JCPS Mental Health Professionals

ARMAC Meeting May 31, 2023



School Counselors, Mental Health Practitioners and School Psychologists





Supporting Student Mental Health



- JCPS Comprehensive Mental Health
 Supports
 - <u>Tiered Supports</u>

- Crisis Work
 - District Suicide Prevention

JCPS Mental Health Professionals

- → Hiring
- → Supervision
- → District Support
- → Student Support Services
 - ◆ <u>School Counselors</u>
 - Mental Health Practitioners

- → Hiring
- → Supervision
- → District Support
- → Exceptional Child Education
 - School Psychologists





School Counselors

- → Serves all students in Pre-K through 12th grade.
- Provides student supports in the domains of academic, social/emotional and college/career counseling.
- → School counselors have a primary focus on tier 1 and 2 counseling support services.
- → Provides crisis counseling and responsive student services.
- → Direct student services provided by the school counselor include:
 - Classroom Counseling Lessons
 - Individual Counseling
 - ◆ Small Group Counseling
 - Individual Academic and College Planning
- → Works to provide proactive mental health support to students.
- Collaborates with other mental health professionals









Mental Health Practitioners

- → Serve students Pre-K 12th grade
- → Focus on Tier 2 and 3 mental health support services
 - Provide small group and individual counseling and collaborate with other mental health professionals
- Participate in monthly professional development training and optional technical assistance sessions
- → Encourage positive school culture and school connectedness
- → Coordinate wellness services with community based providers
- → Provide culturally competent and inclusive services
- → Plan, review, and evaluate data for quality improvement



School Psychologists

- → Serves students Pre-K through grade 14, including private and homeschooled students
- Provides consultation to teachers and mental health professionals in the design and implementation of appropriate preventive and early intervention strategies for students
- Conducts comprehensive psychoeducational evaluations that include assessment
 of intellectual, developmental, academic, social/emotional and behavioral status to
 guide educational eligibility determinations under IDEA and/or Section 504
- → Provides training, leadership, and support for district-level crisis intervention
- → Provides group and individual counseling to ECE and non-ECE students
- → Collaborates with various school teams to implement multi-tiered systems of support for all students in assigned schools
- → Facilitates training for school and district staff



Questions?







