

State Association Adoptions

<i>Sport</i>	<i>Rules</i>	<i>State Association Adoptions</i>
Baseball	10-1-9	Umpires shall wear the navy blue pullover shirt or state association-adopted shirt.
Baseball	1-2-9	A double first base is permitted.
Baseball	1-4-4	To allow for special occasions, commemorative or memorial patches, that will be uniformly placed, not to exceed 4 square inches, to be worn on jerseys in an appropriate and dignified manner without compromising the integrity of the uniform.
Baseball	2-33-1	Suggested speed-up rules.
Baseball	4-2-2	By state association adoption, the game shall end when the visiting team is behind 10 or more runs after 4 1/2 innings, or after the fifth inning. If either team is 10 runs behind and both teams have had an equal number of times at bat.
Baseball	4-2-4	Game-ending procedures may be determined.
Baseball	4-3-1	A regulation called game where a winner cannot be determined shall be counted as a 1/2 game won and a 1/2 game lost for each team.
Baseball	4-4-1a	State associations are authorized to specify the timeframe and/or circumstances before a forfeit will be declared for a late arrival by one of the teams.
Baseball	4-5-1	It is optional on the part of a state association as to whether protests are permitted.
Basketball	1-13-2 NOTE, 10-6-1	Authorizing use and size of 28-foot (maximum) coaching box.
Basketball	2-14	Authorizing use of the 35-second shot clock.
Basketball	2-4-3 NOTE	Authorizing use of supplementary equipment to aid in game administration.
Basketball	3-4-2c	Authorizing use of on commemorative/memorial patch on the jersey.
Basketball	3-5-1 NOTE	Authorizing rule exceptions to provide reasonable accommodations.
Basketball	3-5-3 EXCEPTION)	Authorizing use of head coverings for medical or cosmetic reasons.
Basketball	5-11-1 NOTE	Determining the number of electronic media time-outs.
Basketball	5-5 NOTE	Authorizing use of running clock when a specified point differential is reached.
Boys Lacrosse		No state adoption rules
Field Hockey	1-5-1h	For Special Occasions, commemorative or memorial patches not to exceed 4 square inches may be worn.
Field Hockey	4-2-2 Note	The clock may continue to run after goals when one team is ahead by a specified number of goals.
Field Hockey	4-2-2 Note	Alternative game ending procedures may be established after having completed the second quarter.
Football	1-1-4 NOTE	Determine the number of game officials to be used in a game.
Football	1-1-7	Determine the time for game officials to assume authority if greater than 30 minutes.
Football	1-2-3g NOTE 3	Approve an extension of the team box if the same for both teams.
Football	1-3-2 NOTE	Mandate the use of a specific ball for postseason or playoff competition.
Football	1-3-7	Authorize the use of supplementary equipment to aid in game administration.
Football	1-3-7 NOTE	Authorize the use of instant replay during state postseason contests.
Football	1-5-1b, 2-3 NOTE	Authorize the wearing of a commemorative/memorial patch.

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Football	1-6-1 NOTE	Authorize the use of a drum for rhythmic cadence for deaf or partially deaf teams.
Football	1-7	Authorize exceptions to NFHS playing rules to provide reasonable accommodations to individual participants with disabilities or special needs
Football	3-1-1 NOTE	Establish a procedure to resolve games tied following the fourth period.
Football	3-1-2	Establish a point differential to terminate games or to use a running game clock when the point differential is reached.
Football	3-1-4	Establish rules regarding continuation of interrupted games.
Football	3-1-6	Determine the length of halftime intermission.
Football	3-2-1	Determine when the coin toss is to be held.
Football	3-5-7K	Authorize the use of TV/radio time-out.
Football	Football Field Diagrams	Designate the 11-player field dimensions as official for nine-, eight- or six-player competition.
Football	Football Field Diagrams	Determine the dimensions of the field for nine-, eight- and six-player competition.
Girls Lacrosse	12-6-2 NOTE; 12-8 EJECTION PENALTIES NOTE; 12-8 COACH MISCONDUCT PENALTIES NOTE; 13 EJECTED PLAYER	Determining ejection policies.
Girls Lacrosse	2-7-7	Authorizing use of head coverings for medical or cosmetic reasons.
Girls Lacrosse	2-7-7 NOTE	Authorizing rule exceptions to provide reasonable accommodations.
Girls Lacrosse	2-9-4d	Authorizing use of on commemorative/memorial patch on the jersey.
Girls Lacrosse	3-5-1 NOTE	Authorizing use of less than two officials for extenuating circumstances on a case-by-case basis.
Girls Lacrosse	3-5-5	Assuming clerical authority over a contest in the event of unusual incidents before, during and/or after the official's jurisdiction has ended or in the event that a contest is terminated prior to the conclusion of regulation play.
Gymnastics	3-3-2	For Special Occasions, commemorative or memorial patches not to exceed 4 square inches may be worn.
Gymnastics	3-2-7 Note	Use of block style or alternating competitors' format shall be determined by prior mutual consent of competing schools, or by state association adoption.
Gymnastics	4-4-4	Open or Closed scoring may be used.
Gymnastics	5-1-6b note	Unless otherwise modified by state associations adoption each inquiry after the first failed inquiry that does not result in a score correction is a 0.50 deduction.
Ice Hockey	1-9-2	Only players in uniform and five other team personnel shall be permitted to occupy the team bench area, unless modified by state association adoption.

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Ice Hockey	2-1-2d	By state association adoption, to allow for special occasions, comemorative or memorial patches, not to exceed 4 square inches, may be worn on jerseys with compromising the integrity of the uniform.
Ice Hockey	2-3-1	A maximum of 20 player, including goalkeepers, may dress for and play in a game, unless modified by state association adoption. It is recommended that a minimum of two goalkeepers be among the 20 players dressed.
Ice Hockey	2-3-4	By state association adoption, at the conclusion of a period, teams must remian at their bench area until the referee signals the players to proceed directly to their respective dressing rooms.
Ice Hockey	2-4-2	Teams shall be on the ice, ready to play promptly at the beginning of each period. After the first period, starting players shall remain in their half of the ice and proceed to the center ice faceoff positions. All remaining players shall proceed directly to their benches, unless modified by state asociation adoption. First violation results in a team warning. Subsequent violations shall be penalized.
Ice Hockey	2-7	Each state association may, in keeping with applicable laws, authorize exceptions to NFHS playing rules to provide reasonable accomodations to individual participants with disabilities and/or special needs, as well as those individuals with unique and extenuating circumstances. The accomodations should not fundamentally alter the sport, heighten risk to the athlete/others or place opponents at a disadvantage.
Ice Hockey	4-6-1	State associations may increase the punihment for game disqualification penalties (additional games).
Ice Hockey	9-11-1	NOTE: All games may be played under overtime policies adopted by the state high school association.
Ice Hockey	9-12-2	By state association adoption, a procedure may be establishedwhereby schools may play up to a 17-minute period.
Ice Hockey	9-12-3	By state association adoption, procedures may be established whereby games may be terminated after two period or during the third period when a team leads another team by a specidified number of goals. By state association adoption, running time may be utilized at any time when a team is leading another by a specified number of goals.
Ice Hockey	9-12-5	State Association rules may end a contest at any time due to unsatisfactory conditions.
Ice Hockey	9-13	By state association adoption, state association-authorized video replay may be used in games for reviewing goals and undetected goals, determining correct time on the clock, and to review infractions that may affect the ejection of a student-athlete. Procedures for video replay shall be determined by state association policy and procedures.
Soccer	12-8-3 NOTE	Disqualified player barred from competition.

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Soccer	12-8-1d	Incidental use of vulgar or profane language.
Soccer	4-1-1g	Commemorative or memorial patches may be worn on the jersey for special occasions, not to exceed 4 square inches.
Soccer	4-2-1h EXCEPTION 2	Players may wear caps in inclement weather.
Soccer	4-2-5	Artificial limbs.
Soccer	5-1-1	Systems of officiating.
Soccer	5-1-3	Officials' shirt color.
Soccer	6-2-1	Time kept on the field.
Soccer	6-3-1	Score kept by referee.
Soccer	6-3-3	Fourth official as scorer.
Soccer	7-1-1	Four equal quarters rather than halves.
Soccer	7-1-2	Shortened periods.
Soccer	7-1-3	Suspended games.
Soccer	7-1-5	Goal differential.
Soccer	7-3-1	Overtime procedure.
Soccer		Sample tie breaking procedure.
Soccer		Sample fourth official/duties.
Softball	1-1-2 NOTE	By state association adoption (S.P.), the pitching distance shall be 50 feet when using a 12-inch ball.
Softball	1-2-1 NOTE	A double first base is permitted. (8-10-1)
Softball	1-3-3 NOTE	An 11-inch softball shall be used in girls slow pitch. (1-1-2a)
Softball	3-2-1	State associations may, on an individual basis, permit a player to participate while wearing a different style uniform for religious reasons, inclement weather, etc.
Softball	3-2-4	For special occasions, a commemorative or memorial patch, not to exceed 4 square inches, may be worn on the jersey.
Softball	3-3-7 (S.P.)	A team may use an 11th player called an Extra Player, EP.
Softball	4-2-3	Game-ending procedures may be determined.
Softball	4-2-3 NOTE 2	The number of innings for one or both games in a doubleheader may be scheduled for less than seven innings. Current state association game-ending procedures still apply.
Softball	4-2-6	The tie-breaker procedure may be instituted at a point in the game specified by the state association.
Softball	4-3-1a	State associations are authorized to specify the timeframe and/or circumstances before a forfeit will be declared for a late arrival by one of the teams.
Softball	4-4	It is optional on the part of a state association as to whether pro- tests are permitted.
Softball	5-2-1b NOTE	After 30 minutes, the umpire may declare the game ended or by state association adoption, suspended.
Spirit		No state adoption rules

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Swimming and Diving	1-2-3	Exhibition swimmers are permitted unless state association policy determines otherwise.
Swimming and Diving	1-4-10d(1)	Determination of which meets are considered culminating championship meets.
Swimming and Diving	1-4-11b(4)	Use of alternate qualifiers if a finalist cannot participate. (5-4-5, 9-4-3)
Swimming and Diving	2-1	In facilities that do not meet pool dimensions, markings, and construction, meets may be conducted unless state association regulations determine otherwise.
Swimming and Diving	3-1-1	Local leagues and/or conferences may modify the maximum number of entries from each team in any event(s) for championship meets unless prohibited by state association policy.
Swimming and Diving	3-1-2d	In non-championship multi-team meets, unlimited team entries are permitted unless state association policy determines otherwise. However, the individual entry rule shall be followed. (3-2-1)
Swimming and Diving	3-2-3 NOTE	May enter relay teams without the names of the competitors.
Swimming and Diving	3-3-3d	Commemorative or memorial patches may be worn on jersey for special occasions, not to exceed four square inches.
Swimming and Diving	3-3-4a	A swimmer with special needs may request suit customization from state association.
Swimming and Diving	3-3-6 NOTE	May provide accommodations to competitors with special needs or extenuating circumstances.
Swimming and Diving	3-5 NOTE	May provide additional guidance for the use of electronic devices during competition.
Swimming and Diving	4-1-7	Officials shall dress uniformly as specified by the state association.
Swimming and Diving	5-1-1 NOTE 1	Events may be modified for non-championship multi-team competition.
Swimming and Diving	5-1-1 NOTE 2	The order of events may be modified for state championships.
Swimming and Diving	5-1-3	In championship meets, the diving event may be the first event.
Swimming and Diving	7-2-4	When a meet is suspended due to power failure or other unforeseen circumstances, it may be resumed from the point of suspension unless state association rules determine otherwise.
Swimming and Diving	9-1-1-PENALTY 2a	When diving is not conducted because of inadequate water depth, if written notice is given two weeks in advance (or date established by the state association), diving is not conducted and points are not awarded.
Swimming and Diving	9-4-6 NOTE 1	For interstate competition, the voluntary dive of the week may be determined by the state association.
Swimming and Diving	APPENDIX A	Guidelines for starter's protocols may be adopted as the required starting protocol for a state.
Track & Field	5-3-7 NOTE	May adopt the low (30-inch) or high (33-inch) height in 100-meter hurdles, but national records are for the 33-inch height.
Track & Field	3-2-1b	Appointing a games committee for qualifying or state-meet finals.
Track & Field	3-2-6	Establishing regulations for interrupted competition.

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Track & Field	3-3-3, 4-2-4	Establishing regulations on entry limits.
Track & Field	4-2-4d	If a school is allowed to enter more than one relay team in a race, only one team, however, will score.
Track & Field	6-8-15 NOTE 2	Determining a procedure for coaches to verify that all of the school's pole vaulters and poles are legal and properly rated poles are being used.
Volleyball	11-2-3 NOTE	Determining the number, length, and protocol of electronic media time-outs.
Volleyball	1-2-1 NOTE 1, 11-5-2e	Authorizing use of best two-of-three sets. Any intermission shall occur between sets Nos. 1 and 2.
Volleyball	1-2-1 NOTE 2	Authorizing use of modified match format for series other than dual varsity matches.
Volleyball	1-5-2a, b and c; 1-5-4; 6-2-1	Determining protocols for match forfeits.
Volleyball	1-7	Authorizing resumption of play for a suspended match.
Volleyball	4-1 NOTE 2	Authorizing rule exceptions to provide reasonable accommodations.
Volleyball	4-2-1g	Authorizing use of one commemorative/memorial patch on the uniform.
Volleyball	5-1-1	Determining if line judges will be provided by someone other than the host school.
Volleyball	5-3-1 NOTE	Authorizing temporary adjustments to the officials uniform based on facility conditions.
Volleyball	5-9-4	Authorizing use of hand signals by line judges.
Volleyball	9-1-2 NOTE, 9-2-2	Authorizing permission for teams to remain on the same benches throughout the match.
Volleyball	9-2-1b NOTE	Determining additional policies as it pertains to electronic devices.
Water Polo		No state adoption rules.
Wrestling		No state adoption rules