

**RESOLUTION BY THE KENTUCKY BOARD OF EDUCATION
COMMONWEALTH OF KENTUCKY**

PROMOTING SCHOOL BREAKFAST

WHEREAS, The Kentucky Board of Education and Kentucky's Commissioner of Education value the more than 650,000 public school children as one of the State's most precious natural resources; and

WHEREAS, Good and ample nutrition for children enhances and enables learning and attentiveness, and improves attendance and behavior at school; and

WHEREAS, Kentucky ranks among the top 25% of states in the nation where families suffer from hunger and food insecurity; and

WHEREAS, Over half of the students enrolled in Kentucky's public schools qualify for free or reduced-price meals, but only 39% participate in the school breakfast program; and

WHEREAS, Scientific research indicates that students who eat school breakfast show a general improvement in academic performance, including a general increase in math and reading scores; and

WHEREAS, Research concludes that children who eat school breakfast eat more fruits, drink more milk, and consume less saturated fat and sugar than children who do not eat breakfast, thus helping to prevent childhood obesity.

***NOW, THEREFORE,* be it resolved that the Kentucky Board of Education encourages school districts to seek multiple and innovative ways of increasing school breakfast participation in their schools as an additional means of caring for and nurturing the state's public school children and encourages them to consider providing breakfast in the classroom during appropriate instructional and educational activities as one of the multiple options for removing barriers to participation in the school breakfast program.**

**Done in the City of Frankfort, this fifth day of
February, in the year Two Thousand and
Fourteen**

**Roger L. Marcum, Chair
Kentucky Board of Education**

**Terry Holliday, Commissioner
Kentucky Department of Education**