize the time spent with students. To accomplish this, Creative Counseling & Consultation, PLLC is requesting the following be offered and made available to the agency:

- 1. Dedicated office space at Morningside Elementary or T.K. Stone Middle School
- 2. Dedicated office space at Helmwood Heights Elementary School
- 3. Dedicated office space at Elizabethtown High School
- 4. Wifi Access
- 5. Printer access
- 6. Ability to offer appointments after school hours depending on needs of parents and students until at least 5:00pm

In return for providing space and allowing Creative Counseling and Consultation, PLLC to serve students, the following services will be provided:

- 1. Services for students:
  - 1.1. Individual therapy
  - 1.2. Group therapy (Skill groups, social groups, emotional regulation, etc)

- 1.3. Family therapy (As appropriate)
- 1.4. Student-Teacher Mediation (As appropriate)
- 1.5. Advocacy
- 1.6. Work with parents to improve their engagement with their students needs
- 2. Services for staff
  - 2.1. In service training on topics relevant to emerging trends and mental health issues
  - 2.2. Customized topics based on the needs of individual schools and staff
  - 2.3. Psychoeducation
  - 2.4. Time with teachers to brainstorm and problem solve, implement strategies for success with students struggling within the class
  - 2.5. Attendance to Response to Behavior meetings

Unless otherwise arranged or agreed to, EIS will not be responsible for paying any of the above services and responsibility will rest solely with the family of the student.

In May of last year under our previous practice we serviced 130 students. In one school year we were able to more than double our reach and impact more students. While this growth is great, there is still room for improvement and more work to be done. We look forward to being able to move ahead and continue our partnership into the next school year.