

FALL 2013 KENTUCKY HIGH SCHOOL ATHLETIC ASSOCIATION ANNUAL MEETING
PROPOSALS SUBMITTED TO THE DELEGATES BY THE BOARD OF CONTROL FOR CONSIDERATION AS REQUIRED BY 702 KAR 7:065 AND
THE ANNUAL REVIEW OF ASSOCIATION RULES. ALL PROPOSALS TO BE CONSIDERED SEPTEMBER 19, 2013 FOR ADOPTION EFFECTIVE
WITH THE 2013-2014 SCHOOL YEAR
(205 DELEGATES PRESENT, 137 REQUIRED FOR PASSAGE)
ITEMS WHICH ARE UNDERLINED REPRESENT ADDITIONS TO CURRENT BYLAW PROVISIONS, ITEMS ~~STRUCK THROUGH~~ REPRESENT
DELETIONS

PROPOSAL 2013-1

(FINAL VOTE: 196 YES, 5 NO, 0 ABSTAIN, 4 PRESENT)

Proposed by the KHSAA Board of Control as part of the required annual review of all KHSAA Bylaws (702 KAR 7:065)

Amend Bylaw 3 to revise start date for four-year count.

Rationale: To ensure that those individuals making eligibility decisions that will impact students are aware of KHSAA rules. As it stands now, middle school administrators make the determination as to whether or not a student may repeat grade eight. Even after the initial promotion from grade eight, parents are receiving permission to hold their child back, which is and should remain a local decision. However, the student-athlete may find themselves ineligible not only for the repeating year, but four years later by losing their senior year if this administrator is unaware of KHSAA rules. While the original intent was to try and eliminate eighth grade hold backs, what has happened is that those who desire to "game the system" are simply doing so after grade seven. In addition, when the state went to Infinite Campus as a records system, the recording of eighth grade promotion is now optional, and enforcement of the rule is problematic with the turnover in administrators. This rule ensures that high school eligibility decisions are made by high school administrators with informed rules backing.

Impact: Regulatory

Bylaw 3, Maximum Number of Years

Sec. 1) LIMIT OF FOUR YEARS

A student entering grade nine (9) for the first time in any school ~~promoted from grade eight (8) to grade nine (9)~~ shall have four (4) consecutive calendar years of eligibility from the date of first entry into grade (9) in any school ~~promotion by the school~~ provided the student is eligible according to this and all other Association bylaws. The eligibility shall conclude with the completion of the spring sports season following the fourth year. No additional eligibility may be granted in a case where the grant would allow a student to compete in all or part of the fifth competitive season in a single sport following the initial entry into grade nine (9) ~~promotion by the school from grade eight (8)~~.

PROPOSAL 2013-2

(FINAL VOTE: 193 YES, 8 NO, 0 ABSTAIN, 4 PRESENT)

Proposed by the KHSAA Board of Control as part of the required annual review of all KHSAA Bylaws (702 KAR 7:065)

Amend Bylaws 6, 7 and 8 to add into the section of "athletic advantage", the "following" of a coach to a new school when the coach changes schools.

Rationale: For several years, situations have occurred wherein coaches have taken new coaching jobs, and then mysteriously (or not so mysteriously), participants for that former school have transferred to the coach's new school. This section would add to the athletic advantage section of Bylaws 6, 7 and 8, the following of a coach where a coach has previously coached in outside competition, or at another KHSAA school, and the student who has previously represented a member high school, chooses to change and attend that school.

Impact: Regulatory

Bylaw 6 (Section 3), Bylaw 7 (Section 5) and Bylaw 8 (Section 3)

Sec. 3) Specific Restrictions Resulting in Denial of Waiver (companion wording to be added in Bylaws 7 and 8)

Satisfying of one of the exceptions (Section 2, a through i) shall not be considered valid and a waiver of the period of ineligibility shall not be granted:

- a) If the change in schools is to nullify or circumvent implementation of Board of Education, School Based Decision Making or school imposed policy which would have resulted in the student's ineligibility at the sending school in accordance with KHSAA Bylaws or Competition Rules;
- b) If the satisfying of one of the exceptions occurs after the enrollment at the new school;
- c) if a student participates on a school team that is coached by a coach associated in that same sport at a high school, and the student then transfers to the member school where the coach is employed (paid or volunteer at any level);
- d) if a student participates on non-school (i.e. AAU, American Legion, club settings, summer program, etc.) team that is affiliated with or coached by a coach associated in that same sport at a member school and the student then transfers to the member school where a coach is employed (paid or volunteer at any level);
- e) If the change in schools is motivated in whole or part by a desire to participate in athletics at the new school;
- f) If the satisfying of one of the exceptions is used or manipulated for the purpose of gaining athletic eligibility; or
- g) If the satisfying of one of the exceptions by the student and the parent(s) does not reasonably precipitate a transfer to the new school.

PROPOSAL 2013-3

(FINAL VOTE: 180 YES, 8 NO, 13 ABSTAIN, 4 PRESENT)

Proposed by Designated Representative Philip Haywood, Belfry High School

Amend Bylaw 23 to mandate a pre-contact period for spring football practice for specific athletes.

Rationale: At its very core, this is a liability issue. For some reason, when spring practice rules were adopted, there was no preparation or acclimation period required, even if an athlete had not been playing any other organized activity. This would place a three-day acclimation period on those students who have not been in any supervised activity, school sponsored team or other specific opportunities. In the vast majority of cases, the students participating in spring football have been playing other sports, sport-activities or participating in supervised weight training, etc, and the acclimation to the rigors of contact may not be essential. But it doesn't seem practical or prudent to have someone who has been doing nothing to dress out in full gear and go full contact on the first day of spring football.

Impact: Regulatory

Bylaw 23, Limitation of Seasons.

Sec. 5) Sports Specific Limitations- Football

g) Each football school may conduct spring football practice as follows:

- (1) Each football school may conduct ten (10) practice periods of not more than two (2) hours in length and not more than one practice per day over ten (10) days during three consecutive calendar weeks;
- (2) The three consecutive calendar weeks shall be chosen by the school on or before December 15;

- (3) Failure to submit the schedule by December 15 will result in a loss of the ability to conduct spring football practice.
- (4) The three consecutive calendar weeks shall not begin prior to the Monday following the school's elimination from postseason play in basketball, and shall not conclude later than the last day of school on the original school calendar;
- (5) Any period of time when school is not in session on a week day, including state testing and breaks, shall not count as one of the ten (10) permitted days, and practice shall not be conducted on those days.
- (6) All equipment authorized by the football playing rules may be used during this period;
- (7) There shall be no inter-school competition during this period,;
- (8) All participants shall be eligible according to all KHSAA eligibility rules.
- (9) In order to conduct the spring practice sessions:
 - a. A student below grade nine or in grade 12 shall not participate;
 - b. Only students currently eligible by all KHSAA rules including Bylaws 2 through 12 may participate;
 - c. Any student who has neither participated in organized competition in a KHSAA sanctioned winter or spring sport, nor has documentation of supervision by a coach qualified under Bylaw 25 in a minimum of 8 conditioning workouts after the previous season and before the start of spring practice (including competition on a competitive weight lifting team at the school), shall have three (3) days of practice in helmets and shoulder pads for acclimation prior to wearing the remainder of the allowable football gear;
 - d. Intrasquad games may be held but shall be counted as one of the ten practice sessions; and
 - e. There shall be no school or coach imposed penalty for any player who chooses not to participate.
 - f. There shall be no mandatory participation by any person on a spring sports eligibility list (or entering any spring sport scrimmage or contest) and no mandatory participation by any other person not appearing on a spring sports roster.

PROPOSAL 2013-4

(AFTER FLOOR AMENDMENT, FINAL VOTE: 171 YES, 17 NO, 13 ABSTAIN, 4 PRESENT)

Proposed by Designated Representative Philip Haywood, Belfry High School, Designated Representative David Barnes, Caldwell County High School, Designated Representative Alan Donhoff, St. Xavier High School on behalf of the Commissioner's Football Advisory Committee

Amend Bylaw 23 to restructure fall practice for football to move certain activity out of July, and amend the season limitations.

Rationale: While the member schools have had restrictions, including the heat requirements and two-a-day practice restrictions for many years, the rules of the Association for preseason football do not meet the recommendations of advocacy groups such as the National Athletic Trainers Association and research groups such as the Corey Stringer Institute on a couple of minor but key components. When reviewing the preseason rules, the football coaches feel very strongly that the coaches and member schools, not advocacy groups, should initiate changes on behalf of the students. This series of changes would 1) make consistent the acclimation and acclimatization days regardless of when school starts, give all schools the same number of days of practice, make consistent the start of the season and end of the season, and spell out all components of preseason practice. This type of detail is essential to competitive fairness and while it cannot equalize everything for all programs due to the local control of school calendars, it does ensure equity. The bottom line is that it is better that the coaches and schools pass reform and change rather than be forced to by outside groups such as legislators and sports medicine groups. This proposal will make things equitable for all.

NOTE: Due to the number of changes, the entire bylaw is reflected as new, even though many of the provisions are the same as existing. This is done solely for clarification to the reader.

Impact: Regulatory

Bylaw 23, Limitation of Seasons.

Sec. 5) Sports Specific Limitations- Football

a) Organized pre-season practice shall be structured in football as follows:

- (1) During the period beginning on the day immediately following the dead period (Bylaw 24) and through July 31, member schools may participate in non-contact simulations (i.e. 7 on 7) and such participation does not count against scrimmage limitations provided that the first practice in full pads has not been conducted. The school issued helmet may be used during these activities, but no other equipment included in NFHS Rule 1-5 may be issued. The KHSAA catastrophic insurance is not in effect for these simulations if other schools are involved.
- (2) Preseason practice in football shall be as follows:
 - a. The first legal organized practice wearing a helmet only shall be no earlier than July 22-.
 - b. The first three (3) days of organized practice shall be in helmets only and the next three (3) days shall be in helmets and shoulder pads for acclimatization and acclimation.
 - c. For the three practice days in shoulder pads and helmets, there can be no contact with other players, only with sleds and dummies.
 - d. Provided such activity is conducted and supervised by coaches meeting all qualifications of Bylaw 25, these practice sessions shall be covered by KHSAA Catastrophic insurance.
 - e. The remainder of the gear specified in NFHS Rule 1-5 can be issued and practice in pads can begin no earlier than August 1 or the week day following the completion of the required three (3) days of practice in helmets and shoulder pads if such date is after August 1.
 - f. Any practice period on or after August 1 where any equipment other than the helmet and shoulder pads are worn shall be referred to as contact practice, and shall adhere to the following restrictions:
 - i. After contact practice has begun, a non-contact simulation as detailed in sub-section 1) above may not be held;
 - ii. After contact practice has begun and prior to the first day of classes for the students, a school shall not conduct multiple on-field practice sessions in pads (e.g., two-a-days or three-a-days) on consecutive days (e.g., two-one-two-one format);
 - iii. After each contact practice, there shall be a three-hour break. During this break, there can be no gear worn, and no activity that in any way simulates football or football drills. This restriction is in place regardless of where the practice occurs including camps, home practices, or other workout areas. This period is solely for rest/recovery;
 - iv. The total practice time on any day where two contact practices are conducted shall not exceed five (5) hours, with no single contact practice exceeding three (3) hours. The total practice time on any day where only one contact practice is conducted shall not exceed three (3) hours. Meetings, film study, water breaks, rest breaks and injury treatment shall not count against the five hour limits. Weight training, voluntary conditioning and teaching period/walk through simulations without equipment shall not count against the five hour limit provided the three-hour break required for cool down is conducted prior to the additional activity following the contact practice;
 - v. After the opening day of the school year, a school shall not conduct multiple on-field practice sessions in pads (e.g., two-a-days or three-a-

days); and

- vi. All schools shall upon request, submit any required documentation to verify the proper execution of the practice regulations, including scrimmage, contact, and Heat/Humidity Measurement and Compliance Programs.
- b) After August 1 and prior to the opening varsity game of the season, there shall be no more than two (2) scrimmages or practice games per member school (grades 9-12) with players other than members of the squad.
- c) The first game shall not take place prior to the Friday of NFHS corresponding week 8 (Week 1).
- d) The season shall consist of a maximum of ten (10) regular season games and the opportunity to play regular season games shall conclude at the end NFHS corresponding week 17. Any school may play one of the allowable regular season games during Week 0 (NFHS corresponding week 7) provided that the total schedule does not exceed ten (10) regular season games and that the allowable number of scrimmages is reduced to one.
- e) Provided that at least one classification within the KHSAA conducts playoffs that last five (5) weeks, any school that chooses to compete for a district title and is placed in a classification where only four (4) weeks are needed to complete the playoffs may play an additional regular season contest (total of 11 contests), the last of which can be played during the first round of the playoffs for the other classifications.
- f) The opportunity to participate in regular season contests shall end at all levels of play (grades 9-12) on the Saturday preceding the first KHSAA Tournament (District, Region or State), with the exception that the varsity team may practice and play through its elimination from KHSAA sanctioned tournament play. Following elimination, there shall be no further practice or play during the remainder of the academic school year.
- g) Each player, in order to be eligible to participate against another school and to become acclimatized and acclimated, shall have taken part in a minimum of three (3) practices over three (3) days in helmets only, three (3) practices in helmet and shoulder pads over three (3) days followed by five (5) contact practices over five days.
- h) Each football school may conduct ten (10) practice periods of not more than two (2) hours in length and not more than one practice per day over ten (10) days during three consecutive calendar weeks, which shall be chosen by the school on or before December 15. Failure to submit the schedule by this date will result in a loss of the ability to conduct spring football practice. The three consecutive calendar weeks shall not begin prior to the Monday following the school's elimination from postseason play in basketball, and shall not conclude later than the last day of school on the original school calendar. Any period of time when school is not in session on a week day, including testing and breaks, shall not count as one of the ten (10) permitted days, and practice shall not be conducted on those days. All equipment authorized by the football playing rules may be used during this period. There shall be no interscholastic competition during this period, and all participants shall be eligible according to all KHSAA eligibility rules.
In order to conduct the spring practice sessions:
 - (1) A student below grade nine or in grade 12 shall not participate;
 - (2) Only students currently eligible by all KHSAA rules including Bylaws 2 through 12 may participate;
 - (3) Intrasquad games may be held but shall be counted as one of the ten practice sessions; and
 - (4) Any student who has neither participated in organized competition in a KHSAA sanctioned winter or spring sport, nor has documentation of supervision by a coach qualified under Bylaw 25 in a minimum of 8 conditioning workouts after the previous season and before the start of spring practice (including competition on a competitive weight lifting team at the school), shall have three (3) days of practice in helmets and shoulder pads for acclimation prior to wearing the remainder of the allowable football gear;
 - (5) There shall be no mandatory participation (including school or coach imposed penalty) by any person on a spring sports eligibility list (or entering any spring sport scrimmage or contest) or any other student desiring not to participate.
- i) The Board of Control may waive provision(s) (b) or (d) of this Bylaw to allow member schools to participate in Hall of Fame and Museum contests. Rules on participation in the Classic shall be made by the Board of Control and published in the Athlete Magazine as a part of the official record of the Association.

Sec. 5) Sports Specific Limitations—Football—Boys

- a) Organized practice in helmets only shall not begin prior to July 15. Organized practice in pads (contact practice) shall not begin prior to the earlier of August 1 or seven (7) week days (not counting Saturdays and Sundays) prior to the opening day of school (which shall be defined as the day prior to the classes starting for the student body), but shall not begin prior to the last Monday in July. The following restrictions are in place once contact practice has begun:
 - 1) After contact practice (practice in pads) has begun and prior to the first day of classes for the students, school shall not conduct multiple on-field practice sessions in pads (e.g., two a days or three a days) on consecutive days (e.g., two one two one format);
 - 2) After each contact practice (practice in pads) there shall be a three-hour break following each contact session. During this break, there can be no gear worn, and no outdoor activity that in any way simulates football or football drills. This restriction is in place regardless of where the practice occurs including camps, home practices, or other workout areas;
 - 3) After the opening day of the school year, a school shall not conduct multiple on-field practice sessions in pads (e.g., two a days or three a days) on a day in which school is in session; and
 - 4) All schools shall submit all required documentation to verify the proper execution of the practice regulations, including scrimmage, contact, and Heat/Humidity Measurement and Compliance Programs.
- b) After contact practice (practice in pads) has begun, there shall be no more than two (2) scrimmages or practice games per member school (grades 9-12) after contact practice has begun and prior to the opening varsity game of the season with players other than members of the squad.
- c) The first game shall not take place prior to the Friday of NFHS corresponding week 8 (Week 1).
- d) The season shall consist of a maximum of ten (10) regular season games and the opportunity to play regular season games shall conclude at the end NFHS corresponding week 17. Any school may play one of the allowable regular season games during Week 0 (NFHS corresponding week 7) provided that the total schedule does not exceed ten (10) regular season games and that the allowable number of scrimmages in subsection (b) is reduced to one. Any KHSAA school that chooses to compete for a district title and is placed in a classification where only four (4) weeks are needed to complete the playoffs may play an additional regular season contest (total of 11 contests), the last of which can be played during the first round of the playoffs for the other classifications;
- e) The opportunity to participate in regular season contests shall end at all levels of play (grades 9-12) on the Saturday preceding the first KHSAA Tournament (District, Region or State), with the exception that the varsity team may practice and play through its elimination from KHSAA sanctioned tournament play. Following elimination, there shall be no further practice or play during the remainder of the academic school year.
- f) Each player, in order to be eligible to participate against another school and to become acclimatized and acclimated, shall have taken part in a minimum of five practices without pads during on or after July 15, followed by three days of non-contact practice in helmet and shoulder pads;

followed by five (5) practices over five days in full gear.

- g) Each football school may conduct ten (10) practice periods of not more than two (2) hours in length and not more than one practice per day over ten (10) days during three consecutive calendar weeks, which shall be chosen by the school on or before December 15. The three consecutive calendar weeks shall not begin prior to the Monday following the school's elimination from postseason play in basketball, and shall not conclude later than the last day of school. Any period of time when school is not in session on a week day, including testing and breaks, shall not count as one of the ten (10) permitted days, and practice shall not be conducted on those days. All equipment authorized by the football playing rules may be used during this period. There shall be no inter-school competition during this period, and all participants shall be eligible according to all KHSAA eligibility rules.

In order to conduct the spring practice sessions:

- 1) A student below grade nine or in grade 12 shall not participate;
- 2) Dates shall be reported to the KHSAA on supplied forms;
- 3) Only students currently eligible by all KHSAA rules including Bylaws 2 through 12 may participate;
- 4) Intrasquad games may be held but shall be counted as one of the ten practice sessions; and
- 5) There shall be no school or coach imposed penalty for any player who chooses not to participate.
- 6) There shall be no mandatory participation by any person on a spring sports eligibility list (or entering any spring sport scrimmage or contest) and no mandatory participation by any other person not appearing on a spring sports roster.

PROPOSAL 2013-4 NOTE: BY A VOTE OF 138-59, A FLOOR AMENDMENT TO PROPOSAL 4 STRUCK SECTION d) WHICH WAS ORIGINALLY PROPOSED AS FOLLOWS AND REPLACE SECTION d) WITH THE LANGUAGE LISTED ABOVE (CURRENT RULE, NO CHANGE IN THIS SECTION):

- d) The season shall consist of a maximum of ten (10) regular season games and the opportunity to play regular season games shall conclude at the end NFHS corresponding week 17. Through the 2014-2015 school year, any school may play one of the allowable regular season games during Week 0 (NFHS corresponding week 7) provided that the total schedule does not exceed ten (10) regular season games and that the allowable number of scrimmages is reduced to one. Beginning with the 2015-2015 school year, no school may play its first regular season game prior to NFHS corresponding week 8.

PROPOSAL 2013-5

(FINAL VOTE: 200 YES, 1 NO, 0 ABSTAIN, 4 PRESENT)

Proposed by the KHSAA Board of Control as part of the required annual review of all KHSAA Bylaws (702 KAR 7:065)

Amend Bylaw 25 to eliminate an outdated provision.

Rationale: This amendment is strictly technical, and allows for the removal of an outdated waiver provision. With the passage and implementation of amendments to KRS 156.070 by the Kentucky General Assembly, which removed the 64-hour requirement, this waiver provision is no longer necessary.

Impact: Technical, Non-Substantive

Bylaw 25. Requirement for Coaches and Others Working With High School Teams

Sec. 1) Definitions

a) Level 1 Coaches

An individual seeking a coaching position at the high school level shall be categorized as Level 1 if that individual is a certified teacher and member of the regular school system faculty and meets the following criteria prior to assignment to coaching duties:

- 1) Is employed a minimum of three (3) regular periods for teaching classes, which may include physical education;
- 2) Is employed for supervision of study halls; or
- 3) Is exercising responsibilities in other activity assignments within the school schedule.

b) Level 2 Coaches

An individual seeking a coaching position at the high school level shall be categorized as Level 2 if that individual meets the following criteria prior to assignment to coaching duties and does not meet the qualifications of Level 1:

- 1) Shall be 21 years of age;
- 2) Shall not be a violent offender or convicted of a sex crime as defined by KRS 17.165 that is classified as a felony;
- 3) Shall submit to a criminal record check under KRS 160.380;
- 4) Shall meet one of the following additional qualifications:
 - (i) Have graduated from a public or accredited high school and hold a provisional or standard teaching certificate;
 - (ii) Have completed sixty-four semester hours of college credit from an accredited college or university as documented by an official transcript;
 - (iii) Be a graduate from a public or accredited high school and be in compliance with the local district standards for serving as an approved substitute teacher as approved by the Education Professional Standards Board; or
 - (iv) Be a graduate from a public or accredited high school and complete a Level 1 Coaching Certification Program approved by NFHS as well as completing prescribed electives as detailed by the KHSAA Board of Control. Level 2 coaches approved under exception (iv) shall complete the KHSAA Coaching Education program prior to coaching in the first interscholastic contest; and
- 5) Prior to assuming duties, Level 2 coaches shall successfully complete training provided by the local school district. The training shall include information on the physical and emotional development of students of the age with whom the Level 2 coach will be working, the district's and school's discipline policies, procedures for dealing with discipline problems, and safety and first aid training. Follow up training shall be provided annually.

e) Waiver of 64-hour requirement for Coaches at the High School Level

~~In the event that the member school is unable to staff head or assistant coaching positions in any sport or sport activity (including cheerleading) with a Level 1 or Level 2 individual, the member school may request through the Superintendent that the KHSAA allow for a waiver of this rule in order that the additional time be available to find an applicant meeting the criteria.~~

d) Head Coach

As referred in this regulation, the head coach at the high school level shall be the head varsity coach designated by the school or Board of Education unless otherwise noted in the bylaw.

PROPOSAL 2013-6

(FINAL VOTE: 167 YES, 30 NO, 4 ABSTAIN, 4 PRESENT)

Proposed by Designated Representative Gene Heffington, Montgomery County High School, and Phil Rison, Montgomery County High School, NIAAA President

Amend Bylaw 25 to require continued improvement activities by coaches.

Rationale: In this era of budget cuts and limitations, it is important that the persons directly impacting the students, the coaches, have continual improvement. Mandating this training in the manner prescribed in this proposal allows for each district to determine what level of activity is required, and opens alternative avenues for funding such activities.

Impact: Regulatory

Bylaw 25. Requirement for Coaches and Others Working With High School Teams

Sec. 3) POST HIRE REQUIREMENTS AND REQUIREMENTS FOR CONTINUING COACHING DUTIES

a) C.P.R. and AED Training for Coaches at the High School Level

All coaches (head and assistant) at any level in all sanctioned sports and sport activities (including cheerleading) shall provide documentation of successful completion of a C.P.R. course including the use of an Automatic External Defibrillator and the requisite First Aid Training, as approved by a college or University, the American Red Cross, American Heart Association or other bona fide accrediting agency. Initial certification shall use in-person instruction and certification shall be timely and appropriately updated as required by the approving agency.

b) Coaches Education Program for Coaches at the High School Level

(1) A Coaches Education Program has been approved as the coaching education program in Kentucky. The program shall include a course of study to include a KHSAA approved Coaches Education Program, KHSAA rules information and local district policies. The cost of attending the KHSAA Coaches Education Program shall be the responsibility of the individual coach(es). Local school districts or local schools may, upon successful completion of all coaching education requirements including all examinations, reimburse the coaches for the expense of attending the course.

(2) Level 1 individuals assigned to duties as a coach (head or assistant), who are hired as a member of the school system faculty for the first time following the 1995-96 school year shall take and complete all requirements for the Kentucky Coaches Education Program as detailed in Section b(1) above within one year of the initial assignment to coaching duties or prior to the legal start of practice for the next competitive season in any particular sport to which the individual is assigned, whichever occurs first.

(3) Level 2 individuals (subsections i, ii and iii) assigned to duties as a coach (head or assistant) shall take and complete all requirements for the KHSAA Approved Coaches Education Program as detailed in Section b(1) above within one year of the initial assignment to coaching duties or prior to the legal start of practice for the next competitive season in any particular sport to which the individual is assigned, whichever occurs first.

(4) Level 2 individuals (subsection iv) assigned to duties as a coach (head or assistant) shall take and complete all requirements for the KHSAA Approved Coaches Education Program as detailed in Section b(1) above within one year of the initial assignment to coaching duties or prior to the legal start of practice for the next competitive season in any particular sport to which the individual is assigned, whichever occurs first.

c) Sports Safety Training and Medical Symposium Updates for Coaches at all Interscholastic Levels

(1) Each coach (head and assistant, including cheerleading) at all levels (grades 9-12) shall be required to complete a sports safety course and medical symposium update consisting of training on how to prevent common injuries.

(2) All member schools of the KHSAA shall pay the necessary expenses of coaches for the required attendance at the sanctioned sports safety course and sports medicine symposium update.

(3) The course shall meet the following criteria:

- i. The content of the course shall include the elements specified in KRS 160.445 including the risk of concussion and head injury;
- ii. The course shall be taught by a Certified Athletic Trainer, Registered Nurse, Physician or Physician's Assistant licensed to practice in Kentucky;
- iii. The course material and content shall be updated every thirty (30) months; and
- iv. Each coach having completed the course shall re-certify by taking the course not less than once every two (2) years.

(4) Successful completion of the course shall constitute a passing score.

(5) Each coach of a sport or sport-activity at all interscholastic levels shall have successfully completed the sports safety course and medical symposium update prior to assuming coaching duties.

(6) The penalty for noncompliance with this section shall be suspension from coaching duties.

d) KHSAA Rules Clinic for Coaches at the High School Level

(1) All coaches (head and assistant) shall annually attend at least one rules interpretation clinic conducted by representatives of the KHSAA in the sport in which they coach and the school desires to enter a team in postseason play, provided these clinics are conducted under the authorization of the Commissioner.

(2) The penalty for noncompliance with this section shall be suspension from coaching duties in all contests for a period not to exceed one year or any penalty otherwise included in Bylaw 25.

e) Continual Education and Improvement

As approved by the school or school system, each coach shall be required to demonstrate attendance and participation in continual improvement activities involving the teaching of skills and tactics, evaluation of opponents, and opportunities for adaptation of updated systems to enhance the student participation experience.

PROPOSAL 2013-7

(FINAL VOTE: 195 YES, 6 NO, 0 ABSTAIN, 4 PRESENT)

Proposed by the KHSAA Board of Control as part of the required annual review of all KHSAA Bylaws (702 KAR 7:065)

Amend Bylaw 27 to add a penalty option for violation of KHSAA rules.

Rationale: For several years, the regulatory authorities including the members of the General Assembly and the membership of the KHSAA have been stressing to punish adults when rules violations occur, versus penalizing the students. In some cases however, individuals are found to be in violation of KHSAA rules, are relieved of duty, and then land at another school seemingly unpunished, while the former schools is left with the penalties for the violations. This proposal would ensure that adults be held accountable for their penalties, even if they change schools. This does not preclude a coach from being hired at another school, but does compel the member school (and the coach) to appear before the Board of Control to "show cause" as to why the penalty from the former school shouldn't accompany the coach to the new school.

Impact: Regulatory

Bylaw 27 - Penalties

Sec. 4) Penalty Options

k) Show Cause Order

An individual coach (head or assistant, paid or unpaid) or athletic department representative (including all school employed personnel) may be issued a show-cause order for violations of KHSAA bylaws. Such order may also be issued for coaches, athletic department representatives or other personnel who fail to file complete information as requested, file false, misleading or inaccurate information or otherwise impede the discovery of facts related to a matter under review. This order may specify that for a period of time, any KHSAA imposed penalties against the coach, athletic department representative or school employed personnel will remain in force if the person is hired by another KHSAA member school. The Principal or Designated Representative of the new school desiring to hire the individual must submit in writing, the acceptance of these sanctions. If the member school wishes to avoid the sanctions imposed on that individual, the Principal or Designated Representative of the member school must appear before the Board of Control and show cause as to why the member school should not be penalized.